

Dear Friends of LifeSpring,

The past year has been one of the most challenging I've seen in over 30 years in the field of community mental health. The number of clients in need of LifeSpring services increases every year while financial support for these services continues to decline. Funding for traditional services such as group homes and partial hospitalization programs has all but evaporated. LifeSpring continues to explore creative new ways of serving our clients through supported employment, skills training, sub-acute services, and resiliency activities.

This year LifeSpring also made major changes to our information infrastructure and adopted a new electronic medical records system, billing system, and accounting software. This has been a challenging learning experience for everyone and staff have never worked harder.

The LifeSpring Foundation of Indiana held its third highly successful Circle of Life Celebration fundraiser, exceeding all expectation in these difficult times. We especially appreciate the tremendous community support shown for this event.

LifeSpring also deepened its relationship with a regional consortium of community mental health centers—Trillium. Trillium has expanded to include six member agencies from the original three and is now the largest behavioral healthcare network in the state of Indiana.

As we reposition ourselves to address the economic realities of today LifeSpring looks forward to another successful year as Indiana's premier behavioral healthcare provider.

Warmest Regards,

Terry L. Stawar, Ed.D. President/CEO

Dear Friends of LifeSpring Foundation,

2010 was an interesting year for the LifeSpring Foundation. We, along with everyone else, were happy to see the stock market begin its recovery and consumer confidence returning. The Trustees of the Foundation decided to continue to host the Circle of Life Celebration (our major annual fundraiser) to maintain our presence in the area and to provide assurance that we are serious about our future. I am happy to report that for the third year, The Circle of Life Celebration was a success! We appreciate the sponsors, advertisers, and patrons of this event, because each helps us achieve our mission of, "supporting treatment for mental illness and addictions in southern Indiana".

This year, we are looking for community-minded people who have an interest in our mission and would be willing to serve on our Board of Trustees. Treatment for mental health and addictions is vital to the health of our communities. Without appropriate funding, organizations such as LifeSpring Inc. would not be able to continue providing life-saving treatment in the same capacity.

To learn more about how you can participate in the future of the LifeSpring Foundation contact Steve Shetter at (812) 206-1210 or by email to: sshetter@lifespr.com.

Steve Shetter

Executive Director
LifeSpring Foundation of Indiana



Awards and Recognition

Better Business Bureau Torch Award

LifeSpring Inc. was awarded the prestigious Better Business Bureau's Torch award, given to those organizations that exemplify the very best examples of business practices and ethics. Dr. Terry Stawar, LifeSpring President and CEO said "LifeSpring was especially proud to accept this award for business ethics. It is a concrete symbol of the integrity and high standards of all our staff."

SAMHSA Science & Service Award

LifeSpring's Assertive Community Treatment Team was awarded the esteemed Science and Service Award. This award recognizes exemplary implementation of evidence-based interventions that have been shown to prevent and/or treat mental illnesses and substance abuse. This annual award program recognizes public and private sector organizations, as well as community-based coalitions, that have worked to improve their communities and the lives of individuals by providing the best services possible. To be eligible for these awards, an organization had to demonstrate successful implementation of a recognized evidence-based intervention, including interventions that have been published in the scientific literature and/or appear on a federal or state registry. Dr. Terry L. Stawar, LifeSpring President and CEO stated "The SAMHSA Science and Service Award was a real boost this year, not only in recognizing the achievements of our terrific staff, but also the center's commitment to providing quality evidence based practices."



LifeSpring Joins Trillium

In November 2009 LifeSpring Inc. became a member of Trillium Inc.
Trillium was incorporated through a partnership of three community mental health centers: Southwestern Behavioral Healthcare, Inc., Samaritan Center, and Southern Hills Counseling Center.
Trillium was created to coordinate mental health and substance abuse services across Southwestern Indiana and provide training and continued education opportunities to ensure that Trillium members are always current in best practices.

"The addition of LifeSpring to Trillium presents an exciting opportunity for our group of community mental health centers. Access to quality mental health and addiction services are now available not only in Southwestern Indiana, but across Southern Indiana," said John K. Browning, Chairman of Trillium, Inc.



LifeSpring Foundation Board of Trustees

Mr. Nick Stein, Esq., President

Ms. Judy Steedly, Vice-President

Judge Carlton Sanders (ret.), Secretary

Ms. Cheryl Stuppy, Treasurer

Mr. Shane Gibson, Esq.

Mr. Jack Vissing, Esq.

