



**LifeSpring**  
Health Systems

**Care Management  
Services**

Self-Care • Money Management • Medical • Independent Living • Referrals • Transportation • Employment • Housing • Medications • Stress Management • Anger Management • Parenting • Social Skills

# Did you know that you may be eligible for these additional care management services from LifeSpring?

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- Self-Care
  - Medical Issues
  - Independent Living
  - Referrals
  - Transportation
  - School Performance
  - Housing
  - Employment
  - Stress Management
  - Anger Management
  - Parenting
  - Social Skills
  - Symptom Management
  - Improving Your Relationships
  - Training to Ride TARC
  - Medication Management
  - Meal Planning
  - Food Preparation
  - Managing Your Diabetes
  - Managing Your Budget
  - Finding a Home
  - Keeping a Home
  - Smoking Cessation
  - Personal Safety

**Talk to a therapist today!**