



LifeSpring
Health Systems

ANNUAL REPORT 2017
Building a Healthy Community



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Mission

To improve and sustain the quality of life in our communities by providing comprehensive behavioral health, addiction, primary care and related services.

Values

It is our privilege to serve, with the highest quality of care, in a professional and fiscally responsible manner.

Dear Friends,

Welcome to LifeSpring Health Systems 2017 Annual Report. This has been another stellar year for LifeSpring and our caring and dedicated staff. We have continued to build on our board's visions to provide a comprehensive continuum of integrated healthcare services for all of the counties and communities we serve.

LifeSpring has implemented a newly funded Federally Qualified Health Center (FQHC) in Washington County, Indiana, by doubling the size of our Salem, Indiana facility. We have also expanded our FQHC service site in Jeffersonville, Indiana. At our Austin, Indiana, location we have added space for group rooms and offices by placing a temporary facility in the area adjacent to our current offices.

Using a Community Development Planning Grant, LifeSpring has developed a plan for a multi-service center for the Austin area. We hope to start construction on this major project in the coming year.

LifeSpring has expanded the availability of Medication Assisted Treatment (MAT) for opioid-related disorders and has increased the services provided under Indiana's Recovery Works. This is a program for people involved with the criminal justice system who are in need of behavioral health services.

Through our strategic plan, LifeSpring currently has workgroups addressing homelessness issues, community suicide prevention programs, mental health first aid, as well as substance abuse service needs, and wellness.

One of the most exciting developments this year was the LifeSpring board of directors' decision to merge with Southern Hills Counseling Center. Southern Hills Counseling Center is the community mental health center that serves Spencer, Perry, Orange, DuBois, and Crawford Counties. This is an important opportunity for LifeSpring to grow and to take advantage of the economies of scale and the synergy generated from partnering with our sister center to the West.

LifeSpring Health Systems thanks you for your interest in our organization.

Sincerely,



A handwritten signature in dark ink that reads "Terry L. Stawar, Ed.D." The signature is fluid and cursive.

Terry L. Stawar, Ed.D.
President and Chief Executive Officer

Joint Letter from LifeSpring Board Chair & Foundation Board President

With support from community members like you, LifeSpring Health Systems and the LifeSpring Foundation of Indiana have been able to do a great many things this past year. Together, we've not only been able to serve more people, but we've expanded the space at our Federally Qualified Healthcare Centers in Clark and Washington County to provide much needed accessible and affordable primary and mental health care. With our missions in mind, we will continue to explore options to further expand our services and counties served.

The LifeSpring Foundation of Indiana has continued to grow. In 2017, the Foundation supplied over \$8,500 in grants for projects such as scholarships for youth with mental health and behavioral issues to attend an intensive summer camp with their peers; household necessities for clients moving from homelessness into permanent supportive housing; and providing supplies to increase client participation at the Client Resource Center. It is through your generous donations to the Annual Fund and attendance to and sponsorship of events that made this and so much more possible.

We were happy to celebrate the accomplishments of community leaders with the 2017 Impact Awards. Dr. Mary Bouldin received the Chairman's Award for her dedication to treating drug addiction and work in fighting the recent opioid epidemic. For her dedication to youth and teaching suicide awareness and prevention, Madison Consolidated School Counselor Betsy Sullivan received the Community Heart Award. LifeSpring Program Manager Steve Mahoney received the LifeSpring Leader Award for his commitment to and making the Client Resource Center what it is today for our clients.

Oh behalf of the Board of Directors and the Foundation Board of Trustees, we thank you for your continued support.

Respectfully,



Robert Houston, Esq.
Chair
LifeSpring Board of Directors



Jack Vissing, Esq.
President
LifeSpring Foundation of Indiana

Leadership

LifeSpring Health Systems Board of Directors

Mr. Robert L. Houston, Esq., **Chair**
Ms. Lindsey Fleming, **Vice Chair**
Ms. Jennifer Lawyer, **Secretary**
Mr. Greg Inmann, **Treasurer**
Mr. Sam Eckart
Mr. Chad Lewis, Esq.
Mr. Dwight Lindsay, M.D.

Hon. Larry Medlock
Ms. Kathie Miller
Hon. Daniel Moore (ret.)
Ms. Judy Steedly
Ms. Lisa Tetrick
Ms. Jan Vetrhus
Mr. Jack Vissing, Esq.

LifeSpring's Executive Management Team

Dr. Terry L. Stawar, President/CEO
Ms. Connie Chenault, Senior Executive Assistant
Mr. Nick Clark, Executive Vice President and Chief Financial Officer
Mr. Greg Duncan, LCSW, Senior Vice President for Healthcare Strategies
Ms. Karen Jones, MBA, Senior Vice President of Human Resources and Administration
Ms. Beth Keeney, MBA, Senior Vice President of Community Health Initiatives
Ms. Marta Myszak, LCSW, Senior Vice President of Clinical Services
Dr. Eric Yazel, Senior Vice President of Medical Services
Ms. Wanda Booker, BSN, Vice President of Nursing
Mr. Dennis Crandell, LCSW, Vice President of Adult Behavioral Services
Ms. Misty Gilbert, LCSW, Vice President of Recovery Services
Ms. Meara Grannan, LCSW, Vice President of Children and Family Services
Ms. Christine Grider, Vice President of Accounts Receivable
Mr. Joe Higgins, LCSW, Vice President of Area Clinical Services
Dr. Eric Jagers, Vice President for Psychiatric Services
Mr. Marshall Lowery, Vice President of Facilities
Ms. Denise Poukish, LMHC, LCAC, Vice President for Forensic Services
Mr. Christian Rice, Vice President of Information Technology
Ms. Stephanie Taylor, Vice President of Business Services

