



BEHAVIORAL HEALTH | PRIMARY CARE | COMMUNITY | HEALTH EQUITY | BEHAVIORAL HEALTH | PRIMARY CARE | COMMUNITY | HEALTH EQUITY

FOCUS



COMMUNITY | HEALTH EQUITY | BEHAVIORAL HEALTH | BEHAVIORAL HEALTH | PRIMARY CARE | COMMUNITY | HEALTH EQUITY | BEHAVIORAL HEALTH | PRIMARY CARE | COMMUNITY | HEALTH EQUITY



LifeSpring
Health Systems

ANNUAL REPORT 2021

President's Letter

Dear Friends



I AM EXCITED to welcome you to the 2021 Annual Report of LifeSpring Health Systems. In the following pages you will see some of the highlights of our services over the past year.

To start this year's review, I want to take the opportunity to honor and thank our recently retired President/CEO, Dr. Terry Stawar. Dr. Stawar's vision, direction, and leadership provided the framework for LifeSpring to rapidly grow in a short period of time. In the year 2011, LifeSpring served 8,400 patients. Just ten years later, in the year 2021, LifeSpring served nearly 15,000. Thank you, Dr. Stawar, for all you've done for our communities. The impact of your work and vision cannot be overstated. Congratulations on your well-earned retirement!

Throughout our history, LifeSpring's Board of Directors, management teams, administrative staff, and front line clinicians have adapted to the changing landscape around us. We have provided urgent physical and psychological healthcare following natural disasters and other unexpected occurrences. We've adapted to ensure services are appropriate and accessible during epidemics- and now a global pandemic! Most importantly, we have provided consistent high-quality care for common health concerns, such as well child visits, depression, anxiety, hypertension, and diabetes.

COVID-19 has shown us how fragile healthcare can be. Disruption to services leads to greater disparities and poorer outcomes for medically underserved and marginalized populations. Research has long established that 80% of health outcomes are determined by the things that influence health, not access to or the quality of clinical care. These things include health behaviors such as tobacco use, alcohol use, diet and exercise, and substance use. Social and environmental factors, such as education and employment, are also important factors, as are influences in the physical environment, including safe and stable housing, and air and water quality and safety.

To address these factors, we are working to better identify, address, and overcome barriers which limit the achievement of positive health outcomes and health equity. We continue our work in improving the intersectionality between communities and systems and how they influence care and outcomes. We are looking at how our own system can be improved to meet every patient where they are, and improve access to and quality of care wherever possible. It is through these targeted initiatives that we can improve health equity among all patients in all communities.

In closing, I want to extend my thanks to our Board of Directors, our Foundation Board of Trustees, supporters, and communities. I want to extend my sincerest thanks to our patients and our staff. We know you have a choice, and we are proud you have chosen us.

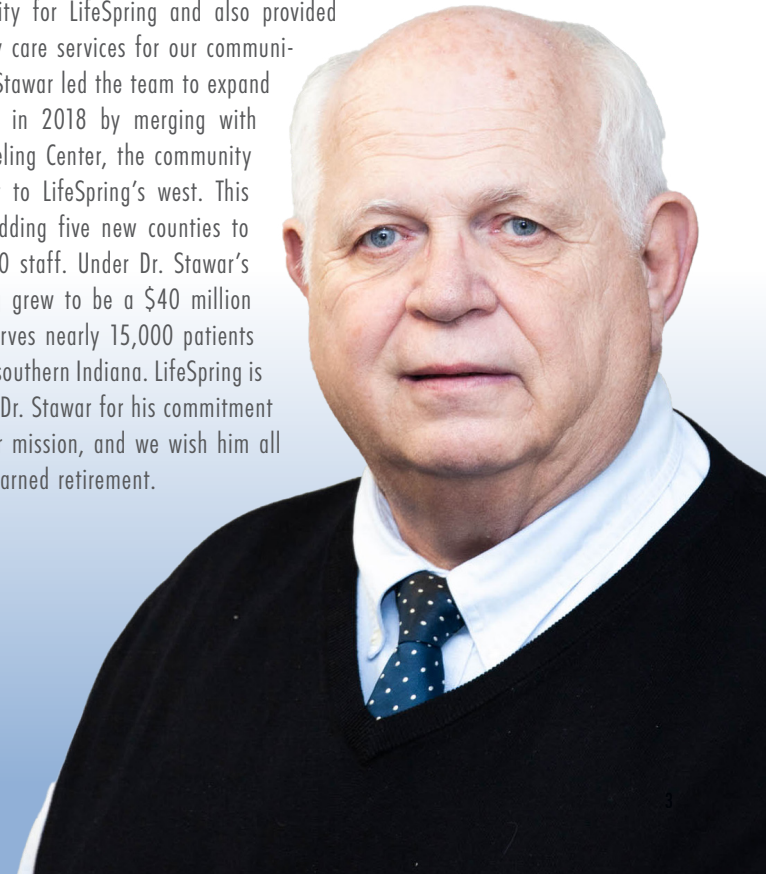
Sincerely,

Beth Keeney, DrPH, MBA

President/CEO

CELEBRATING Dr. Terry Stawar

Terry Stawar, EdD, came to LifeSpring as Chief Executive Officer in 1999 with 20 years experience in the behavioral health field. During his 22 year tenure, he led the biggest expansion in LifeSpring's history. Dr. Stawar led the charge to establish LifeSpring as a premier community mental health facility in the early 2000s by establishing new and innovative programs, such as expanding Turning Point Center, implementing a forensics program, working with community leaders to create the LifeSpring Foundation of Indiana, and JeffBook, a bookstore that focuses on workforce development for our patients. Dr. Stawar also led the movement of LifeSpring's headquarters to downtown Jeffersonville, ensuring our services are visible and available. Perhaps the most transformational changes include the implementation of the "Federally Qualified Health Center" program in 2015. The FQHC designation helped bring in more fiscal stability for LifeSpring and also provided much needed primary care services for our communities. In addition, Dr. Stawar led the team to expand LifeSpring's footprint in 2018 by merging with Southern Hills Counseling Center, the community mental health center to LifeSpring's west. This merger resulted in adding five new counties to our footprint and 200 staff. Under Dr. Stawar's leadership, LifeSpring grew to be a \$40 million dollar agency that serves nearly 15,000 patients across 11 counties in southern Indiana. LifeSpring is incredibly grateful to Dr. Stawar for his commitment and dedication to our mission, and we wish him all the best in his well earned retirement.



