



LifeSpring
Health Systems



ANNUAL REPORT 2016

Building a Healthy Community

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Mission

To improve and sustain the quality of life in our communities by providing comprehensive behavioral health, addiction, primary care and related services.

Values

It is our privilege to serve, with the highest quality of care, in a professional and fiscally responsible manner.

Dear Friends,

On behalf of LifeSpring Health Systems and its staff, I would like to welcome you to our 2016 Annual Report. Thank you for taking time to learn more about LifeSpring and the excellent work of our more than 350 dedicated staff members. We consider it an honor to provide quality healthcare to our communities.

This December the U.S. Department of Health and Human Services informed us that we were awarded a grant to establish a second grant-funded access point as a Federally Qualified Health Center (FQHC) in Washington County, Indiana, bringing us to our third community health center site. LifeSpring already operates community health center sites in Jeffersonville and Austin, Indiana.

Plans are now underway to expand our existing Washington County office in Salem, Indiana so that we can provide primary care services there. Soon we will be operating three primary care clinics. This will go a long way towards achieving our goal of being a truly integrated healthcare system. This coming year we will also significantly expand our Jeffersonville FQHC operation, which is located in the Integrated Treatment Building on LifeSpring's Recovery Campus. In other developments, with our growing jail services program and Project 180, LifeSpring has become a statewide leader in providing forensic services and accessing the Indiana Recovery Works program.

LifeSpring has made a concerted effort to make Mental Health First Aid training available throughout our service area. We have focused on groups such as first responders and educators, as well as making this training available to the general public.

LifeSpring has also partnered with local law enforcement agencies in a special program which provides training to police on how to administer naloxone for the emergency treatment of a suspected opioid overdose. In 2016 thirty lives were saved.

This coming year we will be adding additional office space, as well as staffing, to our integrated care center in Austin, Indiana. In collaboration with the Scott County Health Department, services provided at this office are instrumental in efforts to stem the opioid abuse epidemic and associated HIV outbreak in this region.

Again, many thanks for your interest in LifeSpring Health Systems.

Sincerely,



A handwritten signature in black ink that reads "Terry L. Stawar, Ed.D." The signature is fluid and cursive.

Terry L. Stawar, Ed.D.
President and Chief Executive Officer

Joint Letter from LifeSpring Board Chair & Foundation Board President

With support from community members like you, LifeSpring Health Systems and the LifeSpring Foundation of Indiana has been able to do a great many things this past year. Together, we've not only been able to serve more people, but were also awarded a grant to add an access point of our Federally Qualified Healthcare Center in Washington County to provide much needed accessible and affordable primary and mental health care. This will be the third primary care center in our network, and we will continue to explore options to expand into each of our service counties.

The LifeSpring Foundation of Indiana has continued to grow. In 2016, the Foundation supplied over \$12,000 in grants for projects such as providing backpacks and school supplies for Clark County youth; training and distribution of lifesaving doses of Naloxone to first responders; and providing supplies to increase client participation at the Client Resource Center. It is through your generous donations to the Annual Fund and attendance to and sponsorship of events that made this and so much more possible.

We were happy to celebrate the accomplishments of community leaders with the 2016 Impact Awards. Judge Susan Orth received the Chairman's Award for establishing the first Forensic Diversion Program for defendants with a mental illness or drug addiction. For their excellent service and dedication to local non-profits, such as LifeSpring, Nicholson Printing received the Community Heart Award. LifeSpring Clinical Trainer Ellen Kelley received the LifeSpring Leader Award for her initiative in finding ways to grow the Foundation as well as her passion for LifeSpring's mission.

Oh behalf of the Board of Directors and the Foundation Board of Trustees, we thank you for your continued support.

Respectfully,



Sam Eckart
Chair
LifeSpring Board of Directors



Jack Vissing
President
LifeSpring Foundation of Indiana

Leadership

LifeSpring Health Systems Board of Directors

Mr. Sam Eckart, **Chair**
Robert L. Houston, Esq., **Vice Chair**
Ms. Kathie Miller, **Secretary**
Ms. Lindsey Fleming, **Treasurer**
Chad Lewis, Esq.
Ms. Jennifer Lawyer
Dwight Lindsay, M.D.

Hon. Larry Medlock
Ms. Sharon Riechemann
Ms. Judy Steedly
Ms. Lisa Tetrick
Ms. Jan Vetrhus
Jack Vissing, Esq.