Area Office Leadership

Ms. Terri Backherms, LCSW, Washington County Clinical Manager
Ms. Amy Hoskins, LCSW, Jefferson County Clinical Manager
Ms. Tiffany Johnson, LCSW, Scott County Clinical Manager
Ms. Colleen Miller, LCSW, Floyd County Clinical Manager



Leadership

LifeSpring Foundation of Indiana Board of Trustees

Mr. Jack Vissing, Esq., **President**
Mr. Vern Eswine, **Vice President**
Mr. Nicholas Stein, Esq., **Secretary**
Mr. Nick Clark, **Treasurer**
Dr. Terry L. Stawar, **Ex-Officio**
Mr. J. Todd Frossard

Hon. Dan Moore (ret.)
Ms. Cheryl Seeders
Ms. Judy Steedley
Mr. Bill Green
Mr. August Schoenbaechler

LifeSpring Foundation of Indiana Staff

Ms. Beth Keeney, Senior Vice President for Community Health Initiatives
Ms. Liz Stafford, Director of Development
Ms. Lindsey Davis, Fundraising & Development Coordinator
Ms. Rebecca Ferree, Development Assistant
Ms. Malinda Mackenzie, Community Outreach Coordinator
Ms. Carman Wilson, Fiscal Accounting Clerk

Locations

LifeSpring Main Center & Administration

460 Spring Street
Jeffersonville, IN 47130
(812) 280-2080
(800) 456-2117

LifeSpring Community Medical Services

1036 Sharon Drive
Jeffersonville, IN 47130
(812) 280-6606

Adult Behavioral Services

404 Spring Street
Jeffersonville, IN 47130
(812) 280-2080

Children & Family Services

460 Spring Street
Jeffersonville, IN 47130
(812) 206-1416

Turning Point Center

1060 Sharon Drive
Jeffersonville, IN 47130
(812) 283-7116

Floyd County Office

2820 Grant Line Rd. #10
New Albany, IN 47150
(812) 981-2594

New Albany Center

618 East Market Street
New Albany, IN 47150
(812) 280-2080

LifeSpring O'Bannon Center (Harrison County Office)

535 Country Club Road
Corydon, IN 47112
(812) 738-2114

Jefferson County Office

1405 Bear Street
Madison, IN 47250
(812) 265-4513

Salem Community Medical Services

1321 Jackson Street
Salem, IN 47167
(812) 883-3095

Scott County Office

75 North 1st Street
Scottsburg, IN 47170
(812) 752-2837

Austin Medical Center

825 N. Highway 31
Austin, IN 47102
(812) 413-3117



Service Areas

Clark County: Main Center, Adult Behavioral Services, Center Place II, Chestnut Street Apartments, Children & Family Services, Jeffersonville Community Medical Services, Turning Point Center

Floyd County: Floyd County Office, New Albany Center, Center Place III, Manor House, Sarkisian House

Harrison County: Harrison County Office

Jefferson County: Jefferson County Office, Clearinghouse

Scott County: Scott County Office, Austin Medical Center

Washington County: Salem Community Medical Services

Services Provided by LifeSpring Health Systems

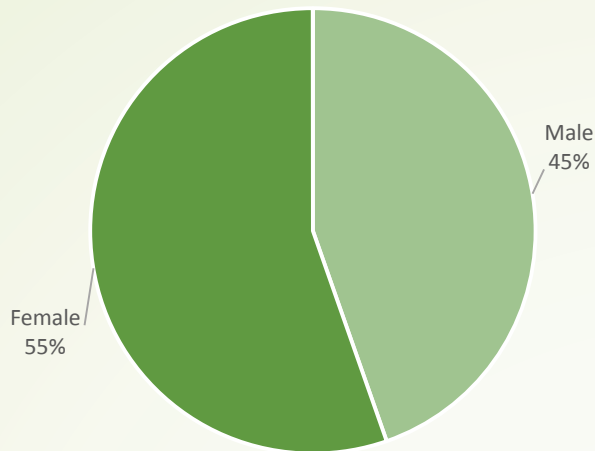
- 24/7 Crisis Response
- Acute Primary Care
- Acute Stabilization Services
- Assertive Community Treatment (ACT) Team
- Care Management
- Chronic Disease Management
- Community Education and Outreach
- Comprehensive Forensics Program
- General Medical Screenings
- Gynecological Care
- Home Based Services
- Immunizations
- Infectious Disease Care
- In-Jail Services
- Inpatient Services
- Laboratory Services
- Medically Supervised Detoxification and Residential Services
- Mental Health First Aid
- Nutrition Services
- Outpatient Adult Group Therapy
- Outpatient Adult Individual Therapy
- Outpatient Children and Families Group Therapy
- Outpatient Children and Families Individual Therapy
- Outpatient Nursing Services
- Outpatient Psychiatric Services
- Projects for Assistance in Transition from Homelessness (PATH Program)
- Permanent Community Based Outreach
- Permanent Supportive Housing
- Prenatal Care
- Preventative Health Care
- Primary Care Services
- QPR
- Semi-Independent Living Apartments
- Skills Training
- State Hospital Admission and Transition Services
- Supported Employment
- Supported Group Living
- Systems of Care
- Transportation Services
- Voluntary Family Planning
- Well Child Visits