Mr. Terry L. Stawar, Ed.D., Ex-Officio

Mr. Steve Shetter, Ex-Officio

Foundation Staff

Mr. Steve Shetter, Executive Director

Ms. Rose Turnbow, Development Assistant



LifeSpring's Executive Management Team

Terry L. Stawar, Ed.D., President/CEO

Cheryl Stuppy, BSBA, Executive Vice President and Chief Financial Officer

Karen Jones, MBA, Senior Vice President, Human Resources

Jana Kixmiller, LCSW, Senior Vice President of Clinical Services for Clark and Floyd Counties

Marta Myszak, LCSW, Vice President of Clinical Services for Area Counties

Greg Duncan, LCSW, Vice President for Performance Improvement

Wanda Booker, BSN, Vice President of Nursing

Asad Ismail, MD, Medical Director

Stephanie Taylor, Business Services Manager

Marshall Lowery, Facilities Director

Beth Keeney, MBA, Development and Grants Director

Connie Chenault, Executive Assistant

Area Office Leadership

Misty Scott, LCSW, Floyd County Clinical Manager
Joe Higgins, LCSW, Harrison County Clinical Manager
Marta Myszak, LCSW, Washington County Clinical Manager
Sharon Wheeles, LCSW, Scott County Clinical Manager
Catherine LeSaux, LCSW, Jefferson County Clinical Manager

Board of Directors

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Jack Vissing, Esq.

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Sam Eckart

Hon. David Bower

Staff Profiles

Marta Myszak, LCSW

Marta Myszak, LCSW, is the Vice President for Area Services at LifeSpring. Marta has been a LifeSpring employee since 1983. Today, she oversees operations in Washington, Scott, Jefferson and Harrison Counties. Marta said of LifeSpring, "I have always felt very lucky to have a job that makes a difference in people's lives and in their communities. For almost 30 years, LifeSpring has given me the opportunity to do that." Marta lives in Washington County, and has twin daughters; one who lives in Louisville and the other in Amsterdam. She enjoys quilting and gardening and is an avid Indiana University basketball fan. Dr. Stawar, President/CEO of LifeSpring, said of Marta, "Marta is one of those indispensible people you occasionally encounter, who is both willing and able to take on the toughest jobs, that send other people heading for the doors. She is respected and admired both as a clinician and as a manager and her contributions to LifeSpring and our clients are simply incalculable."

Paige Shotts

Paige Shotts has been employed at LifeSpring for 1 ½ years as a Case Manager in Adult Services at the Lindley Building, where she worked with clients in the group setting. As a result of changes to Medicaid, group work was replaced with in-home, one-on-one Skills Training and Case Management with clients. Delight Voignier, Clinical Manager at Adult Behavioral Services said Paige had no experience with this type of work, but she jumped in, engaged clients and found a way to meet their needs. Paige worked with one particular client on house cleaning skills. When that client had an upcoming housing inspection, she helped the client break down tasks into manageable steps. In years past, the client took several weeks to clean and several inspections to pass. However, with Paige's help, she passed the first time! The client reported Paige helped her to focus on the tasks and complete them successfully. "She was there for me and helped me to focus on what I was doing," the client reported. Paige said of the client, "She did a great job!"

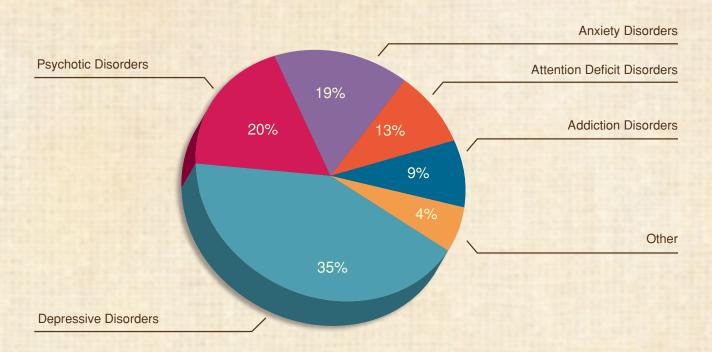
Joey Lyons

Joey Lyons is the Vocational Specialist with the Assertive Community Treatment (ACT) Team and has been with LifeSpring since August 1998. Joey came to the agency as a technician at Centerplace II and joined the ACT Team in 2006. In his role as Vocational Specialist, Joey assists clients with all aspects of finding and maintaining employment, including the identification of skills and training needs, job applications, and on-the-job coaching and support. In addition, he has daily contact with clients during skills training and development visits. The clients enjoy working with Joey, and find him to be patient and supportive. Joey says of his role on the ACT Team, "I like to see people reach goals, improve themselves, be independent...I do see that people improve with the ACT Team." Nancy Renick, ACT Team Clinical Manager, says of Joey, "He is integral to the team. He brings a wealth of skills, from being able to talk to clients about everything from symptom management to healthy diet and exercise. Joey is always willing to jump in and take on extra assignments and provides outstanding support to me and all of his colleagues. Joey inspires our clients to return to the work force and gives them the tools they need to be successful."