LifeSpring's Executive Management Team

Dr. Terry L. Stawar, President/CEO
Ms. Connie Chenault, Senior Executive Assistant
Mr. Nick Clark, Executive Vice President and Chief Financial Officer
Mr. Greg Duncan, LCSW, Senior Vice President for Healthcare Strategies and Quality Assurance
Ms. Karen Jones, MBA, Senior Vice President for Human Resources and Administration
Ms. Beth Keeney, MBA, Senior Vice President for Community Health and Primary Care Services
Ms. Marta Myszak, LCSW, Senior Vice President for Clinical Services
Ms. Wanda Booker, BSN, Vice President of Nursing
Mr. Dennis Crandell, LCSW, Vice President of Adult Behavioral Services
Ms. Misty Gilbert, LCSW, Vice President of Recovery Services
Ms. Meara Grannan, LCSW, Vice President for Children and Families Services
Mr. Joe Higgins, LCSW, Vice President of Area Clinical Services
Dr. Asad Ismail, Vice President of Medical Services
Ms. Denise Poukish, LMHC, LCAC, Vice President for Forensic Services
Mr. Christian Rice, Vice President of Information Technology and Chief Information Officer
Ms. Stephanie Taylor, Vice President of Business Services
Ms. Christine Grider, Assistant Vice President of Accounts Receivable
Mr. Marshall Lowery, Assistant Vice President of Facilities
Dr. Eric Yazel, Primary Care Medical Director

LifeSpring Foundation of Indiana Board of Trustees

Jack Vissing, Esq., **President**
Mr. Vern Eswine, **Vice President**
Nicholas Stein, Esq., **Secretary**
Mr. Nick Clark, **Treasurer**
Dr. Terry L. Stawar, **Ex-Officio**

Mr. J. Todd Frossard
Hon. Dan Moore (ret.)
Ms. Cheryl Seeders
Ms. Judy Steedly
Mr. Bill Green

LifeSpring Foundation of Indiana Staff

Ms. Beth Keeney, Senior Vice President for Community Health and Primary Care Services
Ms. Liz Stafford, Director of Development
Ms. Lindsey Davis, Fundraising & Development Coordinator
Ms. Rebecca Ferree, Development Assistant
Ms. Carman Wilson, Fiscal Accounting Clerk

Leadership

Area Office Leadership

Ms. Terri Backherms, LCSW, Washington County Clinical Manager
Ms. Amy Hoskins, LCSW, Jefferson County Clinical Manager
Ms. Tiffany Johnson, LCSW, Scott County Clinical Manager
Ms. Nadeja Wesley, LCSW, Floyd County Clinical Manager

Locations

LifeSpring Main Center & Administration

460 Spring Street
Jeffersonville, IN 47130
(812) 280-2080
(800) 456-2117

LifeSpring Community Medical Services

1036 Sharon Drive
Jeffersonville, IN 47130
(812) 280-6606

Adult Behavioral Services

404 Spring Street
Jeffersonville, IN 47130
(812) 280-2080

Children & Families Services

460 Spring Street
Jeffersonville, IN 47130
(812) 206-1416

Turning Point Center

1060 Sharon Drive
Jeffersonville, IN 47130
(812) 283-7116

Floyd County Office

2820 Grant Line Rd. #10
New Albany, IN 47150
(812) 981-2594

New Albany Center

618 East Market Street
New Albany, IN 47150
(812) 280-2080

LifeSpring O'Bannon Center (Harrison County Office)

535 Country Club Road
Corydon, IN 47112
(812) 738-2114

Jefferson County Office

1405 Bear Street
Madison, IN 47250
(812) 265-4513

Salem Community Medical Services

1321 Jackson Street
Salem, IN 47167
(812) 883-3095

Scott County Office

75 North 1st Street
Scottsburg, IN 47170
(812) 752-2837

Austin Medical Center

825 N. Highway 31
Austin, IN 47102
(812) 413-3117



Service Areas

Clark County: Main Center, Adult Behavioral Services, Center Place II, Chestnut Street Apartments, Integrated Treatment Center, Turning Point Center

Floyd County: Floyd County Office, New Albany Center, Center Place III, Manor House, Sarkisian House