Chairmen's Letter

LifeSpring Health Systems saw many changes in 2021—and the ongoing COVID-19 pandemic was the impetus for a good number of those changes. But, as was true in the early days of the pandemic, LifeSpring staff adapted and found new and effective ways to address the physical and mental health needs of the thousands of people who call our eleven-county service area “home.” Their dedication to the provision of services is both admirable and remarkable.

Perhaps the most significant change in 2021 was the retirement of LifeSpring's long-time Chief Executive Officer, Dr. Terry Stawar. During his more than twenty years at the helm of LifeSpring, Dr. Stawar transformed LifeSpring from a relatively small mental health center to an organization that provides primary care and mental health services to eleven counties across southern Indiana. We are enormously grateful to Dr. Stawar for his vision and leadership over those many years and wish him a retirement filled with much happiness.

With Dr. Stawar's retirement, the LifeSpring Board of Directors faced the daunting task of hiring a new CEO. Following an exhaustive, nationwide search that generated much interest and many applications, the Board realized that our next CEO was already working for LifeSpring and selected Dr. Beth Keeney for the job. Dr. Keeney has demonstrated an unyielding commitment to ensuring the availability of quality, comprehensive, integrated services to every individual in every community across LifeSpring's service area. She was instrumental in expanding LifeSpring's menu of services to include primary health care and has spoken passionately about the importance of integrating the provision of primary and behavioral health care. It is abundantly clear that selecting Dr. Keeney was a stellar decision that will benefit our organization and the communities we serve for years to come.

We would be remiss if we failed to acknowledge the vital work of LifeSpring's Diversity, Equity and Inclusion Committee this past year and thank the employees who serve as members of the Committee. It is impossible to overstate the value of their work, and we are confident the Committee's activities will make LifeSpring an even better organization.

The LifeSpring Foundation of Indiana saw a very successful year as well. Some important accomplishments to note are:

- The willingness to re-engage and re-connect after the pandemic translated into the Foundation's most successful year yet — donations reached just under \$90,000 to support the Foundation.

- In addition, while still being restricted in live meetings, the Foundation held its first virtual event for Tacos and Trivia. It was the most successful Tacos and Trivia to date, raising over \$20,000.
- The annual fund campaign was held in the summer and was a great success with over \$36,000 being pledged by 151 donors. This was a 30% increase in the amount of funds pledged from our previous campaign in 2020.
- The Foundation held its very first Dream Vacation raffle to coincide with Giving Tuesday 2021 and raised over \$7,700.
- We had a record number of scholarship applications from high school seniors and 8th graders during our spring scholarship program and gave out over \$6,000 in scholarships.

Finally, as we finished up 2021, the LifeSpring Foundation brought on new board members and began planning and preparing for its first strategic plan. The plan will help the Foundation re-focus and set our sights to the future as we work with a larger community footprint of eleven counties and the responsibility that comes with such a large territory.

As Chairmen of the LifeSpring Health Systems Board of Directors and the LifeSpring Foundation of Indiana's Board of Trustees, we are very proud of what we have been able to achieve and want to thank LifeSpring staff, Board members, and volunteers who helped make 2021 a success. We appreciate your ongoing support and look forward to a bright, healthy 2022 for our communities.



Randy Dennison

Chair -
LifeSpring Health Systems
Board of Directors



Vern Eswine

Chair -
LifeSpring Foundation of
Indiana Board of Trustees

Leadership

LifeSpring Health Systems Board of Directors

Randy Dennison, Chair — Spencer County
Chris Hollinden, Chair Elect — Perry County
Jackie Young, Secretary — Clark County
Alan Smock, Treasurer — Dubois County
Wendy Broughton — Crawford County
Melissa Campbell — Jefferson County
Denise Eden — Scott County

Darnell Jackson — At-Large
Kenny Kavanaugh — Clark County
Paul Kiger — Floyd County
Ray Oppel — Washington County
Rossina Sandoval-Monsivais — Dubois County
Emily Stumler — Harrison County

LifeSpring's Executive Management Team

Beth Keeney, Dr.PH, MBA, Chief Executive Officer
Misty Gilbert, LCSW, Chief Operating Officer
Nick Clark, Executive Vice President & Chief Financial Officer
Wanda Booker, BSN, Senior Vice President of Nursing
Meara Grannan, LCSW, Senior Vice President of the Metro Division
Joe Higgins, LCSW, Senior Vice President of the Eastern Division
Karen Jones, MBA, Senior Vice President for Human Resources & Administration
Stacy Moore-Nolan, LCSW, Senior Vice President of the Western Division
Lauren Perryman, LCSW, Senior Vice President of Recovery Services
Christian Rice, Senior Vice President of Information Technology & Chief Information Officer
Eric Vazel, MD, Senior Vice President for Medical Services and Chief Medical Officer
Chuck Anthony, MBA, Vice President of Residential Services
Kacie Chase, MBA, Vice President for Performance Improvement
Amanda Davis-Houchen, FNP, CARN-AP, CEN, Vice President of Community Health-Metro
Christine Grider, Vice President of Accounts Receivable
Eric Jaggars, MD, Vice President for Psychiatric Services
Marshall Lowery, Vice President of Facilities
Mary Roby, MSHR, Vice President of Human Resources for Western Division
Stephanie Taylor, Vice President of Business Services
Elizabeth Gregory, Executive Administrative Assistant

