2012 Supporting our Communities
Dear Friends of LifeSpring,

Despite the challenge of a slowly recovering economy, Fiscal Year 2012-2013 looks to be one of growth and expansion for the center. Sarkisian House, a community residential treatment facility for people with severe and persistent mental illness, reopened this year with new funding from The Indiana Division of Mental Health and Addictions. LifeSpring is also looking to expand its services to veterans and their families by becoming a member of the Indiana Veterans Behavioral HealthCare Network this year.

This year also marks the first class of the LifeSpring Leadership Academy. Twenty staff members have completed all the prerequisite training and are now participating in quarterly leadership roundtable sessions lead by LifeSpring executive staff members.

LifeSpring has also made great strides in improving its digital infrastructure by moving to a virtual desktop environment and plans to beta test the application of tablet technology in a clinical setting this year.

The center is cautiously optimistic that the expansion of the Medicaid program under the federal Affordable Care Act will allow the center to provide a full array of behavioral health services to people who previously could not afford it and did not qualify for any type of subsidy in the past.

Finally, LifeSpring and its board’s commitment to improving the quality of life for our clients has led to a commitment of providing quality integrated primary and behavioral healthcare. The center has begun participation in a learning community with the National Council for Behavioral Healthcare that we believe will lead to the center’s certification as a Federally Qualified Health Center- Look Alike in the near future.

I would personally like to thank all of our board members and staff for all of their hard work and unflinching dedication to the clients we serve.

Sincerely,

Terry L. Stawar, Ed.D.
President/CEO
Dear Friends of LifeSpring Foundation,

2012 was a good year for the LifeSpring Foundation. We were able to add two new members to the Board of Trustees, Doug England and Allen Howie. They, along with their fellow Trustees, have been a joy to work with and we have melded into a good team.

The Circle of Life Celebration was a success with Dale Moss as our Guest Speaker, who regaled us with many stories from his days as a newspaper column writer. Our raffle of a new iPad3 seemed to take on a life of its own as we neared the drawing. Boyd Wright, of Financial Wealth Management, was the winner. Once again, Famous Dave’s provided us with a BBQ buffet that was delicious and the Ft. Hill Band played during dinner and the traditional live and silent auctions were lively.

As mentioned in our letter in last year’s Annual Report, we added another fundraiser to the year. We called it simply, “Trivia Night”. We all enjoyed the evening, with the framers of the event learning a couple of valuable lessons, which will be implemented in the upcoming event. Congratulations to the winners of that fun-filled event.

We are still looking for interested individuals who would like to invest a little time in their community by working with the Foundation as a volunteer, or who would like to learn more about mental illness and LifeSpring’s efforts to help people through their battle with mental illness.

All in all, 2012 was a good year during which we were able to streamline the fundraising events and enjoy ourselves, as did our guests. We look forward to next year and the opportunities and challenges that we will face at that time. We hope you will be able to join us. As always, we thank you for your support both financially and by participating in our activities.

Thank you,

Steve Shetter
Executive Director
LifeSpring Foundation of Indiana
Leadership

Board of Directors
David Fowler, Chairman
Katherine Danner, Chair-Elect
Jan Vetrhus, Secretary
Rebecca Marshall

Sam Eckart, Treasurer
Pam Clover
Nick Stein, Foundation Ex-Officio
Chad Lewis
Jack Vissing
Larry Medlock
Judy Steedly
Lisa Tetrick

LifeSpring’s Executive Management Team
Terry L. Stawar, Ed.D., President/CEO
Nick Clark, Executive Vice President and Chief Financial Officer
Greg Duncan, LCSW, Senior Vice President for Performance Improvement
Karen Jones, MBA, Senior Vice President of Human Resources and Administration
Jana Kixmiller, LCSW, Senior Vice President of Clinical Services for Clark and Floyd Counties
Marta Myszak, LCSW, Senior Vice President of Clinical Services for Area Counties
Wanda Booker, BSN, Vice President of Nursing
Asad Ismail, MD, Vice President of Medical Services
Beth Keeney, MBA, Vice President of Development and Grants
Christian Rice, Vice President of Information Technology and Chief Information Officer
Christine Grider, Director of Accounts Receivable
Stephanie Taylor, Director of Business Services
Marshall Lowery, Facilities Director
Connie Chenault, Executive Assistant