Harrison County: Harrison County Office

Jefferson County: Jefferson County Office, Clearinghouse

Scott County: Scott County Office, Austin Medical Center

Washington County: Salem Community Medical Services

Services Provided by LifeSpring Health Systems

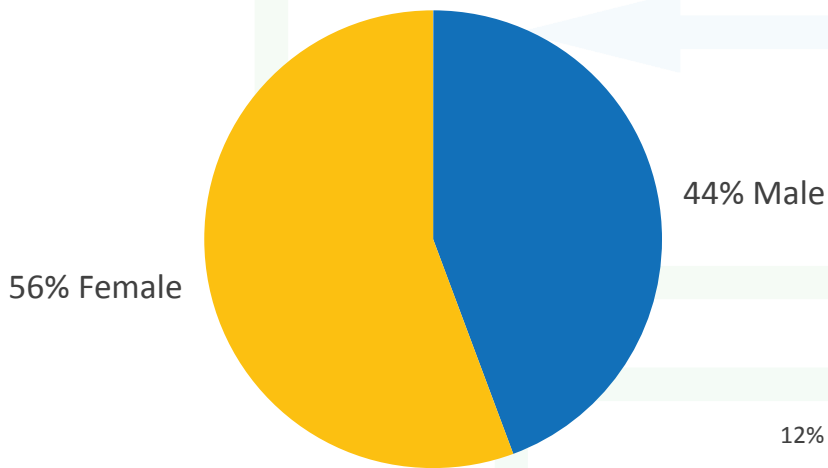
- 24/7 Crisis Response
- Acute Primary Care
- Acute Stabilization Services
- Assertive Community Treatment
- Care Management
- Chronic Disease Management
- Community Education and Outreach
- Comprehensive Forensics Program
- General Medical Screenings
- Gynecological Care
- Home Based Services
- Immunizations
- Infectious Disease Care
- In-Jail Services
- Inpatient Services
- Laboratory Services
- Medically Supervised Detoxification and Residential Services
- Mental Health First Aid
- Nutrition Services
- Outpatient Adult Group Therapy
- Outpatient Adult Individual Therapy
- Outpatient Children and Families Group Therapy
- Outpatient Children and Families Individual Therapy
- Outpatient Nursing Services
- Outpatient Psychiatric Services
- Projects for Assistance in Transition from Homelessness
- Permanent Community Based Outreach
- Permanent Supportive Housing
- Prenatal Care
- Preventative Health Care
- Primary Care Services
- Semi-Independent Living Apartments
- Skills Training
- State Hospital Admission and Transition Services
- Supported Employment
- Supported Group Living
- Systems of Care
- Transportation Services
- Voluntary Family Planning
- Well Child Visits

Mental Health Diagnosis by Primary Diagnosis

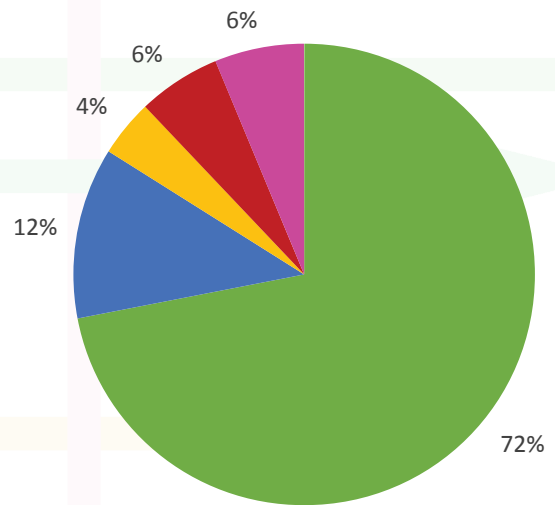
Addiction Disorders	22%
Anxiety Disorders	16%
Childhood Related Disorders	11%
Mood or Depressive Disorders	37%
Psychotic Disorders	12%
Other	2%