Primary Mental Health Diagnosis

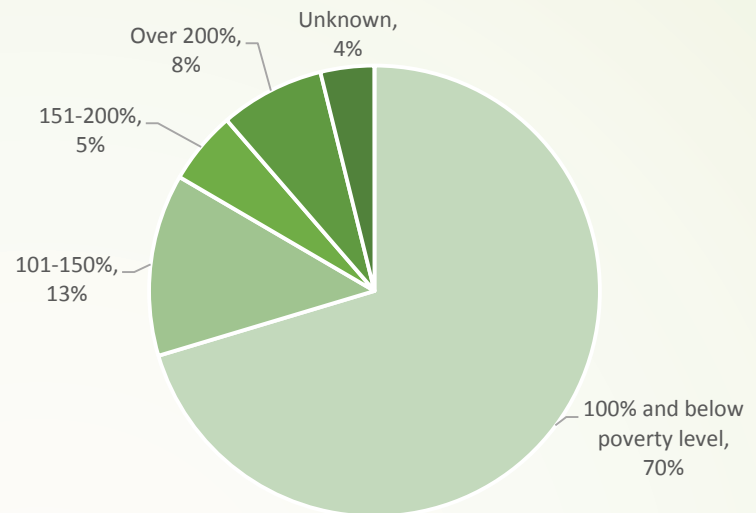
Addiction Disorders	20%
Anxiety Disorders	19%
Childhood Related Disorders	10%
Mood or Depressive Disorders	40%
Psychotic Disorders	10%
Other	2%

Behavioral Health Demographics

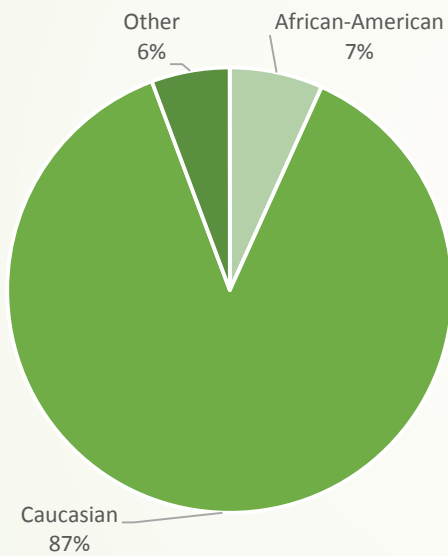
Gender



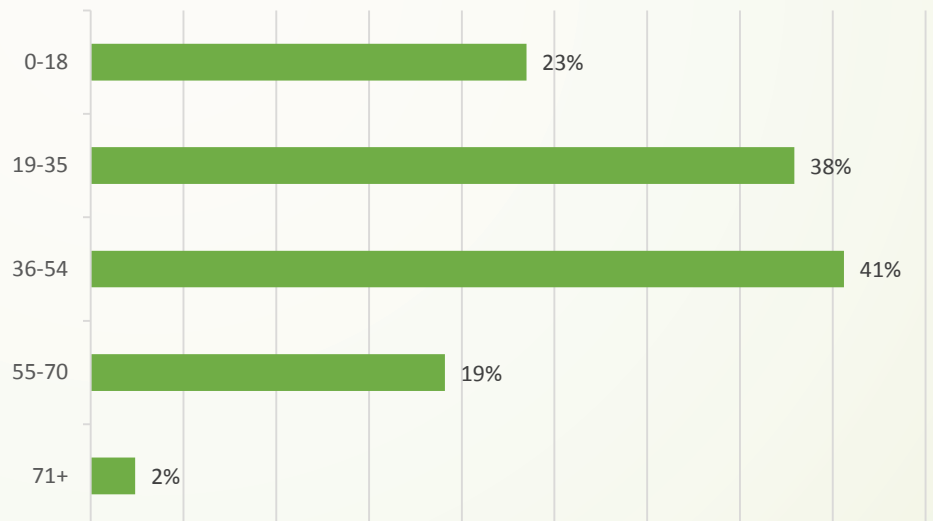
Income Status as % of Poverty Level



Race



Age



Individuals Receiving Mental Health Services: 6,045

Individuals Receiving Addiction Services: 1,890

Individuals Receiving Both Addiction and Mental Health Services: 412



Clark County

During Calendar Year 2017, LifeSpring:

- Provided **102,151 unique appointments** to **3,434 Clark County residents**
- Provided professional employment to **173 Clark County residents** at a cost of \$4,660,207.88
- Provided substance abuse detoxification services to **39 indigent Clark County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- **708 Clark County residents** received addiction services
- **2295 Clark County residents** received mental health services
- **182 Clark County residents** received both mental health and addiction services



Floyd County

During Calendar Year 2017, LifeSpring:

- Provided **59,925 unique appointments** to **1,643 Floyd County residents**
- Provided professional employment to **69 Floyd County residents** at a cost of \$2,473,502.90
- Provided substance abuse detoxification services to **70 indigent Floyd County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- **376 Floyd County residents** received addiction services
- **1285 Floyd County residents** received mental health services
- **79 Floyd County residents** received both mental health and addiction services



Harrison County

During Calendar Year 2017, LifeSpring:

- Provided **14,714 unique appointments** to **522 Harrison County residents**
- Provided professional employment to **29 Harrison County residents** at a cost of \$935,577.53
- Provided substance abuse detoxification services to **8 indigent Harrison County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- **65 Harrison County residents** received addiction services
- **452 Harrison County residents** received mental health services
- **17 Harrison County residents** received both mental health and addiction services



Services





Jefferson County

During Calendar Year 2017, LifeSpring:

- Provided **17,108 unique appointments** to **578 Jefferson County residents**
- Provided professional employment to **23 Jefferson County residents** at a cost of \$664,756.50
- Provided substance abuse detoxification services to **31 indigent Jefferson County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- **169 Jefferson County residents** received addiction services
- **372 Jefferson County residents** received mental health services
- **16 Jefferson County residents** received both mental health and addiction services



Scott County

During Calendar Year 2017, LifeSpring:

- Provided **26,710 unique appointments** to **1,071 Scott County residents**
- Provided professional employment to **19 Scott County residents** at a cost of \$486,115.51
- Provided substance abuse detoxification services to **12 indigent Scott County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- **289 Scott County residents** received addiction services
- **684 Scott County residents** received mental health services
- **51 Scott County residents** received both mental health and addiction services



Washington County

During Calendar Year 2017, LifeSpring:

- Provided **27,207 unique appointments** to **923 Washington County residents**
- Provided professional employment to **37 Washington County residents** at a cost of \$987,712.08
- Provided substance abuse detoxification services to **3 indigent Washington County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- **101 Washington County residents** received addiction services
- **752 Washington County residents** received mental health services
- **24 Washington County residents** received both mental health and addiction services

Other Indiana Counties

During Calendar Year 2017, LifeSpring:

- Provided **27,471 unique appointments** to **376 residents in other counties**
- Provided professional employment to **101 residents of other counties**
- Provided substance abuse detoxification services to **112 indigent residents** of other counties at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- Provided addiction services to **172 residents of other counties** and **10 residents of KY**
- Provided mental health services to **157 residents of other counties** and **19 residents of KY**
- Provided both mental health and addiction services to **42 residents of other counties**

Provided



A Day at LifeSpring Medical Services



Dr. Eric Yazel is the Senior Vice President of Medical Services at LifeSpring. He has the distinction of being the Clark County Health Officer,

a local emergency room physician, and also volunteers extensively with local first responders. So, it's no secret that public health is his passion, and ultimately this is what brought him to LifeSpring. Dr. Yazel writes about his first day below:

I want to tell you about my first day at LifeSpring, because my first patient really showed me that what we were doing was worthwhile and so needed. My first patient was a mid-50's newly diagnosed diabetic. The patient had been diagnosed in the Emergency Department. After the patient's blood sugar was stabilized, he was provided a prescription and some sample medications and discharged home with instructions to follow up with our practice. I saw him approximately two weeks later. By the time he saw me, he was out of his sample medications, had never filled the prescription he couldn't afford, and was dangerously close to hospitalization, or worse. My patient was employed and had insurance, it just wasn't good enough. Underinsured we call it. He was scared.

He paid \$15 for his visit with me that day, because our costs are based on income. I immediately ordered some medication to get his blood glucose level under control, and then we spent about 45 minutes together talking extensively about how to manage Diabetes. We talked about diet, exercise, medication, monitoring sugar levels... Our nurse taught him how to test his blood sugar and how to administer his medication. While this was going on, my medical assistant called pharmacies and his insurance company trying to find a prescription that he could afford. Before he left, we checked to make sure he was safe to leave, gave him his new medication samples and prescription, we scheduled an appointment with our nutritionist, and we sent him on his way.

All of this for \$15. For \$15 he got access to some of the best medical care in Southern Indiana, but the most important factor was that it was completely tailored to him. It was focused on what his medical needs were at that time, addressed what he could afford, and helped him to take control over what could be a debilitating and life threatening condition, if not managed properly. I saw him on a Thursday. It is my opinion he would have been back in the hospital before the weekend was over, probably as an inpatient. For this patient, it was the right amount of care, at the right time, in the right place.