LifeSpring Foundation of Indiana Board of Trustees

Vern Eswine - Chair
Jennifer Cooper — Co-Vice Chair
Cheryl Seeders — Co-Vice Chair
J. Todd Frossard - Secretary
Nick Clark — Treasurer

Chris Bottorff
Dr. Travis Haire
Katie Morgan
Honorable Daniel Moore

Nicholas Stein, Esq.,
Julie Straight
Dr. Beth Keeney, Ex-Officio

Area Office Leadership

Chuck Anthony, MBA, Vice President of Residential Services
 Terri Backhems, LCSW, Washington County Clinical Manager
 Christina Beeler, LCSW, Perry/Spencer Clinical Manager
 Joe Blandford, LCSW, Director of Forensics Program
 Stacy Bishop, LCSW, Assistant Vice President of Recovery Campus
 Kayla Cannon, LCSW, Harrison County Assistant Clinical Manager
 Jessica Cooper, LCSW, EAP Manager
 Michelle Emmons, LCSW, Orange/Crawford Clinical Manager
 Kim Gessford, LCSW, Children and Family Services Clinical Manager
 Dustin Hawkins, LCSW, Assistant Vice President of Crisis Interventions
 Kayla Lynch, LCSW, Scott County Clinical Manager
 Shonita Flaminio, LCSW, Austin Clinical Manager

Tiffany Johnson, LCSW, Adult Behavioral Services Clinical Manager
 Emily McDarmont, LCSW, Jefferson County Clinical Manager
 Julie Mohamed, MBA, Assistant Vice President of Finance
 Becky Michael, LCSW, Jasper Clinical Manager
 Colleen Miller, LCSW, Floyd County Clinical Manager
 Keisha Norrington, LSW, Project 180 Clark Assistant Clinical Manager
 Cindy Pasinski Nichols, APRN-C, MSN —
 Director of Primary Care — Eastern Division
 Lauren Perryman, LCSW, Senior Vice President of Recovery Services
 Liz Stafford, Assistant Vice President of Development
 Alison Tempera, LCSW, Project 180 Floyd Clinical Manager
 Erin Weisman, M.D. — Director of Primary Care — Western Division

Services

Behavioral Health

- 24/7 crisis response
- Acute stabilization services
- Case management
- Home based services
- Individual & group therapy
- Peer Recovery Coaches
- Psychiatric & nursing services
- State hospitalization admission & transition services
- Semi-independent living services
- Supported group living
- Trauma focused services, including EMDR

Primary Care Services

- Preventative health care
- Routine screenings
- Well woman care
- Obstetric care
- Immunizations
- Infectious disease care
- Nutrition services
- Reproductive healthcare
- Chronic disease management
- Connection to affordable specialists & lab services
- Discounted Pharmaceutical Program

Addiction Treatment

- Medically supervised detoxification & residential services
- Outpatient group & individual therapy
- Gender specific groups
- Intensive outpatient therapy
- Adolescent substance use disorder treatment

Community Based Services

- Homeless outreach
- Mental Health First Aid training
- QPR Suicide Prevention training
- Employee Assistance Programs
- Forensics and Criminal Justice based programs
- School based services



Community health center staff prepare to open the mobile clinic at a community fair

Locations

LifeSpring Main Center & Administration

460 Spring Street
 Jeffersonville, IN 47130
 (812) 280-2080
 (800) 456-2117

LifeSpring Community Medical Services

1036 Sharon Drive
 Jeffersonville, IN 47130
 (812) 280-6606

LifeSpring Adult Integrated Medical Services

404 Spring Street
 Jeffersonville, IN 47130
 (812) 280-2080

Children & Family Services

460 Spring Street
 Jeffersonville, IN 47130
 (812) 280-2080

Turning Point Center

1060 Sharon Drive
 Jeffersonville, IN 47130
 (812) 283-7116

Floyd County Office

2820 Grant Line Rd.
 New Albany, IN 47150
 (812) 981-2594

Jasper Community Medical Services

480 Eversman Drive
 Jasper, IN 47546
 (812) 482-3020
 Including Western Division
 Mobile Health Services

English Office

523 N. Main Street
 English, IN 47118
 (812) 338-2756

New Albany Center

618 East Market Street
 New Albany, IN 47150
 (812) 280-2080

New Albany Community Medical Services

2604 Charlestown Rd.
 New Albany, IN 47150
 phone: 812-704-5095

Project 180 Floyd

618 East Market Street
 New Albany, IN 47150
 (812) 206-1500

Project 180 Clark

432 East Court Avenue
 Jeffersonville, IN 47130
 (812) 206-0012

LifeSpring O'Bannon Center (Harrison County Office)