Demographics

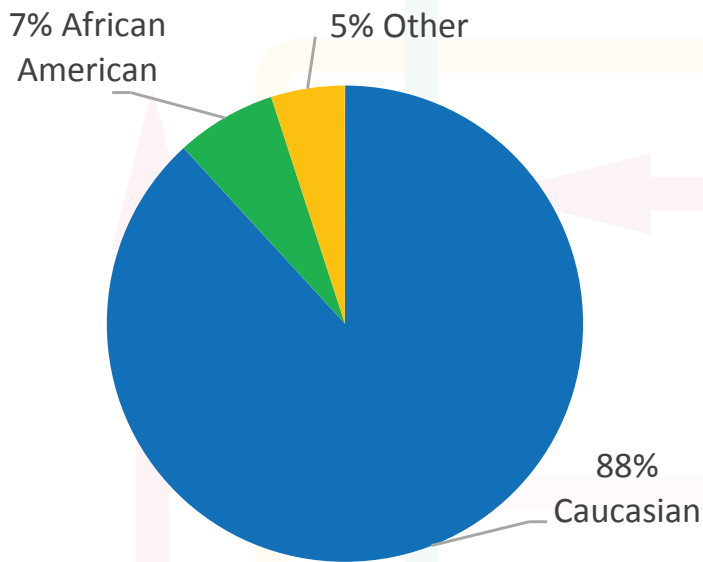
Gender



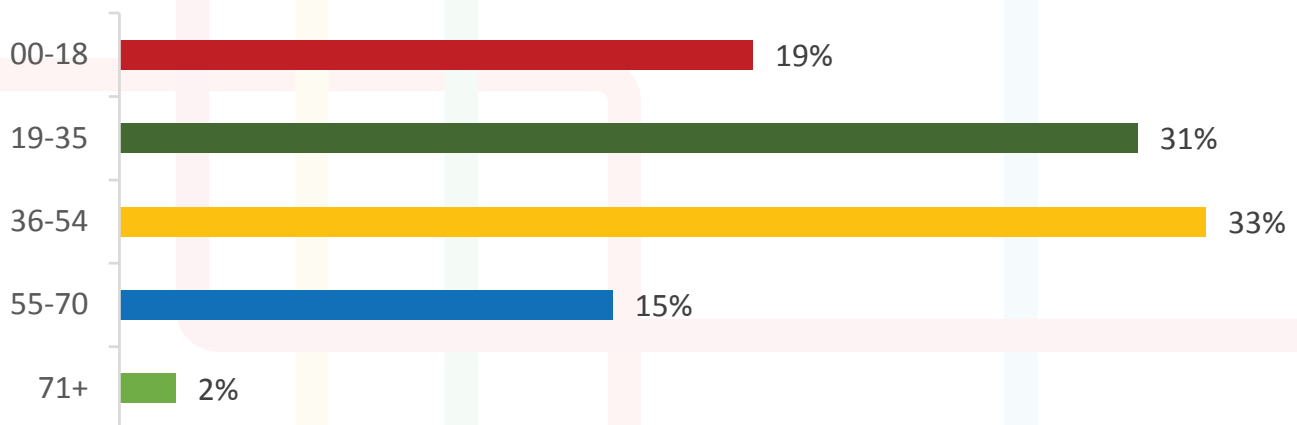
Income Status as % of Federal Poverty Level



Race



Age



Services Provided

Clark County

During Calendar Year 2016, LifeSpring:

- Provided **112,765 unique appointments** to **2,914 Clark County residents**
- Provided professional employment to **155 Clark County residents** at a cost of \$4,216,251.98
- Provided substance abuse detoxification services to **73 indigent Clark County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- Trained 174 Clark County professionals in Mental Health First Aid at no charge
- Trained 48 Clark County professionals in Youth Mental Health First Aid at no charge

Floyd County

During Calendar Year 2016, LifeSpring:

- Provided **62,354 unique appointments** to **1,406 Floyd County residents**
- Provided professional employment to **70 Floyd County residents** at a cost of \$2,305,109.13
- Provided substance abuse detoxification services to **51 indigent Floyd County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- Trained 60 Floyd County professionals in Mental Health First Aid at no charge
- Trained 26 Floyd County professionals in Youth Mental Health First Aid at no charge

Harrison County

During Calendar Year 2016, LifeSpring:

- Provided **13,409 unique appointments** to **492 Harrison County residents**
- Provided professional employment to **27 Harrison County residents** at a cost of \$953,118.22
- Provided substance abuse detoxification services to **1 indigent Harrison County resident** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds

Jefferson County

During Calendar Year 2016, LifeSpring:

- Provided **12,726 unique appointments** to **480 Jefferson County residents**
- Provided professional employment to **22 Jefferson County residents** at a cost of \$573,663.66
- Provided substance abuse detoxification services to **12 indigent Jefferson County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- Trained 29 Jefferson County professionals in Mental Health First Aid at no charge
- Trained 12 Jefferson County professionals in Youth Mental Health First Aid at no charge

Scott County

During Calendar Year 2016, LifeSpring:

- Provided **31,459 unique appointments** to **889 Scott County residents**
- Provided professional employment to **20 Scott County residents** at a cost of \$460,243.22
- Provided substance abuse detoxification services to **27 indigent Scott County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds

Services Provided

Washington County

During Calendar Year 2016, LifeSpring:

- Provided **28,825 unique appointments** to **810 Washington County residents**
- Provided professional employment to **31 Washington County residents** at a cost of \$873,889.51
- Provided substance abuse detoxification services to **10 indigent Washington County residents** at a cost of \$350 per day with only \$110.34 reimbursed through grant funds
- Trained 33 Washington County professionals in Mental Health First Aid at no charge

Other Counties

During Calendar Year 2016, LifeSpring:

- Provided **21,847 unique appointments** to **301 residents in other counties**
- Provided professional employment to **101 residents of other counties**
- Provided substance abuse detoxification services to **84 indigent residents** of other counties at a cost of \$350 per day with only \$110.34 reimbursed through grant funds



Recovery Works

INDIANA'S FORENSIC TREATMENT PROGRAM

Recovery Works!