Primary Care Service Locations

LifeSpring Community Medical Services

1036 Sharon Street
Jeffersonville, IN 47130

Austin Medical Center

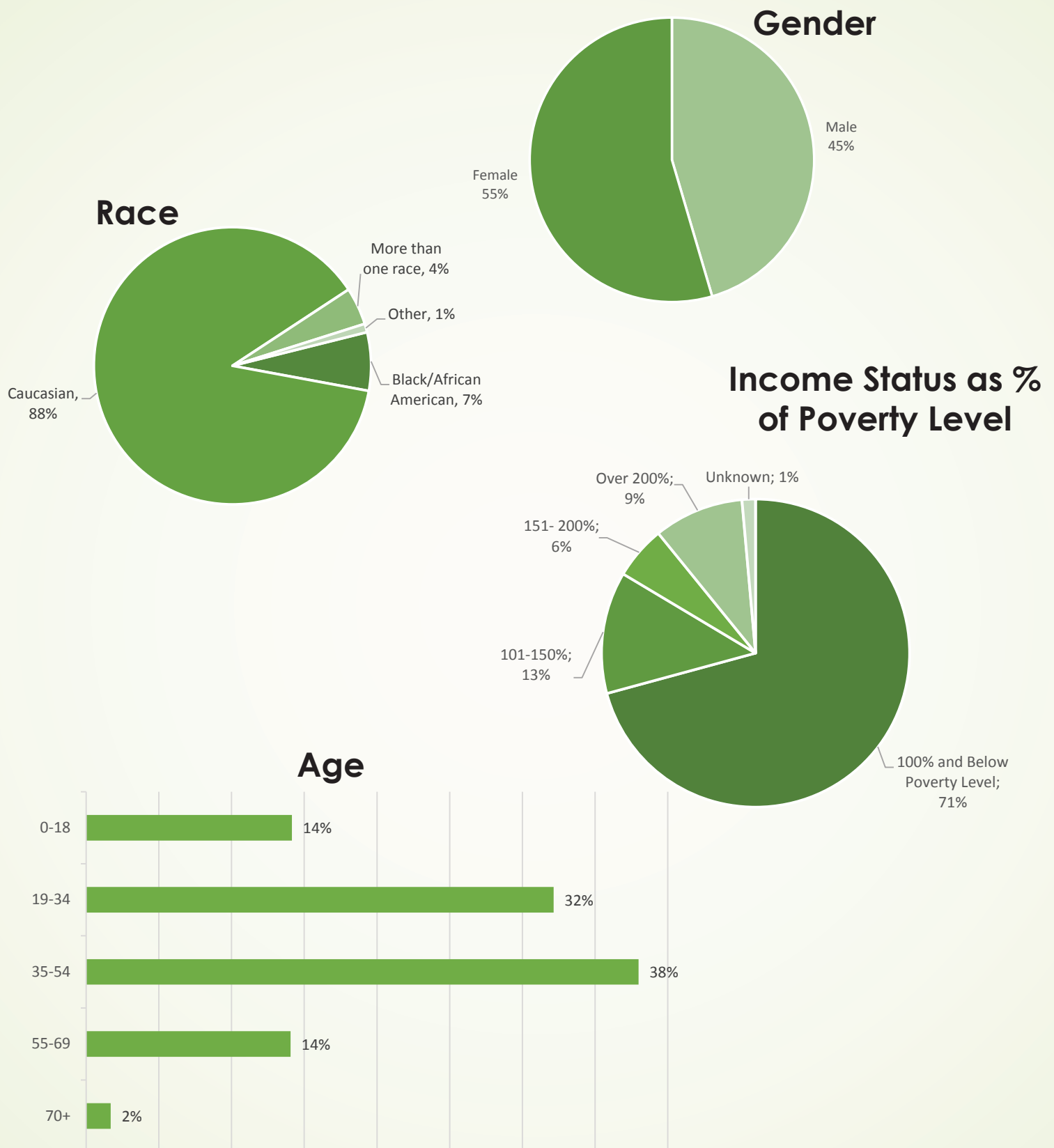
825 N. Highway 31
Austin, IN 47102

Salem Community Medical Services

1321 Jackson Street
Salem, IN 47167



FQHC Demographics



Individuals Receiving Primary Care Services: 4,163



Staff Award Winners

July 2017

Outstanding Manager: Stephanie Taylor, VP of Business Services

Outstanding Therapist: Sarah Grundhoefer, LCSW, Washington County

Outstanding Care Manager: Kaitlyn Hargett, Scott County

Outstanding Support Staff: Ashley Crandall, Front Desk Secretary, Washington County

Outstanding Medical Services: Misty Noel, LPN, Children & Family Services

Outstanding Adjunctive Services: Geraldine Becht, Purchasing Assistant

December 2017

Outstanding Manager: Torri Carrier, Practice Manager, ITC/FQHC

Outstanding Therapist: Shonita Fink, LSW, Scott County

Outstanding Care Manager: Heather Perissi, Supported Employment

Outstanding Support Staff: Cathy Allen, Turning Point Center

Outstanding Medical Staff: Shelby Carter, Medical Assistant, ITC/FQHC

Outstanding Adjunctive Staff: Mindy Owings, Payroll Clerk

President's Award Winners

Misty Gilbert



Misty Gilbert, LCSW ICOGS started her career at LifeSpring first as practicum student in 2006, then continued her work there once she graduated as a therapist serving clients at ABS partial hospitalization

program. Moving to the ACT team leader position after only a few years she was able to work closely with a very high level of need population. Misty then had an opportunity to obtain a management position at Turning Point Center (a residential SUD/dual diagnosis facility) and began her work with addiction and co-occurring disorders in 2011. In 2014, Misty was promoted to VP of Recovery Services.

Misty has continued her work with people that suffer from addiction because she believes in recovery. She is passionate about what she does because when people take the first step toward recovery, with the right team and support, their lives can be transformed in such a positive way. "Working with this population is truly rewarding when you see life change, families reunite, and people moving on to make a positive impact in their lives and in others."

Misty thoroughly enjoys the work she does with LifeSpring and also enjoys her family. Misty and her husband Chris have 3 daughters Eden, Elise, and Vivian and two dogs Gigi and Piper. They love to travel and especially love to vacation at Disney World.

Misty holds a BS in psychology from University of Louisville and an MS in Social Work from Kent School of Social Work, University of Louisville. She has an LCSW and ICOGS (International Co-Occurring Gambling Specialist).

Nicholas Clark



Nick Clark is the Chief Financial Officer for LifeSpring Health Systems and is responsible for the overall financial budgeting and financial management of all programs.

Since joining LifeSpring Health Systems in the of Spring 2013, Nick has played a key role in identifying opportunities

for financial growth through both revenue enhancement and cost reduction strategies.

Nick has overseen the financial management of two large scale renovations and several program expansions. Fiscal Year 2017 ended as one of

the strongest financial years in the 50 year history of the agency. Prior to joining LifeSpring Health Systems, Nick served as the Chief Financial Officer at Kentuckiana Medical Center in Clarksville, IN, a physician owned med-surg hospital. He also provided healthcare financial consulting services throughout the country for psychiatric, rehabilitation, skilled nursing, home health and medical surgical facilities in both the for-profit and not-for-profit environments for nearly 20 years. His career began in Southern California with Charter Medical Corporation and Psychiatric Institutes of America hospital chains serving as controller for Charter Pacific Hospital in Torrance, CA and Pine Grove Hospital in Canoga Park, CA.

Nick is a graduate of the University of Kentucky where he was awarded a Bachelor of Science in Accounting. Nick is a member of the Healthcare Financial Management Association and the Indiana Council of Community Mental Health Centers. Nick resides in Corydon, Indiana with his daughter Ellie.

Staff Training

Thanks to grant funding, LifeSpring clinical staff received intensive training on a variety of topics in 2017. Seventeen clinical employees received training in Eye Movement Desensitization Reprocessing (EMDR) thanks to funding in a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). This type of therapy is designed to treat trauma symptoms, including post-traumatic stress, by using eye movements and other forms of bilateral stimulation to help clients process distressing memories and beliefs. Most LifeSpring clients have experienced at least one traumatic event in their lives so staff will be able to use this treatment as a way to improve clients' lives. Staff devoted six days to classroom training and received 10 hours of group consultation.