535 Country Club Road
 Corydon, IN 47112
 (812) 738-2114

Jefferson County Office

1405 Bear Street
 Madison, IN 47250
 (812) 265-4513

Salem Community Medical Services

1321 Jackson Street
 Salem, IN 47167
 (812) 883-3095

Scott County Office

75 North 1st Street
 Scottsburg, IN 47170
 (812) 752-2837

Austin Medical Center

2277 W. Frontage Rd.
 Austin, IN 47102
 (812) 413-3605

Paoli Office

488 W. Hospital Rd.
 Paoli, IN 47454
 (812) 723-4301

Tell City Office

1443 Ninth Street
 Tell City, IN 47586
 (812) 547-7905

Rockport Office

818 Madison Street
 Rockport, IN 47635
 (812) 649-9168

School-Based Health Centers

New Albany High School
 Student Health Center

Salem Community Schools
 Student Health Center

Coming Soon

Charlestown Community
 Medical Services
 890 Main Street
 Charlestown, IN 47111

FOCUS

This year's annual report theme, Focus, highlights what the year 2021 brought for LifeSpring Health Systems - focusing on strengthening our programs, providing the COVID-19 vaccine to our communities, and moving into the future. As the pandemic continued to shift and change, LifeSpring maintained its steadfast commitment to providing access to the vaccine and testing kits, increasing health equity across our communities and expanding services in addiction treatment, behavioral health, and more. We are proud to bring you stories of how the focus on service provision in the midst of challenging times has made LifeSpring a stronger agency for the communities we serve.

New Community Health Center in Jasper

In the Fall of 2021, primary care services were added to our Jasper office. This office was designated as a Federally Qualified Health Center (FQHC) by the U.S. Department of Health and Human Services Health Resources and Services Administration. FQHC's provide comprehensive primary care services in medically underserved areas to all ages, regardless of ability to pay. The addition of primary care services allows us to provide a full integrated spectrum of care for our patients, with the combination of primary care and mental health services all in one location. Jasper Mayor, Dean Vonderheide, was in attendance to help with the ribbon cutting.



New Certified Community Behavioral Health Designation

In 2021, two LifeSpring offices were designated as Certified Community Behavioral Health Clinics (CCBHC), the Floyd and Harrison county offices. The CCBHC program designation comes from the Substance Abuse and Mental Health Services Administration (SAMHSA) through a competitive grant process. The CCBHC model works to ensure an integrated care approach that gets people into treatment quickly. CCBHC Program Manager, Candace Durham, says, "CCBHCs are changing lives in the communities we serve. It is about engaging vulnerable populations and connecting them to services they otherwise wouldn't have received."

The designation requires CCBHCs to provide a specific range of services, with an emphasis on 24/7 crisis support, evidence-based practices, care coordination, and integrated primary healthcare. Candace says, "CCBHCs are allowing us to put a major focus on mental health and substance use treatment options with coordination of primary care." The CCBHC model also places emphasis on tailored care for military service members and their families. Peer Support Specialists, individuals who have lived experience with mental health or substance use disorders, are utilized with patients to promote recovery and resiliency.

The CCBHC model is the future of community behavioral health. It is expected in the next few years that the state of Indiana will transition to a CCBHC model of care. LifeSpring is actively working to have other office locations designated as CCBHCs so we can continue to be a leader in the mental health field. With CCBHCs, Candace says, "our community is getting the help they need when they need it."

Health Equity Work

Two years ago, LifeSpring's Board of Directors issued a statement to address health inequality amongst those in our service area. Part of this included the establishment of the Healthcare Disparities Committee. The LifeSpring Health Systems Plan to Address Healthcare Disparities was identified as a strategic objective by the LifeSpring Board of Directors. Dr. Beth Keeney, Chief Executive Officer, explained that the Board of Directors directed the Executive Management Team to "develop and implement an annual plan to address some areas of greatest disparity in healthcare outcomes due to race," in an effort to decrease racial inequities in healthcare outcomes. In addition to the healthcare disparities committee, the Diversity and Equity (DEI) Committee was formed to address internal changes and service issues.

The first goal of The LifeSpring Health Systems Plan to Address Healthcare Disparities was to hire a full time staff person to manage and lead LifeSpring's work in the DEI arena. In August 2021, our Health Equity Program Manager, Bonifacio Aleman, was officially hired, joining the Population Health Department.

One of the first steps taken was the implementation of monthly diversity trainings where trained staff led employees through a series of thoughtful and intentional discussion surrounding diversity issues. Topics such as implicit bias, microaggressions and stereotypes were covered, and conversations were guided with the assistance of trained staff. These meetings created a foundation for the whole agency to address racial discrimination in the workplace and was an impetus for internal change.

The DEI and Health Disparities committee also organized several education projects, such as bringing in guest speakers to present about the impact of inequity in healthcare and implications for future practice and organizing department projects where staff could put together information displays about Juneteenth.

Finally, the Health Disparities committee has begun working towards eliminating bias in our Electronic Medical Record (EMR) system. A study from the University of Chicago showed that implicit bias often makes its way into the language used to describe individuals in EMR, even in subtle ways. "The presence of a negative word descriptor can bleed over into decreased quality of care for patients," according to Bonifacio Aleman, LifeSpring's Health Equity Program Manager. Bonifacio explained, "Using words such as 'non-compliant' and 'aggressive' are found more often in the records of black and brown patients." Bonifacio is working with LifeSpring's IT department to comb through all of our EMR to see the prevalence of these words in our own system with the goal of training staff to use neutral descriptors for patients.

Health equity is the most important aspect of measuring a community health center's success. Ensuring equal access and treatment for patients is a necessity, and LifeSpring is committed to working towards removing healthcare barriers for our community.



Intensive Outpatient Treatment Expansion

One aspect of treatment that LifeSpring focused on in 2021 was expanding our Intensive Outpatient Treatment program. Intensive Outpatient Treatment (IOT) is designed to be a community based program for a person who needs daily treatment for a substance use disorder. The overall goal of the program is to assist in substance use prevention in the community and to maintain sobriety in an outpatient setting. Patients are often referred to our program from a residential treatment facility or hospital or if they have experienced a relapse. Patients meet with other staff who assist on their treatment journeys, such as a therapist, nurse practitioner, psychiatrist or peer support staff. Peer support staff are LifeSpring staff members who are in active recovery, so they are able to bring their lived experience to help current patients navigate their treatment.