In the Spring of 2016, LifeSpring became the provider for a new program in the state of Indiana called Recovery Works. This is a voucher program through the Indiana Department of Mental Health and Addictions aimed at reducing recidivism and addressing the many mental health and substance use disorders that are prevalent in the criminal justice population. Within the current prison population, 16% of inmates have a diagnosed mental illness and approximately 50% have a substance use disorder, compared to the general public at rates of 5.4% and 8.8%, respectively.

Recovery Works funds behavioral health care services for individuals involved in the criminal justice system that meet specific criteria. A large portion of the clients referred through this program are recently transitioning from jail or prison and have limited resources or insurance. This program allows them to get the help needed, without barriers. Services covered include individual therapy, groups, case management, medication assistance, transportation, and sober living costs.

Through the end of 2016, 125 clients had been referred to LifeSpring through the Recovery Works program. With the leadership of Denise Poukish, Vice President for Forensic Services, our Forensics Department has made great connections with referral sources throughout Southern Indiana and we receive referrals from all six of the counties we serve. The majority come from Clark, Scott, and Jefferson County jails where we provide behavioral health services inside the jail.

Staff Award Winners

July

Outstanding Manager: Stephanie Taylor, Asst. VP of Business Services

Outstanding Therapist: Sarah Grundhoefer, LCSW, Washington County

Outstanding Care Manager: Kaitlyn Hargett, CM, Scott County

Outstanding Support Staff: Ashley Crandall, Front Desk Secretary, Washington County

Outstanding Medical Services: Misty Noel, LPN, Children & Family Services

Outstanding Adjunctive Services: Geraldine Becht, Purchasing Assistant

December

Outstanding Manager: Torri Carrier, Practice Manager, ITC/FQHC

Outstanding Therapist: Shonita Fink, LSW, Scott County

Outstanding Care Manager: Heather Perissi, Supported Employment

Outstanding Support Staff: Cathy Allen, Turning Point Center

Outstanding Medical Staff: Shelby Carter, Medical Assistant, ITC/FQHC

Outstanding Adjunctive Staff: Mindy Owings, Payroll Clerk



President's Award Winners

Charity Ford

Charity Ford is the office manager of the Jefferson county office of LifeSpring Health Systems. Charity started her work with our organization in March of 2009. She was promoted to the position of Office Manager in 2011. Charity completed the Lifespring Leadership Academy in 2015 and is currently attending Ivy Tech State college working on a degree in Business Administration. Charity is a member of the Madison Kiwanis and enjoys volunteering in the community. Charity and her husband Brian reside in Madison with their four children.



Marta Myszak, LCSW



In the Spring of 1980, Marta Myszak was completing a Master's Degree and planning on a summer internship at Southern Indiana Mental Health & Guidance Center (now LifeSpring) prior to returning to her teaching job in the fall. Thirty-six years later, she is still at LifeSpring and never returned to teaching. Her career at LifeSpring progressed from Therapist, to Clinical Manager of the Washington County office, to VP for Area Services, and now Sr. VP for Clinical Services. She attributes this longevity with the organization to the people she works with, the opportunity to be involved in the community in a variety of ways, and the fact that "no two days are ever the same."

Marta is an Indiana University alumni, and an avid IU Basketball fan (no matter what). She has twin daughters, Brett and Kelsey Owen

(both are also IU grads), and 4 "grand-dogs". When not working, she enjoys walking with her dog, "Curly", quilting, reading, and gardening.

LifeSpring Partners with Green Valley Elementary School

In the fall of 2016, LifeSpring's Floyd County office began a partnership with Green Valley Elementary School in New Albany, Indiana to provide mental and behavioral health services to their students. A Therapist and Care Manager provide onsite therapy and case management weekly to students referred by the school counselor, teachers, and administrators. This clinical team works with school personnel for case collaboration and to provide consultation to teachers, supporting the overall learning environment of the classrooms.



To date, services have been provided to 20 students and their families in the form of therapy, case management, medication management, and skills-building. The clinical staff are housed on-site on separate days each week and work amongst a multi-disciplinary team comprised of the school counselor, resource officers, principal, and assistant principal. Green Valley Elementary serves approximately 300 students in kindergarten through 4th grade. The school is considered high-need, as 85-90% of students fall below the federal poverty line and there is a large student turnover each year.