Misty Scott, LCSW, Floyd County Clinical Manager
Joe Higgins, LCSW, Harrison County Clinical Manager
Marta Myszak, LCSW, Washington County Clinical Manager
Scott Phillips, LCSW, Scott County Clinical Manager
April Frieske, LCSW, Jefferson County Clinical Manager

Foundation Staff
Mr. Steve Shetter, Executive Director
Ms. Rose Turnbow, Development Assistant

Area Office Leadership
Sam Eckart, Treasurer
Nick Stein, Foundation Ex-Officio
Judge Carlton Sanders (ret.), Secretary
Nick Clark, Ex-Officio
Shane Gibson, Treasurer
Jack Vissing
Terry L. Stawar, Ed.D., Ex-Officio
Steve Shetter, Ex-Officio
Doug England
Allen Howie

Grant Funds Generously Provided By:
United States Department of Housing and Urban Development
CEASe of Scott County
Jefferson County CASA
Community Foundation of Southern Indiana
Clark County Youth Coalition
Indiana Division of Mental Health and Addictions
Jeffersonville Fraternal Order of Police Lodge #100
Indiana Council on Problem Gambling
WHAS 11 Crusade for Children
**Leadership**

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- Pam Clover
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- Larry Medlock
- Lisa Tetrick

**LifeSpring Foundation Board of Trustees**
- Nick Stein, President
- Judy Steedly, Vice-President
- Judge Carlton Sanders (ret.), Secretary
- Nick Clark, Ex-Officio
- Shane Gibson, Treasurer
- Jack Vissing
- Terry L. Stawar, Ed.D., Ex-Officio
- Steve Shetter, Ex-Officio
- Doug England
- Allen Howie

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- WHAS 11 Crusade for Children
April Frieske, LCSW

April Frieske came to work at LifeSpring in August of 2000, to work as a therapist in the newly reopened Jefferson County office. She is a graduate of Western Kentucky University, having earned a Master's Degree in Clinical Psychology. In August of 2012, she was named Clinical Manager of the Jefferson County office. Prior to that, April focused most of her energy on working with the seriously mentally ill, which she describes as her passion. April lives in Madison, where she is active in the community, currently serving in her 5th year as President of the United Way Board in Jefferson Co. She has 2 children, ages 7 and 10, and enjoys photography and creating movie trailers in her spare time.

Marshall Lowery

Marshall Lowery has been with LifeSpring since 2004 and serves as the Director of Facilities. Marshall leads a shared services department consisting of plant operations, security, safety, housekeeping, and transportation for twelve buildings in a six county region.

A native of Kentucky, Marshall is a member of the Executive Management Team. He is also a licensed real estate agent. Prior to joining LifeSpring, Marshall held positions in the area of leadership, janitorial services, environmental services, hospital management, and roofing/construction ownership.

Through his open, honest, and loyal approach, Marshall has led the organization through contract negotiations, acquisition of buildings, construction of new buildings, and inclement weather events all while maintaining state and local requirements.

LifeSpring’s mission is “to improve and sustain the quality of life in our communities by providing comprehensive behavioral health, addiction, and related services.”
**Susan Jenkins**

Susan Jenkins started working for LifeSpring on June 26, 1991, but June 27 is probably a more memorable day for her. On her 2nd day of work at the Washington County front desk, a call came in from local police stating that a woman in the waiting room "probably had a gun" in her purse. The most amazing thing about that day was not how fast she could hit the floor, but that she actually came back the next day, and she has been coming back for 22 years. She has been the Office Manager for 20 of those years, and gives a whole new meaning to the word “efficient”. She is an avid Purdue fan (thanks to her son, a recent Pharmacy graduate), an expert quilter, and she and her husband raise miniature goats and sheep.