The IOT program began at the Integrated Treatment Center in Jeffersonville in 2020, and LifeSpring soon recognized the need in our other counties. In 2021, IOT was added at the Austin, Jasper and Madison offices and in 2022, LifeSpring plans to start the program at Perry and Spencer county offices. Lauren Perryman, LCSW, Senior Vice President of Recovery Services and Stacy Bishop, LCSW, Assistant Vice President of Recovery Services, explain the importance of expanding our footprint in this area, "The expansion has been a long time coming - this is something that all of us have identified as a priority across our counties".

Lauren and Stacy shared a story that speaks to how the program is building resiliency within our patients. One of LifeSpring's patients has been a resident of LifeSpring's Turning Point Center, our residential substance use treatment facility, numerous times. Each time, they would only stay for 24 hours and then leave. Staff spoke with the patient and recommended they try Intensive Outpatient Treatment. The patient has attended each session, remains sober, and is on track to secure housing. Lauren and Stacy add, "This speaks to the success of how we have thought about recovery and the continuum of care differently and making sure we get our people to the right level of care at the right time".



James McLaughlin, Peer Facilitator, coordinating an IOT session

Recovery Month

September is National Recovery Month, and in 2021, Lauren Perryman, LCSW, Senior Vice President of Recovery Services, wanted to “celebrate all of our clients and staff in recovery.” Lauren had seen a Faces of Recovery wall at another behavioral health organization and loved the idea. Lauren took the idea to her staff and the Development Department, and she explains that “We made a plan to inspire hope for those in recovery and acknowledge that they are walking alongside you every day. We sent out the email to staff to self identify for this project. We had nine people who said they wanted to be a part of it. We asked them to share their elevator pitch recovery story and have their picture taken, and this will be the start of a continuing Faces of Recovery for the wall at the Integrated Treatment Center on the recovery campus”.

The reaction to the staff’s stories being shared has been positive. Lauren explains “Patients have shared about their connection with those in the past and that it has inspired hope in them to see them doing well in their recovery” Stacy Bishop, LCSW, Assistant Vice President of Recovery Services, has had clients come in and ask if they could work with that specific person on the wall as their peer coach. Stacy had a LifeSpring staff member reach out to her and ask what they could do to be on the wall. Stacy said that “it has inspired some career development for those internally who wanted to look into becoming a peer support professional”. Both Lauren and Stacy said, “As staff who work here, it’s inspiring when you walk in to see that. When you read their stories and take in the things they have been through to get here, this keeps us going everyday.” The stories were also shared on social media and received a warm response from the community.



Juneteenth Maple Leaf Academy

Some of the best stories come from starting with “I was watching PBS...” and this is no different. In the spring of 2021, Stacy Bishop, Assistant Vice President of Recovery Services, was watching a documentary on PBS about the African American African Methodist Episcopal (AME) church community, and she was struck by its impact and legacy. LifeSpring had just designated Juneteenth to be a day of service, so Stacy found the oldest AME church in Clark County, Bethel AME, and contacted them about a partnership. Stacy was put into contact with Maple Leaf Academy, which is a program of Bethel AME. Maple Leaf is an “innovative STEAM (science, technology, engineering, arts, and math) academy and early childhood education program serving infants, toddlers, and preschoolers from six weeks to five years of age.”

Maple Leaf Academy staff and Stacy worked together to come up with a project that would be helpful for the students. Part of STEAM is a focus on mental health, and the staff at Maple Leaf had been wanting to put in a sensory garden that included wind chimes and raised garden beds to allow students the opportunity to have a calming and meditative space. Stacy received a grant from the LifeSpring Foundation of Indiana to pay for the wind chimes, and LifeSpring staff built the raised garden beds and planted seeds, while also helping out with childcare. The experience was very rewarding for LifeSpring and Maple Leaf Academy staff. Stacy shares that “we know that we do good work independently, but this was an opportunity to work as a team to do good work. We would love to do this again - not only was it a great way to improve our team’s morale, we worked as a team to create a therapeutic space for the staff and children at the Academy.” Maple Leaf staff quoted one of the kids in the program as saying that the sensory garden was “so beautiful”, and kids drew pictures of the garden and sent them to LifeSpring as a thank you.

Stacy and staff at LifeSpring look forward to continuing the Juneteenth Day of Service in the years to come.



Vaccination Efforts

Efforts to vaccinate our community have been a large part of LifeSpring's response to the COVID-19 pandemic. High rates of vaccination are important to reduce the spread of the virus and build up community immunity. Vaccination clinics were held throughout LifeSpring's catchment area at locations such as homeless shelters, churches, and housing authority complexes to ensure vaccines were accessible for everyone. Vice President of Community Health - Metro, Amanda Davis-Houchen, says, "LifeSpring made sure everyone had fair, equitable access to vaccination. From vaccinating those with a substance abuse disorder on admission to treatment to vaccinating the unhoused in our community shelter to minority places of worship. We took vaccinations to the people."

To increase community participation in vaccination efforts, we felt it was important to ensure the public had access to correct information and the opportunity to ask questions of a medical professional. LifeSpring Chief Medical Officer, Dr. Eric Yazel, held several virtual community conversations to allow individuals to ask questions about vaccine efficacy, the development of the vaccines, and what to expect related to side effects. These sessions were able to correct some of the misinformation floating around and allowed for a dialogue with Dr. Yazel, who was seen by many in the community as a reassuring and calm voice of reason throughout the pandemic.