Youth Crisis Intervention Teams

In August 2016, the local Systems of Care group, run by Meara Grannan, LifeSpring Vice President of Children and Family Services, received grant funding through the Indiana Department of Mental Health and Addictions for Youth Crisis Intervention Teams (CIT-Y) training. This program is intended to teach juvenile justice workers and first responders how to intervene early with youth who have mental illnesses, so as to keep them from becoming involved in the juvenile justice system. According to the National Alliance on Mental Health (NAMI), approximately 13% of youth have a serious mental illness, yet only about 20% of those get the treatment they need. Within the juvenile justice department, 70% of youth have at least one mental health condition.



LifeSpring Child Psychiatrist Sheryl Schneider presents a training on child and adolescent mental health conditions.

The CIT-Y program includes training on topics such as active listening and de-escalation, child mental health conditions, suicide, and child abuse and neglect. Presentations have been given by local mental health therapists and psychiatrists, Department of Child Services workers, county probation staff, and school resource officers, among others. The program aims to build community partnerships, locate gaps in the current system, and address these gaps. The program will continue through June 2017.

The local Systems of Care group is comprised of social service providers in Clark and Floyd counties. This collaborative group works to create a coordinated network of services and supports that are youth-guided and family-driven, easily accessible and tailored to meet the needs of youth and families in this community. The overall goal is to increase access to mental health and substance use treatment and supportive services.

Client Resource Center a Success

These days, the Client Resource Center (CRC) is flourishing with activity thanks to the leadership of Steve Mahoney, Client Resource Center Coordinator. What used to be the Drop-In Center, a space for clients to drop by and socialize with fellow clients, has become so much more as the Client Resource Center. Adding "client" into the name has made clients now feel they have ownership and pride in their space, and in turn, attendance has blossomed. Mondays bring upwards of 60 clients, with a daily average of 35 individuals; special events can bring up to 125 clients.

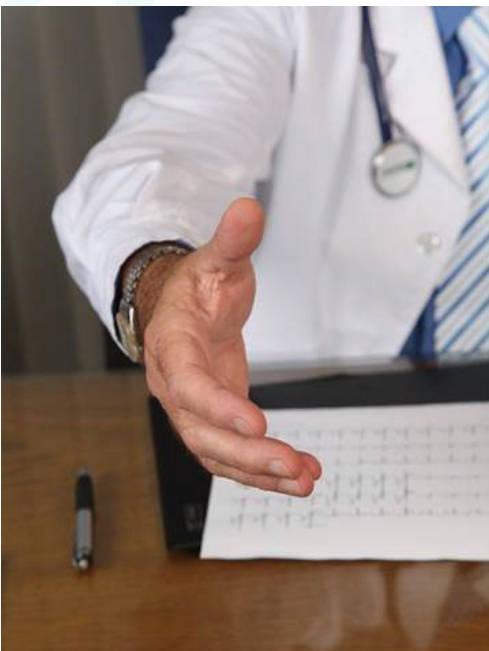
A client-run co-op store was started as a way to teach budgeting and organization to clients. The co-op offers a convenient service to clients, offering items such as toilet paper, trash bags, and cat food. A Peer Council Town Hall gives clients access to the Lindley building leadership and serves as a way for them to voice any concerns. In addition to daily routine activities, monthly events are scheduled around holidays, including a monthly birthday party and a monthly "Healthy Living" seminar presented by Clark Memorial Hospital. This daily interaction with LifeSpring staff and peers allows for a healthy routine and for instant assistance from the agency and community support systems should a client begin to show signs of struggling.

With Steve's help, clients developed a mission statement that goes hand in hand with LifeSpring's own mission statement, "The Client Resource Center is dedicated to providing a safe, respectful, fun and inclusive atmosphere for LifeSpring Clients while continuing the development of ADL (activities of daily living) Skills used in everyday life." The CRC is located in the Lindley Building in downtown Jeffersonville, making it easily accessible to our many clients that live in the area.



Supplies for purchase in the CRC Co-Op.

Medication Assisted Treatment



LifeSpring received funding through the Indiana Department of Mental Health and Addictions to increase access to Medication Assisted Treatment (MAT), an evidence based treatment for individuals with a substance abuse disorder. Our program expansion targeted individuals in rural communities with substance use disorders who have a diagnosis of an infectious disease, or are at risk of one due to IV drug use. It aims to eliminate barriers such as transportation and lack of insurance for individuals in high risk areas for infectious disease such as HIV and Hepatitis C and provide access to recovery care and services.