**Dorothy Hickerson, MSW**

Dorothy Hickerson is the Clinical Manager for Children’s Community Based Services at LifeSpring. Dorothy oversees the Home Based Services Program and the Children’s Care Managers in Clark County. Dorothy has been with LifeSpring since March 2012. Prior to that, she worked at the Clark County Youth Shelter in Jeffersonville for three years as the Residential Director/Counselor. Dorothy has worked with children since 1992 and has a great deal of experience with juvenile justice and the Department of Child Services. Currently, Dorothy represents LifeSpring on the Clark County Absence Review Panel, Department of Child Services Child Fatality Review Committee and facilitates the Clark County Systems of Care Governance Board. In her spare time, Dorothy enjoys reading and watching baseball.

**Our values are, “It is our privilege to serve, with the highest quality of care, in a professional and fiscally responsible manner.”**
It is our belief that promoting from within the organization for managerial positions is a win-win proposition for LifeSpring and for staff members. By enrolling in the Leadership Academy, staff better their skills and express their interest in new challenges and in exploring management opportunities. This is a first step in becoming a more well-rounded employee and taking a leadership role within the agency!

Leadership Academy

LifeSpring’s Leadership Academy began this year with 20 staff members completing ten online courses in leadership and management. Courses included topics such as Supervision and Leadership, Effective Communication in the Workplace, Work-Life Balance and Managing Teams. Participants also attended roundtable discussions presented by LifeSpring’s executive team in financial management, performance improvement and strategic planning, human resources management and development and grant management.
**Integrated Care**

In the past few years, multiple research studies have shown that seriously mentally ill individuals die 25 years faster than their non-mentally ill counterparts. The reasons for this increase in mortality are due largely to modifiable and preventable factors—such as obesity and tobacco use. It is imperative to plan for the future and figure out how to best serve our clients. Starting in Summer 2013, LifeSpring will begin providing primary healthcare services to some of our seriously mentally ill clients. The goal is to provide a seamless continuum of services to our clients, centered on effective communication and collaboration between disciplines. We anticipate both positive behavioral health and physical health outcomes for clients.

**Assertive Community Treatment Team**

After a competitive process, LifeSpring was awarded a grant to continue operation of the Assertive Community Treatment (ACT) team. This program was previously awarded the esteemed SAMHSA Science and Service Award. The ACT program is an evidence based practice, meaning that research has shown that when the program is operated as directed, there are positive outcomes for participants.

The Assertive Community Treatment Program (ACT) at LifeSpring is designed to support and address the needs of the seriously mentally ill by minimizing and eliminating need for hospitalization through the provision of wraparound services to assist clients in learning skills for functioning in the community. The ACT Program works directly with improving quality of life issues with clients in the program, including housing issues, criminal justice involvement, physical health concerns, etc. Through the identification and program placement of seriously mentally ill clients who have the potential to respond to treatment, the ACT Program utilizes the strengths of the community to address the needs of the individual, and has been able to reduce costly hospitalizations.
Hand in Hand, We Will Rebuild

Following the devastating tornadoes of March 2, 2012 LifeSpring quickly responded to the needs of the community. Therapists were on the ground visiting the affected areas and offering support and resources starting the day after the storm. Free treatment sessions were also offered to those suffering from tornado-related trauma. LifeSpring disseminated trauma related materials to schools and community groups. These materials helped families decide how to navigate the difficult emotions associated with trauma.
Sarkisian House Reopening

After a competitive process, LifeSpring received a grant from the Division of Mental Health and Addictions to reopen Sarkisian House, an eight bed facility in the heart of historic New Albany. Sarkisian House serves seriously mentally ill men who are being diverted from the state hospitals, or those who are transitioning back into their community from the state hospitals. These men often have physical health needs in addition to their behavioral health needs. LifeSpring has a nurse that works closely with clients to address these issues and assist them to long-term stabilization.