This funding also allowed for Juli Alvarado, a therapist specializing in trauma care, to provide a day long training on Mindfulness and Trauma-Informed Care. Fifty LifeSpring clinical staff members, including therapists, care managers, and technicians attend this eight hour training on how trauma affects brain development. They learned about inventions and therapeutic techniques used to help clients heal and received specific case planning for some challenging clients.



Item Drive for Homeless Closet

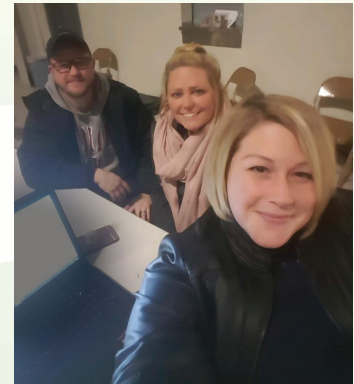
During the month of October, LifeSpring held an item drive for our homeless closet. Our goal was to collect winter items like hats, gloves, scarves, and socks; feminine hygiene products; and protein bars and pre-packaged food. First Savings Bank, Nicholson Printing, and Unique Management Services partnered with us and put out donation boxes. As a culmination of the drive, guests that brought an item to the Circle of Life Gala received a discount on their total auction purchase. Because of the community support, we were able to collect and deliver four big boxes of items to our homeless closet, located at the Integrated Treatment Center on Sharon Drive in Jeffersonville.



White Flag Night

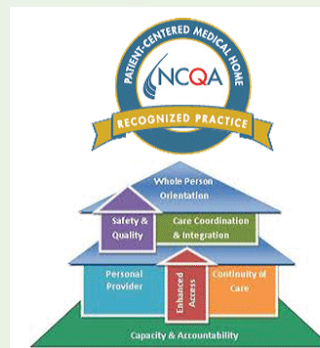
In the fall of 2017, Homeless and Housing Projects Manager, Jessica Floyd, formed a team of LifeSpring employees to support the local White Flag shelter efforts. The Homeless Coalition of Southern Indiana sponsors a volunteer-staffed White Flag Emergency Shelter for men, women, and families during inclement weather at The Salvation Army in New Albany. The shelter is opened when the temperature drops below 35 degrees. Guests have access to showers, and cots, dinner, continental breakfast, and sack lunches are provided.

Volunteers are trained in mental health 101, a general overview of medical issues that might arise, as well as documentation for the site. Duties for the volunteers include checking in guests, providing and serving food, and ensuring guests are safe throughout the night. LifeSpring's team of volunteers includes Jessica Floyd, Maddey Miller, Tyler Miller, Cindy Pasinski-Nichols, Rodney Nichols, Jacob Korff, Sarah Schirmer, Margarita Quinones, and Allie Parrish.



Pictured from left to right: Tyler Miller, Maddey Miller, and Jessica Floyd.

Patient Centered Medical Home



LifeSpring Health Systems primary care services serves as a patient centered medical home (PCMH) for our primary care patients. The PCMH is a care delivery model whereby patient treatment is coordinated through their primary care provider to ensure they receive the necessary

care when and where they need it. We work to ensure our patients receive seamless services across the healthcare system. Our team wraps services around the patient to make sure they get appropriate healthcare services, including specialty care, laboratory and radiology care, inpatient services, care coordination, language services, and anything else that may be necessary. Our primary care teams are designed around the patient's needs, so the patient doesn't have to be the one doing the difficult work of figuring out how to navigate complicated healthcare systems.

The Healthy Lives Program

In October of 2016, LifeSpring Health Systems was awarded a Primary Behavioral Health Care Integration (PBHCI) grant funded by the Substance Abuse and Mental Health Services Administration and the Center for Mental Health Services. The goal of the grant-funded program is to establish provisions for integrated services through the co-location of primary medical care and behavioral health services. The program's main objective is to support the triple aim of improving the health of individuals with a serious mental illness and/or co-occurring substance use disorders; enhance the quality, access, and reliability of care; and reduce the per capita cost of care.

LifeSpring began enrolling clients into the Healthy Lives Program in March 2017. Since its inception the program has grown substantially and has served over 220 clients. Emerging research has shown that individuals living with a serious mental illness and/or co-occurring substance use disorder have significantly higher morbidity and mortality rates when compared to the general population. Many of the physical illnesses that cause these higher rates of morbidity and mortality are preventable with routine primary care screenings, case management services, health promotional activities, and outreach strategies.

The Healthy Lives Program uses several avenues to support the triple aim of improving health, enhancing care and reducing the per capita cost of care. The program currently staffs Peer Recovery Coaches who handle case management, peer support, and educational

groups. A Nurse Care Manager is available to provide one-on-one health education to clients, in addition to coordinating with outside primary care providers.



Case Manager Mandy Terry speaks with a client about the Healthy Lives Program.

The Healthy Lives Program brings together existing curriculums and new programs to improve health across Southern Indiana in order to help our clients live happier, healthier lives. Our program works alongside community partners to offer a unique variety of health promotion and fitness activities. The following are community partnerships that have developed since the program begun: Clark County Tobacco Coalition, Purdue Extension, Floyd County Tobacco Coalition, Community Action of Southern Indiana, and Clark Memorial Hospital.

Grant Funding

LifeSpring Health Systems is very grateful for all of the grant funds received from community, state, and federal partners. They help make what we do possible. We thank them for all of their support.