The MAT program is housed in LifeSpring's Recovery Campuses where integrated primary care and substance abuse treatment services are offered. This allows for a whole-person model of care where in addition to MAT, services such as mental and medical health services, occupational support, case management, and coordination of care are offered. By the end of 2016, 85 individuals were enrolled in the MAT program.

Financials

Statement of Financial Position

Assets

Current Assets

	2016	%
Cash and cash equivalents	\$4,807,006	27%
Residential patients funds	151,327	1%
Patient accounts receivable, net of allowance for doubtful accounts of approximately \$91,000 in 2016 and \$172,000 in 2015	661,756	4%
Medicaid Health Funds Recovery Program	562,079	3%
Other receivables	936,263	5%
Other current assets	258,740	1%

Total Current Assets

\$7,377,171

Property, plant and equipment, net	8,198,934	47%
Investments	2,058,468	12%

Total Assets

\$17,634,573

100%

Liabilities and Net Assets

Current Liabilities

Current portion of long-term debt	\$475,883	3%
Accounts payable and other accrued liabilities	242,424	1%
Accrued wages, benefits and related withholdings	1,499,878	9%
Estimated third-party settlements	322,298	2%
Due to residential patients	151,327	1%

Total current liabilities

\$2,691,810

Long-term debt	\$2,681,635	15%
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Total liabilities	\$5,373,445	
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Unrestricted net assets	\$12,261,128	69%
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Total liabilities and net assets

\$17,634,573

100%

Financials

Statement of Activities & Changes in Net Assets

Unrestricted revenues, support and gains

	2016	%
Patient service revenue, net	\$11,498,985	
Less provision for bad debts	52,983	
Net patient service revenue less provision for bad debt	\$11,446,002	56%
Federal, state, and county grant revenue	5,716,498	28%
County appropriations	1,504,661	7%
Gain on disposal of assets	1,531	0%
Other grant and miscellaneous revenue	1,866,948	9%
Investment income (loss), net	(8,489)	0%
Total unrestricted revenues, support and gains	\$20,527,151	100%

Expenses

Salaries and wages	13,177,127	68%
Employee benefits	2,602,403	13%
Building and equipment	1,066,069	5%
Purchased services	595,169	3%
Travel and transportation	254,612	1%
Office expenses	837,758	4%
Depreciation	533,684	3%
Interest	139,749	1%
Other	311,437	2%
Total expenses	\$19,518,008	100%

Excess revenues over expenses

1,009,143

Net unrealized loss on investments

(43,613)

Change in assets

965,530

Unrestricted net assets

Beginning of year

\$11,295,598

End of year

\$12,261,128

Trivia Night 2016

The LifeSpring Foundation of Indiana held its 5th Annual Trivia Night on Thursday, February 25th, at Kye's II. As always, it was well attended and everyone had a great night of fun and friendly competition. The guests enjoyed a terrific buffet provided by Terri Lynn's Catering by Design. Thank you to Mr. Nick Stein, from the Law Office of Nick Stein and Foundation Trustee, for serving as our emcee once again.

We would like to thank the following people who gave of their time to make this night a success: Patty Berger, Nick Clark, Diana Cox, Karen Jones, Beth Keeney, Marshall Lowery, Paula Lowery, Jackie Love, Velda Schalk, Liz Stafford, Nick Stein, and Julie Thixton.

Competition was fierce with the team of Clark County Probation being named the overall winner. Each member of the team received a gift card to Olive Garden along with some miscellaneous prizes. Two Heads or Tails games were played. In addition, seven door prizes were given out to lucky attendees.

Thank you to our generous sponsors!

Jeopardy Sponsors



Vissing Law, LLC

Smarter Than a 5th Grader Sponsors



Table Sponsors

Clark County Probation
Connie Chenault
Dan Moore Law Office
Ellen Kelley
Jackie Love
LifeSpring Executive Management Team
Nick Clark, LifeSpring Fiscal Department
Vissing Law, LLC
Your Community Bank



Appetizers by Terri Lynn's Catering by Design.



Julie Thixton and Liz Stafford working registration.



Karen Jones, Connie Chenault, and Geraldine Becht having fun at Trivia Night.