LifeSpring quickly became involved with the creation of the long-term recovery group, March2Recovery. This group was formed to offer volunteers, provide support and resources, and generally manage the recovery efforts in the affected communities on an on-going basis. LifeSpring stepped up to serve on the Spiritual and Emotional Recovery Committee, which focuses on making sure support is offered in ways beyond the tangible needs of rebuilding. LifeSpring remains committed to the rebuilding process in our communities.

As a result of the disaster, LifeSpring formed a Mental Health Disaster Response Team to respond to future disasters affecting the local area. This team is comprised of a number of LifeSpring staff members, including President/CEO Dr. Terry Stawar, and other mental health professionals in the area.

Whatever the crisis, LifeSpring is here.
County of Residence

- Clark County: 2,353
- Kentucky residents: 24
- Other: 206
- Washington County: 655
- Scott County: 808
- Jefferson County: 352
- Harrison County: 580
- Floyd County: 1,356

County of Service

- Washington County: 680
- Clark County: 4,781
- Scott County: 872
- Jefferson County: 389
- Harrison County: 513
- Floyd County: 1,186

Total Clients Served 2012: 8,421

Demographics

- Caucasian: 90%
- African American: 6%
- Hispanic/Latino: 4%
- American Indian/Alaskan Native: <1%
- Asian/Pacific Islander: <1%
### County of Residence
- **Clark County**: 2,353
- **Kentucky residents**: 24
- **Other**: 206

### County of Service
- **Clark County**: 4,781
- **Floyd County**: 1,356
- **Harrison County**: 580
- **Jefferson County**: 352
- **Washington County**: 655
- **Scott County**: 808

### Demographics

#### Age
- **0-18**: 1482
- **19-35**: 1896
- **36-54**: 2074
- **55-70**: 874
- **71+**: 123

#### Caucasian
- **90%**

#### African American
- **6%**

#### Hispanic/Latino
- **4%**

#### American Indian/Alaskan Native
- **<1%**

#### Asian/Pacific Islander
- **<1%**
### Statement of Financial Position

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets</strong></td>
<td></td>
</tr>
<tr>
<td>Current Assets</td>
<td></td>
</tr>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$3,841,043 (26%)</td>
</tr>
<tr>
<td>Residential Patient Funds</td>
<td>129,782 (1%)</td>
</tr>
<tr>
<td>Patient Accounts Receivable, net of allowance for doubtful accounts of $441,599 in 2012</td>
<td>865,860 (6%)</td>
</tr>
<tr>
<td>Other Receivables</td>
<td>1,171,957 (8%)</td>
</tr>
<tr>
<td>Other Current Assets</td>
<td>215,067 (1%)</td>
</tr>
<tr>
<td>Total Current Assets</td>
<td>6,223,709 (1%)</td>
</tr>
<tr>
<td>Property, Plant and Equipment, net</td>
<td>8,480,737 (58%)</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>$14,704,446 (100%)</td>
</tr>
<tr>
<td><strong>Liabilities and Net Assets</strong></td>
<td></td>
</tr>
<tr>
<td>Current Liabilities</td>
<td></td>
</tr>
<tr>
<td>Current Portion of Long-Term Debt</td>
<td>$298,297 (2%)</td>
</tr>
<tr>
<td>Accounts Payable and Other Accrued Liabilities</td>
<td>200,880 (1%)</td>
</tr>
<tr>
<td>Accrued Wages, Benefits and Related Withholdings</td>
<td>989,741 (7%)</td>
</tr>
<tr>
<td>Estimated Third-Party Settlements</td>
<td>182,183 (1%)</td>
</tr>
<tr>
<td>Due to Residential Patients</td>
<td>129,782 (1%)</td>
</tr>
<tr>
<td>Total Current Liabilities</td>
<td>1,800,883 (1%)</td>
</tr>
<tr>
<td>Long-Term Debt</td>
<td>3,627,795 (25%)</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td>5,428,678</td>
</tr>
<tr>
<td>Unrestricted Net Assets</td>
<td>9,275,768 (63%)</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$14,704,446 (100%)</td>
</tr>
</tbody>
</table>
## Statement of Activities and Changes in Net Assets