Within LifeSpring, employees were encouraged to get vaccinated by offering free "I'm Vaccinated!" shirts and badge stickers. Staff members were encouraged to take pictures of themselves sharing why they chose to be vaccinated. These efforts helped keep staff, their families and the community at large safe from the numerous COVID-19 variants that developed in 2021.



Staff at the Jasper office stand united with their "I'm vaccinated" shirts.

New Partnership: Project CARE

A partnership between LifeSpring and the Jeffersonville Police Department began in early 2021 through grant funding from the U.S. Department of Justice's Comprehensive Opioid, Stimulant, and Substance Abuse Site-based program. The funding will last for three years and provides training for police officers and funds to hire social workers and peer recovery specialists to work alongside officers responding to calls related to substance use. The program, Project CARE (Collaborative Access to Recovery Engagement), is modeled off a successful Quick Response Team in Huntington, West Virginia. Program Manager, Kelsey Christian, says, "Our goal is to decrease the number of overdose fatalities we see in our community through harm reduction strategies."

The response team provides support to individuals within 24 to 72 hours following an overdose. This is considered the "recovery window," a time when individuals with a substance use disorder are thought to be more open to accepting help. Program founder, Denise Poukish, now retired Senior VP of Forensic Services, said, "Being able to respond pretty quickly after someone has had an overdose and the utilization of a peer ... who has had their own lived experience and can relate really well to where that person is at has been part of the real success of this." The Project CARE initiative links individuals to treatment right at their doorstep, turning a crisis into an opportunity.

Since the implementation of the team, contact has been made with 129 individuals in Clark County, with 60% of individuals agreeing to be connected to care. Kelsey says, "These achievements would have been impossible without the partnership of the Jeffersonville Police Department and the willingness of the officers to help individuals in our community with Substance Use Disorder. Officers have been very committed to making our program a success."



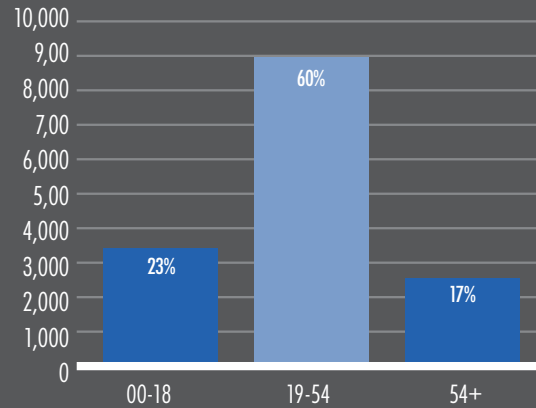
Patient Data

Patients by Service Location

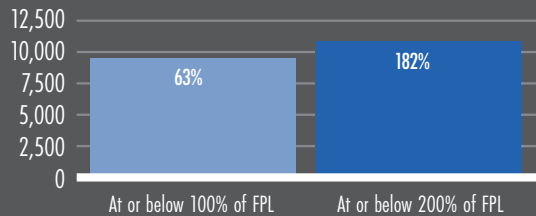
SERVICE COUNTY	PATIENTS SEEN
Clark	7,427
Crawford	458
Dubois	1,545
Floyd	2,005
Harrison	822
Jefferson	810
Orange	868
Perry	776
Scott	1,352
Spencer	346
Washington	2,101
Mobile Clinic	48
Unknown	15
TOTAL	18,573*
unduplicated number of patients	14,740

*This number includes patients who are seen more than once at different locations.