Community Breakfast 2016

The 2nd Annual Community Breakfast and Silent Auction was held on Tuesday, May 10th at Kye's I with great attendance. Hannah Gadd and her mother, Julie Mattingly Gadd, showed their documentary entitled "Heroin: Drug of Sorrow". This is a powerful film that Hannah made as part of her Girl Scout Gold Award following the death of her uncle in 2013 to a heroin overdose. Over \$1,000 was made for the Scholarship Fund through donations and the silent auction. Thank you to Foundation Vice President Vern Eswine for serving as the emcee, Kye's for their generosity, and to Orange Clover Kitchen & More for preparing the great breakfast. To view Hannah's documentary, "Heroin: Drug of Sorrow", visit <https://youtu.be/lkyJ6eG6by8>.



Guests enjoying the Community Breakfast presentation.



LifeSpring Foundation President Jack Vissing and guest visiting at the Community Breakfast.

Tragedy 2 Triumph Walk 2016

The 2nd Annual Tragedy 2 Triumph Walk, "A Walk Against Substance Abuse," was held on Saturday, August 27th at the Big Four Station Park. Mayor Mike Moore kicked off the event with a welcome, followed by a Zumba warm-up for the crowd led by Karen Gallaher. Thirteen vendors participated to help spread awareness of the drug problems with our youth in our communities. Thank you to Cathy Allen, Tori Carrier, Amanda Davis-Houchen, and Matthew Blandford for manning the LifeSpring booths. Thank you, also, to Vern Eswine, Foundation Trustee, for coming out to set up a sound system for us and to Diana Cox for helping with check-in. A special thank you to Tobi Ferree for putting together and overseeing the Children's Obstacle Course. We appreciate all the help and support we received.



Attendees walking to end substance abuse.



LifeSpring staff Cathy Allen and Tori Carrier handing out information and refreshments at the Tragedy 2 Triumph Walk.

Circle of Life Gala 2016

The 9th Annual Circle of Life Gala, held on Friday, October 28th, was a huge success. Mr. Vern Eswine, Vice-President of the LifeSpring Foundation of Indiana, served as the emcee. Our keynote speaker was Mr. Mike Barry, former news anchor in Kentucky who spoke of his recovery from alcoholism and the recovery movement across the country. Entertainment was provided by the Jamey Aebersold Jazz Quartet, which everyone enjoyed. Everyone enjoyed a terrific dinner prepared by Orange Clover Kitchen & More. Bidding was fierce for the amazing live and silent auction items.

Mr. Jack Vissing, President of the Foundation Board, presented the 3rd Annual Impact Awards. The winners this year were: Chairman's Award: Judge Susan Orth; Community Heart Award: Nicholson Printing; and, the LifeSpring Leader Award: Ms. Ellen Kelley. All very well deserved!

We want to thank the following people who made this event possible:

Ruby Sponsors: American Senior Communities; Dan Moore Law Office; Epic Insurance Solutions, LLC; First Savings Bank; Law Office of Nick Stein; LifeSpring Health Systems; The Marketing Company; USI Insurance Solutions; Vissing Law, LLC.

Sapphire Sponsors: Blue & Co., LLC; Clark Memorial Hospital; Financial Wealth Management; First Harrison Bank; German American Bank; Matrix Integration, LLC; Your Community Bank.

Opal Sponsors: Centra Credit Union, Idemitsu Lubricants America Corp.

Advertisers: David D. Nachand, Attorney at Law; Leonard Brush & Chemical Co.; Mattox & Wilson, LLP; Office Environment Company; Voignier's Auto Air.

Table Sponsor: Todd Coleman/Classic Furniture.

In-Kind Donors: Ellen & Lynn Kelley (Photo Booth), Jamey Aebersold Jazz Quartet (Entertainment), Kye's, Mike Barry (Keynote Speaker), Nicholson Printing, and Todd Coleman and team (Auctioneer).

Volunteers: Connie Chenault, Nick Clark, Diana Cox, Becky Ferree, Tobi Ferree, Karen Jones, Beth Keeney, Ellen Kelley, LifeSpring Maintenance Staff, Jackie Love, Marshall & Paula Lowery, Kelly Owens, Velda Schalk, Liz & Justin Stafford, Chuck Stovall, Teah Williams-Hampton, and Hoyt Stockdale.

Thank you to everyone who purchased a raffle ticket, bid on live and silent auction items, and attended the event. The LifeSpring Foundation appreciates your support!



LifeSpring's Executive Management Team enjoying dinner and the program.



Chairman's Award winner Judge Susan Orth and guests having fun at the photo booth.

2016 Donations to LifeSpring Foundation of Indiana's Annual Fund

Generous support from community members like you allows LifeSpring to serve over 7,500 individuals annually. Thank you so much for supporting our mission.

Ms. Alicia M. Aldridge
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