

LifeSpring has offices in 11 counties across southern Indiana: Clark, Crawford, Dubois, Floyd, Harrison, Jefferson, Orange, Perry, Scott, Spencer, and Washington counties.



**LifeSpring is proud to be certified as a
Star Behavioral Health Provider**



**STAR BEHAVIORAL
HEALTH PROVIDERS**

Civilian Professionals. Military Sensitivity.



(812) 280-2080

(800) 456-2117

www.lifespringhealthsystems.org

LifeSpring is a non-profit corporation certified by the Indiana Division of Mental Health and Addiction and accredited by the Joint Commission on Accreditation of Healthcare Organizations



**Services for Service
Members, Veterans,
and Their Families**

Service members, veterans, and their families make sacrifices for all of us. LifeSpring Health Systems recognizes that military life, especially deployments or mobilizations, present unique challenges and difficulties specific to military-connected individuals. Because of this, LifeSpring staff members receive specialized training related to military culture and evidence-based treatments that are shown to work with military-connected individuals.



Our professional providers are psychiatrists, psychologists, licensed clinical social workers, nurses, counselors, care managers, peer support coaches, technicians, and support personnel. Our goal is to provide the least restrictive, most supportive services to our clients.

Our clinicians can help with a variety of concerns, including, but not limited to:

- Depression
- Anxiety
- Post-Traumatic Stress Disorder (PTSD)
- Substance Use
- Bipolar Disorder
- Suicidal Thoughts
- Behavioral Concerns in Children
- Anger Issues
- Sleep Problems

Staff are trained to understand the differences between military and civilian life, as well as the impact deployment has on families. This knowledge is applied to a variety of treatment modalities, such as Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR), etc. to tailor treatment to your specific needs. Following an assessment, a clinician will work with you to develop a service plan specific to your needs and goals.

Services Offered:

Individual Therapy
Group Therapy
Family Therapy
Case Management
Medication Services
Intensive Outpatient Treatment
Detoxification
Residential Treatment



LifeSpring accepts all Tri policies, in addition to Medicaid, Medicare, private insurance, and self-pay