### Unrestricted Revenues, Support and Gains

<table>
<thead>
<tr>
<th>Description</th>
<th>2012</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Service Revenue, net</td>
<td>$7,102,630</td>
<td></td>
</tr>
<tr>
<td>Provisions for bad debts</td>
<td>290,434</td>
<td></td>
</tr>
<tr>
<td><strong>Net patient services revenue less provision</strong></td>
<td>6,812,196</td>
<td>46%</td>
</tr>
<tr>
<td>for bad debt</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Federal and State Grant Revenue</td>
<td>4,896,172</td>
<td>33%</td>
</tr>
<tr>
<td>County Appropriations</td>
<td>1,294,118</td>
<td>9%</td>
</tr>
<tr>
<td>Gain on Disposal Assets</td>
<td>15,982</td>
<td>0%</td>
</tr>
<tr>
<td>Other Grant and Miscellaneous Revenue</td>
<td>1,914,848</td>
<td>13%</td>
</tr>
<tr>
<td><strong>Total Unrestricted Revenues, Support and Gains</strong></td>
<td>14,933,316</td>
<td>100%</td>
</tr>
</tbody>
</table>

### Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>2012</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries and Wages</td>
<td>9,880,536</td>
<td>67%</td>
</tr>
<tr>
<td>Employee Benefits</td>
<td>1,554,164</td>
<td>10%</td>
</tr>
<tr>
<td>Building and Equipment</td>
<td>874,681</td>
<td>6%</td>
</tr>
<tr>
<td>Purchased Services</td>
<td>445,843</td>
<td>3%</td>
</tr>
<tr>
<td>Travel and Transportation</td>
<td>201,547</td>
<td>1%</td>
</tr>
<tr>
<td>General and Administrative</td>
<td>914,223</td>
<td>6%</td>
</tr>
<tr>
<td>Depreciation</td>
<td>513,150</td>
<td>3%</td>
</tr>
<tr>
<td>Interest</td>
<td>153,826</td>
<td>1%</td>
</tr>
<tr>
<td>Other</td>
<td>285,578</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$14,823,548</td>
<td>100%</td>
</tr>
</tbody>
</table>

**Change in Net Assets**

$109,768.00

### Unrestricted net assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginning of Year</td>
<td>9,166,000</td>
<td></td>
</tr>
<tr>
<td>End of Year</td>
<td>$9,275,768</td>
<td></td>
</tr>
</tbody>
</table>

### Expense Breakdown

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programs &amp; Services</td>
<td>$13,909,325</td>
<td>94%</td>
</tr>
<tr>
<td>General &amp; Administration</td>
<td>$914,223</td>
<td>6%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$0.00</td>
<td>0%</td>
</tr>
</tbody>
</table>
LifeSpring Main Center
460 Spring Street
Jeffersonville, IN 47130
(812) 280-2080
(800) 456-2117

Adult Behavioral Services
404 Spring Street
Jeffersonville, IN 47130
(812) 280-2080

Children & Families Services
460 Spring Street
Jeffersonville, IN 47130
(812) 206-1416

Turning Point Center
1060 Sharon Drive
Jeffersonville, IN 47130
(812) 283-7116

Integrated Treatment Center
1036 Sharon Drive
Jeffersonville, IN 47130
(812) 280-6606

Floyd County Office
2820 Grant Line Rd. #10
New Albany, IN 47150
(812) 981-2594

New Albany Center
618 East Market Street
New Albany, IN 47150
(812) 280-2080

LifeSpring O’Bannon Center
535 Country Club Road SE
Corydon, IN 47112
(812) 738-2114

Jefferson County Office
1405 Bear Street
Madison, IN 47250
(812) 265-4513

Washington County Office
1321 Jackson Street
Salem, IN 47167
(812) 883-3095

Scott County Office
75 North 1st Street
Scottsburg, IN 47170
(812) 752-2837

www.LifeSpr.com