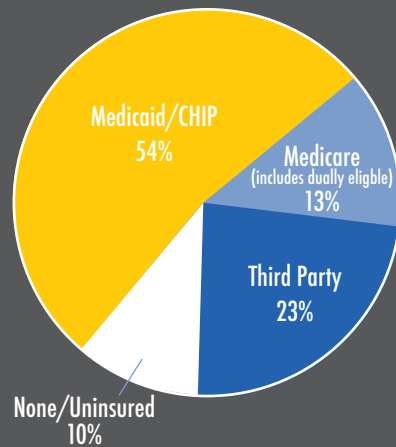
Patients by Age



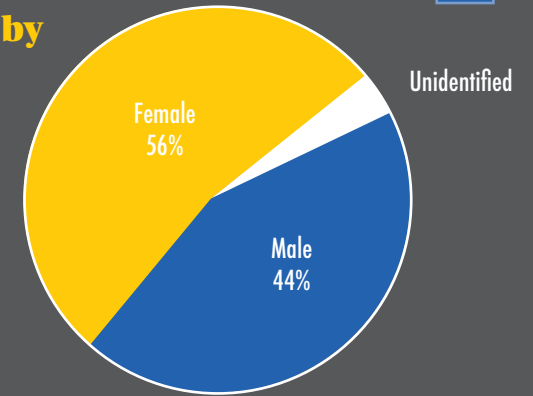
Income Status



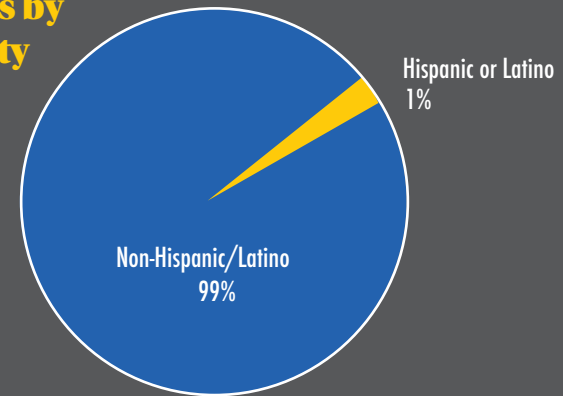
Insurance



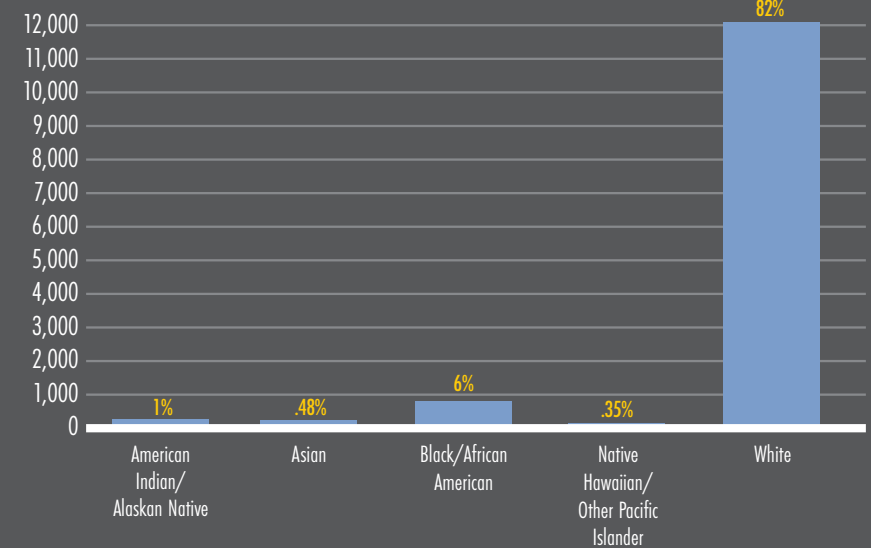
Patients by Gender



Patients by Ethnicity



Patients by Race



LifeSpring Health Systems Financials *as of 6/30/2021*

Statement of Financial Position

ASSETS

Current Assets	2021
Cash and cash equivalents	\$11,577,817
Residential patient funds	267,435,290,581
Patient accounts receivable, net of allowance for doubtful accounts	676,928
Medicaid Health Funds Recovery Program	1,022,416
Other receivables	1,959,973
Other current assets	1,048,086
Total current assets	16,552,655
Property, plant and equipment, net	14,494,545
Investments	3,274,940
Total assets	34,322,140

LIABILITIES AND NET ASSETS

Current liabilities

Current portion of long-term debt	\$5,138,975
Accounts payable, refundable advances, and other accrued liabilities	358,743
Accrued wages, benefits and related withholdings	3,977,738
Estimated third-party settlements	295,389
Due to residential patients	267,435
Total current liabilities	10,038,280

Long-term debt

Total liabilities	10,711,124
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Net assets without donor restrictions

Total liabilities and net assets	34,322,140
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LifeSpring Health Systems Financials *as of 6/30/2021*

Statements of Activities and Changes in Net Assets

Revenues, support and gains without donor restrictions	2021
Net patient service revenue	\$21,012,795
Federal, state and county grant revenue	9,741,270
County appropriations	2,621,168
Gain on disposal of assets	19,625
Other grant and miscellaneous revenue	3,027,286
340B program revenue, net	3,417,498
Investment income, net	642,806
Total revenues, support and gains without donor restrictions	40,482,448
Expenses	
Salaries and wages	23,250,038
Employee benefits	5,791,943
Building and equipment	2,348,344
Purchased services	914,389
Travel and transportation	305,236
Office expenses	1,405,375
Depreciation	906,0377
Interest	42,215
Other	511,632
Total expenses	35,475,209
Change in net assets	5,007,239
Net assets without donor restrictions	
Beginning of year	18,603,777
End of year	23,611,016

2021 Donations to LifeSpring Foundation of Indiana by Fund Description



FUND DESCRIPTION	AMOUNT RECEIVED (CALENDAR YEAR 2021)
Substance Use Treatment	\$1,902.25
Adult Behavioral Services	\$1,571.44
Boots and Bling Gala	\$15,950.00
Children and Family Services	\$2,809.99
Client Resource/Activity Centers	\$1,915.81
Community Outreach	\$500.00
Discretion of Foundation	\$30,426.85
Forensics/Project 180	\$505.00
Giving Tuesday Raffle	\$7,702.00
Homeless/Housing/PATH	\$1,733.98
In Honor of / In Memory of	\$490.00
Primary Care/Medical Services	\$1,245.57
Residential Group Homes	\$564.02
Scholarship Fund	\$120.50
Tacos and Trivia	\$21,662.00
TOTAL CASH DONATION AMOUNT	\$89,099.41
IN-KIND DONATIONS	VALUE OF CONTRIBUTIONS (CALENDAR YEAR 2021)
Tacos and Trivia, Community Events	\$8004.01

LifeSpring Health Systems Grant Funders 2021

CEASe of Scott County
 Clark County Youth Coalition
 Community Foundation of Crawford County
 Indiana Department of Child Services
 Indiana Division of Mental Health and Addiction
 Indiana Family and Social Services Agency
 Dubois County Community Foundation
 Dubois County Substance Abuse Council
 Duke Energy Foundation
 Hazel and Walter T. Bales Foundation, Inc
 Indiana Department of Health
 Indiana Department of Transportation/
 U.S. Department of Transportation
 Orange County Families in Action
 Orange County Community Foundation
 Substance Abuse and Mental Health Administration
 U.S. Department of Health and Human Services
 U.S. Department of Housing and Urban Development
 U.S. Department of Justice
 U.S. Health Resources and Services Administration
 Washington County Community Foundation
 WHAS Crusade for Children



Washington County Community
 Foundation provided coping bags to
 students who participate in group
 sessions where they learn how to
 handle stressful situations, such as
 going back to school and COVID-19.