- CEASE of Scott Co.
- Clark Co. Youth Coalition
- Indiana Dept. of Mental Health and Addictions
- Indiana Family and Social Services Administration
- Jefferson Co. Justice Treatment and Prevention (JCJTAP)
- LifeSpring Foundation of Indiana
- U.S. Dept. of Health and Human Services Health Resources and Services Administration
- US Dept. of Substance Abuse and Mental Health Administration (SAMHSA)
- US Dept. of Housing and Urban Development
- WHAS Crusade for Children

Financials

Statement of Financial Position

Assets

Current Assets

	2017	%
Cash and cash equivalents	\$4,519,154	25%
Residential patients funds	165,676	1%
Patient accounts receivable, net of allowance for doubtful accounts of approximately \$73,000 in 2017 and \$91,000 in 2016	711,526	4%
Medicaid Health Funds Recovery Program	499,241	3%
Other receivables	848,166	5%
Other current assets	332,331	2%

Total Current Assets

\$7,076,094

Property, plant and equipment, net	8,346,478	47%
Investments	2,283,591	13%

Total Assets

\$17,706,164

100%

Liabilities and Net Assets

Current Liabilities

Current portion of long-term debt	\$309,624	2%
Accounts payable and other accrued liabilities	330,105	2%
Accrued wages, benefits and related withholdings	1,749,905	10%
Estimated third-party settlements	350,000	2%
Due to residential patients	165,676	1%

Total current liabilities

\$2,905,310

Long-term debt	\$1,310,213	7%
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Total liabilities	\$4,215,523	
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Unrestricted net assets	\$13,490,641	76%
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Total liabilities and net assets

\$17,706,164

100%

Financials

Statement of Activities & Changes in Net Assets

Unrestricted revenues, support and gains

	2017	%
Patient service revenue, net	\$12,073,577	
Less provision for bad debts	107,977	
Net patient service revenue less provision for bad debt	\$11,965,600	56%
Federal, state, and county grant revenue	6,289,541	28%
County appropriations	1,419,370	7%
Gain on disposal of assets	2,000	0%
Other grant and miscellaneous revenue	1,656,705	9%
Investment income (loss), net	52,065	0%
Total unrestricted revenues, support and gains	\$21,385,281	100%

Expenses

Salaries and wages	\$1,3741,334	68%
Employee benefits	2,756,248	13%
Building and equipment	1,232,596	5%
Purchased services	617,374	3%
Travel and transportation	258,211	1%
Office expenses	709,430	4%
Depreciation	460,295	3%
Interest	97,559	1%
Other	458,888	2%
Total expenses	\$20,331,935	100%

Excess revenues over expenses

1,053,346

Net unrealized gain on investments

176,167

Change in assets

1,229,513

Unrestricted net assets

Beginning of year

\$12,261,128

End of year

\$13,490,641

TRIVIA NIGHT

The LifeSpring Foundation of Indiana held its 6th Annual Trivia Night on February 23, 2017, at Kye's II. We had our largest crowd yet and everyone had a great night of fun and friendly competition. The guests enjoyed a pork barbecue buffet from Terri Lynn's Catering by Design. Ms. Amy Stein, from the Law Office of Nick Stein, did a great job as our emcee and question reader.

New this year, we introduced a table decorating contest, with the winner determined by popular vote. There were a lot of great decorations, and Clark County Probation team came out the winners.

Competition during the trivia questions was intense. Team LOVE came out victorious with a score of 45/50, followed closely by Scout's Honor with 43/50 and the Totally Tubular Time Travelers with 42/50. **Thank you to everyone that volunteered, attended, and sponsored!**



Above: Clark County Probation table decorating winners. Left: Trivia champs, Team LOVE. Right: Second place Trivia team, Scout's Honor from Madison.



Thank you to our sponsors: Jeopardy Sponsors



Smarter than a 5th Grader Sponsors



TEG ARCHITECTS



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The 10th Annual Circle of Life Gala, held on Thursday, October 19th, 2017, was a success! Lincoln Crum served as the emcee and auctioneer extraordinaire. Angie Fenton, of Extol Magazine, was the keynote speaker. She spoke about her experience with depression and suicidal thoughts and how she overcame them with the help of family, pets, and good counseling. Pre-program and intermission entertainment was provided by the Jazz Cats, including LifeSpring Therapist Chris Rakestraw. Everyone enjoyed a terrific dinner prepared by Terri Lynn's Catering by Design.

We would like to congratulate again the honorees of the **4th Annual Impact Awards**: LifeSpring Leader, Steve Mahoney; Community Heart Award, Betsy Sullivan; and Chairman's Award, Dr. Mary Bouldin. We were overwhelmed by everyone's generosity during the fund-a-need

where we we raised **almost \$3,500 to provide more Mental Health First Aid** classes to the community at no cost to the attendees. Overall, **nearly \$22,000 was raised** that night to help support the wonderful work that LifeSpring Health Systems does in the community. **THANK YOU** to all of the sponsors, donors, and volunteers who helped make the 10th annual Circle of Life Gala a success!



Dr. Eric Yazel spoke about Primary Care and his first day at LifeSpring.



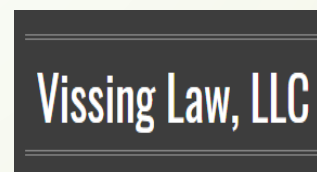
Dr. Mary Bouldin received the Chairman's Award from Dan Moore, accompanied by her daughter.



LifeSpring Leader Steve Mahoney with the CRC staff: Melanie Mattox, Ethel Bly, and Emily Lynch.

Thank you to our generous sponsors!

