

***LifeSpring has offices in 11 counties across southern
Indiana: Clark, Crawford, Dubois, Floyd, Harrison,
Jefferson, Orange, Perry, Scott, Spencer,
and Washington counties.***



LifeSpring
Health Systems

**Mental Health &
Substance Abuse
Treatment Services**

LifeSpring Main Center & Administration

460 Spring Street
Jeffersonville, IN 47130
(812) 280-2080
(800) 456-2117

www.lifespringhealthsystems.org

*LifeSpring is a non-profit corporation, certified by the Indiana
Division of Mental Health and Accredited by the Joint Commission on
Accreditation of Healthcare Organizations*

Did you know that 26% of Americans have a mental health illness and 10% have a substance abuse or gambling addiction?

It's more common than you may think.

Since 1964, LifeSpring has been providing help and hope to those affected by mental illness and addiction. Both are treatable and no one should suffer in silence. LifeSpring provides a comprehensive array of mental health services, including education, prevention, information, assessment, intervention, and treatment.

Our professional providers are psychiatrists, psychologists, licensed clinical social workers, nurses, counselors, care managers, technicians and support personnel. LifeSpring's staff is here to listen in a caring and confidential environment. Our goal is to provide the least restrictive, most supportive service to our clients.

LifeSpring is committed to building and nurturing strong relationships in our communities. We work closely with the medical community, criminal justice system, social service agencies, government officials, churches, clients and their families. Many clients are concerned about how to pay for services, and our staff is available to discuss sliding scale fees and address any insurance questions.

... there is help and there is hope.



LifeSpring provides services to adults and children of all ages.

At the initial appointment, clients receive an assessment to determine their areas of concern. The client works with staff to develop a treatment plan tailored to address their needs. This plan may include detoxification, primary care services, residential programming, outpatient care, medication, group therapy, or other treatment modalities.

- Detoxification is designed for individuals who are likely to experience complications from drug or alcohol withdrawal and require medical intervention. Clients are stabilized and supervised, and assessed to determine the appropriate care after discharge.
- Residential programming is designed for clients who require structure and assistance to live independently.
- Outpatient care may include a variety of treatment options, including therapy or group therapy. Individual therapy involves the client working one-on-one with the therapist, as opposed to group therapy where the client works with other clients and a therapist.
- Medication services are provided to LifeSpring clients who need this level of intervention. After participating in treatment, clients may be referred to a psychiatrist who is able to prescribe necessary medications.
- Primary healthcare services are available for clients and include annual checkups, sick visits, immunizations and health care coordination, among other services.