2021 LifeSpring Foundation of Indiana Awarded Grants

DATE APPROVED	STAFF REQUESTING GRANT	GRANT NAME	AMOUNT
3/12/21	Emily Lynch	Activities for a Year Client Resource Center	\$3,900.00
3/12/21	Natalie Dubon	Organizational Bins Jasper Client Activity Center	\$160.00
4/9/21	Lauren Perryman	AA and NA Big Books	\$500.00
4/9/21	Melissa Ryan	FQHC Power Account Payments	\$2,500.00
4/22/21	Jonathan Hernandez	Green Valley PTO T-shirts for Field Day	\$2,000.00
5/9/21	Natalie Dubon	CAC Jasper Yearly Activities	\$2,470.00
5/9/21	Calle Janson	Austin Office Beautification Project	\$389.99
5/9/21	Emily McDarment	Fit for Life Jefferson County	\$800.00
5/9/21	Brittany Bidwell	Water Chimes for Maple Leaf Academy	\$100.00
5/9/21	Scholarship & essay contest - 11 (\$500), 5 (\$100), 5 (\$25 Amazon gift cards)	High School senior, 8th graders and referring teachers	\$6,125.00
6/25/21	Janelle Byrd	Benjamin Rush Gas Grill and Propane Tank	\$217.82
8/12/21	Amber Linne	EMDR Equipment for Jasper therapists	\$1,766.70
8/12/21	Cathy Walker	IOT contingency management for Jefferson Co	\$470.00
8/12/21	Kayla Hardin	Scott County State Park Passes	\$200.00
8/12/21	Jennifer Davis	New Albany High School Staff Breakfast	\$478.48
8/12/21	Jennifer Davis	New Albany High School Snacks for Therapy Program	\$510.81
9/1/21	Terri Backherms	Recovery Stand Down Volunteer T-shirts	\$565.00
9/10/21	Rebecca Barron	TPC Contingency Management Grant	\$1,500.00
9/10/21	Cathy Walker	IOT Self Pay/Commercial Insurance Jefferson Co	\$720.00
9/10/21	Leslie Storckman	CRC Perry/Spencer County Start Up Funds	\$1,250.00
10/8/21	Jessica Floyd	Permanent Supportive Housing Furnishings	\$4,000.00
11/12/21	Jonathan Hernandez	Green Valley Elementary Field Day T-shirts	\$2,000.00
11/12/21	Jonathan Hernandez	Green Valley Elementary Clothes Closet	\$1,000.00
11/12/21	Emily Klock	CARESS Boxes	\$200.00
11/12/21	Christina Cuthbert	Craft Supplies for Austin Office	\$118.29
11/12/21	Donna Bartel	Clark County Forensics Graduation Books	\$500.00
11/12/21	Jennifer Davis	New Albany High School Christmas Food Baskets	\$1,500.00
11/12/21	Robin Elder	Forensics Program Mindfulness X Program	\$1,150.00
12/10/21	Kayla Hardin	Scott County EMDR Theraptappers	\$230.00
12/10/21	Debbi Bailey	Scott County Brain Bullies Creative Therapy	\$95.00
12/10/21	Bonifacio Aleman	Healthy en la Casa y en la Escuela thermometers	\$1,312.60

TOTAL AMOUNT APPROVED \$38,729.69

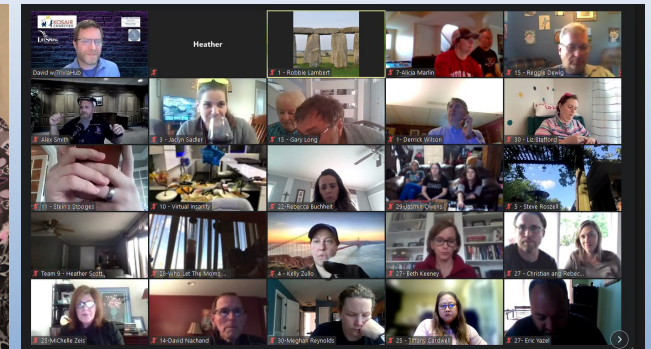
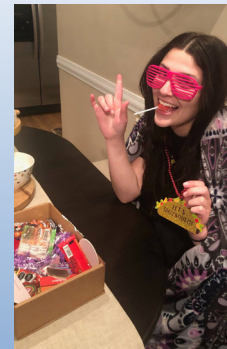
Tacos & TRIVIA

The Virtual One!

Many organizations faced challenges in 2021 in terms of how to safely organize fundraisers, and the LifeSpring Foundation of Indiana was no different. Due to COVID 19 we could not host in person events safely, so the Board of Trustees decided to host our the LifeSpring Foundation's first ever virtual event for the 10th annual Tacos and Trivia presented by Kosair Charities. Our

team had to get creative to make sure the event would work in a virtual setting, and it was a smashing success! Tacos and Trivia raised over \$18,000, making this year's event the most successful.

We partnered with TriviaHub and held the event over Zoom. Participants came together from the comfort of their homes to vie for the coveted title of Titans of Trivia with "We're Just Guessing" from Vulnerable Adult Care Advocates taking home the trophy! Instead of a table decoration/costume contest, we held a "best team name" contest. The team from Momentum Title Agency named "I Thought This Was Speed Dating" was voted best team name. New this year was the addition of party packs — guests had the option to purchase a taco dinner generously provided by Chuy's Mexican Restaurant, which came with a party pack filled with photo props, candy, coupons for free items, and swag from local businesses. Guests could also purchase a margarita bundle and take home the ingredients to make Chuy's house margarita. Huge thank you to everyone who attended the LifeSpring Foundation's first virtual event and made it so successful!



Tacos & TRIVIA

The Virtual One!

Thank you to our
2021 sponsors!

Presented by



CLARK MEMORIAL
HEALTH

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State Representative
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Indiana House of
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For questions or concerns, please contact Liz Stafford, Assistant Vice President of Development, at 812-206-1361.



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