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Community Breakfast 2017

The 3rd Annual Community Breakfast was held on Tuesday, May 9th at Kye's I with great attendance. Thank you to LifeSpring Foundation Vice President Vern Eswine for serving as the emcee, Kye's for their generosity, and to Terri Lynn's Catering by Design for preparing the great breakfast. Attendees heard from Annis Yates, who has experienced the grief of losing a daughter to suicide. Now, as a Board Member of the American Foundation for Suicide Prevention, Kentucky Chapter, Annis works to prevent suicide, create a culture that is smart about mental health, and to bring hope to those affected by suicide.



Your Donations at Work in the Community



CRC Co-Op

The Client Resource Center's client run Co-Op teaches budgeting and organization, and offers a convenient service to the clients.

Buddy Bench at Canaan Community Academy

The Buddy Bench promotes positive social interactions among students on the playground, and increases mindfulness of other students' needs and feelings, especially the need for friendship and companionship.



Lauren Pearson spoke about nutrition to Clarksville Middle School 8th graders.

Clarksville Middle School Wellness Week

LifeSpring staff presented on health topics of nutrition, stress, mental health, and substance abuse during Clarksville Middle School's Wellness Week. The week ended with each student receiving health related prizes, sponsored by the LifeSpring Foundation.

2017 LifeSpring Foundation of Indiana Awarded Grants

Date	Requested By	Name of Project	Amount
1/18/17	Client Resource Center	Renewal of Netflix account for "Film Fridays".	\$125.00
3/15/17	Care Manager	Certified Addiction Peer Recovery Coach training and exam	\$470.00
3/15/17	Client Resource Center	12 - \$10.00 Kroger gift cards to use as incentives for clients to attend Monthly Healthy Living Seminars	\$120.00
3/15/17	Client Resource Center	Client Resource Center Co-Op Fund	\$100.00
3/15/17	FQHC -Outreach & Enrollment	Fast Track Payments for 50 clients (Clark, Floyd, Scott Counties)	\$500.00
3/15/17	Integrated Treatment Center	Bracelets to give to ITC clients as a reminder of what they have learned and what is possible for them to do.	\$250.00
5/10/17	Adult Behavioral Services, ACT Team	Seat belt extenders	\$250.00
5/10/17	Jefferson County Office	Summer camp therapeutic activity scholarships	\$600.00
7/19/17	Client Resource Center	WiFi & Cable for programs and client use at the CRC	\$1,200.00
8/23/17	Permenant Supportive Housing	Household necessities for residents	\$300.00
8/23/17	Floyd County Office	Unyte Program to help teach/show clients how to meditate to reduce anxiety, depression, and paranoia	\$229.00
9/27/17	Clinical Trainer	Training for Clinical Staff on Assessing & Managing Suicide Risk (AMSR) and providing lunch	\$1,660.00
9/27/17	Canaan Community Academy (external requet)	Buddy Bench for Canaan Community Academy	\$400.00
9/27/17	Client Resource Center	Renewal of Amazon gift cards for Book Club	\$360.00
9/27/17	Clinical Trainer	Lunch and instructor gift for 6 hour nurse training on health issues	\$500.00
11/7/17	FQHC -Outreach & Enrollment	Fast Track Payments for 50 clients (Clark, Floyd, Scott Counties)	\$480.00
11/7/17	Clarksville Middle School (external request)	Sponsored Clarksville Middle School's Wellness Week to promote health and wellness	\$1,000.00
Total Approved Grants for 2017			\$8,544.00

2017 Donations to LifeSpring Foundation of Indiana by Fund Description

Fund Description	Amount Committed	Amount Received (as of 6/30/2017)
Addiction Services	\$1,617.00	\$1,363.50
Adult Behavioral Services	\$2,654.00	\$2,400.33
Charity Care	\$120.00	\$107.50
Children and Families Program	\$1,970.00	\$1,676.00
Client Resource Center	\$420.00	\$385.00
Community Education	\$764.00	\$706.99
Community Medical Services	\$1,300.00	\$1,196.00
Discretion of Foundation	\$5,839.25	\$5,244.25
Forensics/Project 180	\$84.00	\$62.00
Homeless Programs	\$240.00	\$140.00
Jefferson County Services	\$348.00	\$319.00
Mental Health First Aid	\$480.00	\$400.00
Scholarship Fund	\$344.00	\$322.03
Scott County Services	\$120.00	\$110.00
Sustainability/Endowment	\$160.08	\$113.38
Washington County AFA Program	\$293.00	\$267.00
Total Annual Fund Donations	\$16,753.33	\$14,812.98
2017 Event Revenue		
Circle of Life Gala: Advertising		\$800.00
Circle of Life Gala: Auction Sales		\$6,330.00
Circle of Life Gala: Donations		\$1,405.00
Circle of Life Gala: Raffle Sales		\$940.00
Circle of Life Gala: Sponsorships		\$12,000.00
Circle of Life Gala: Ticket Sales		\$2,150.00
Circle of Life Gala: Fund a Need		\$3,490.00
Thunder Over Louisville Parking		\$490.00
Trivia Night: Donations		\$465.00
Trivia Night: Game Sales		\$215.00
Trivia Night: Sponsors		\$5,000.00
Trivia Night: Ticket Sales		\$1,140.00
Total Event Revenue		\$33,285.00
2017 In-Kind Donations		
Circle of Life Gala		\$11,235.00
Community Breakfast		\$1,420.00
Trivia Night		\$1,040.00
Total In-Kind Donations		\$13,695.00

2017 Donations to LifeSpring Foundation of Indiana's Annual Fund

Generous support from community members like you allows LifeSpring to serve over 7,500 individuals annually. Thank you so much for supporting our mission.

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For questions or concerns, please contact Lindsey Davis, Fundraising & Development Coordinator, at lindsey.davis@lifespringhealthsystems.org or 812-206-1209.



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