Sheryl Schneider, MD

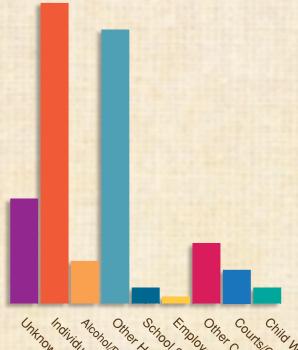
Dr. Sheryl Schneider is board certified in child and adolescent psychiatry, and treats children and families in LifeSpring's Jeffersonville office. Dr. Schneider has been with LifeSpring since 1993, and enjoys working in LifeSpring's multidisciplinary setting to meet the needs of children and adolescents in this community. One of her priorities is communicating with schools and other agencies to understand the whole child. Dr Schneider has participated in the Prichard Committee for Academic Excellence Community Institute and has served on the Site Based Decision Making Board of Meyzeek Middle School. She is an avid kickball player, being in her 4th season of competition. The guardian of one of Dr. Schneider's patients said, "Dr. Schneider really helped us to understand the illness. She was patient and took the time to explain it so I could understand, and taught me how to address the illness at home. It is wonderful to not feel helpless."

Types of Disorders LifeSpring Clients Face



^{*}This chart only considers primary diagnosis, and does not reflect multiple diagnoses. As such, many diagnoses, such as Addiction Disorders, are underrepresented

Referral Sources



Community Impact

- We participated in 16 community events
- We provided mental health and addiction education to 7 different groups
- We exposed 309,648 individuals to LifeSpring information through community engagement

Unknown 120/0 Other Aconolinate Allo Stern 200 Other Courte Criminal Justice 200 Other Connunity Referred Using Stern 200 Other Connunity Referred System 400 Stern 200 Other Courte Criminal Justice 200 Other Care Provider 3100 Other Courte Child Welfate DCS 200 Other Courte Country Referred 200 Stern 400 Other Country Referred 200 Other Country R

Demographics

Asian	10
Black	441
Pacific Islander	12
Native American	35
White	5801
Unknown	1268

Client by County of Residence

Clark 37%

Floyd 22%

Harrison 8%

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Scott 13%

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Washington 9%

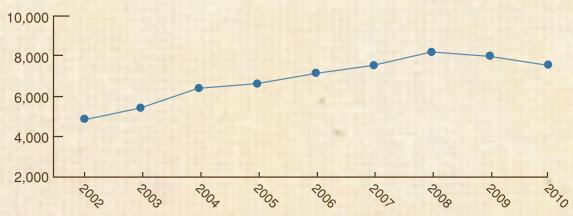
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Jefferson 7%

Other 4%

Clark	2830
Floyd	1688
Harrison	629
Scott	970
Washington	670
Jefferson	504
Other	276

Clients Served Through the Years





Statement of Financial Position

Assets

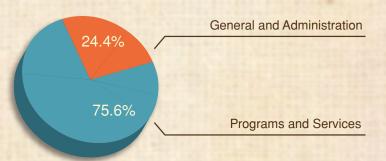
Current Assets	2010	
Cash and Cash Equivalents	\$4,139,678	27%
Residential Patient Funds	155,152	1%
Patient Accounts Receivable, net of allowance for		
doubtful accounts of \$566,089 in 2010	1,389,462	9%
Other Receivables	1,027,001	7%
Estimated third-party settlements	38,616	0%
Other Current Assets	<u>167,083</u>	1%
Total Current Assets	6,916,992	45%
Property, Plant and Equipment, net	8,459,263	55%
Total Assets	\$15,376,255	100%
Liabilities and Net Assets		
Current Liabilities		
Short-term Notes Payable	0.00	0%
Current Portion of Long-Term Debt	304,085	2%
Accounts Payable and Other Accrued Liabilities	110,827	1%
Accrued Wages, Benefits and Related Withholdings	1,598,714	10%
Estimated Third-Party Settlements	0.00	0%
Due to Residential Patients	155,152	1%
Total Current Liabilities	2,168,778	
Long-Term Debt	3,605,928	23%
Total Liabilities	5,774,706	
Unrestricted Net Assets	9,601,549	62%
Total Liabilities and Net Assets	\$15,376,255	100%

Statement of Activities and Changes in Net Assets

Unrestricted Revenues, Support and Gains Patient Service Revenue, net Federal and State Grant Revenue County Appropriations Gain on Disposal of Assets Other Grant and Miscellaneous Revenue	2010 \$12,529,691 2,741,045 1,403,188 (7,945.00) 1,697,987	68% 15% 8% -0% 9%
Total Unrestricted Revenues, Support and Gains	18,363,966	100%
Expenses		
Salaries and Wages Employee Benefits Building and Equipment	11,849,920 1,912,010 920,261	65% 11% 5%
Purchased Services Travel and Transportation General and Administrative	568,365 241,615 1,161,896	3% 1% 6%
Depreciation Interest Bad debts Other Total Expenses	449,139 173,391 500,386 360,068 \$18,137,051	2% 1% 3% 2% 100 %
Change in Net Assets	226,915	
Unrestricted net assets		
Beginning of Year	9,374,634	
End of Year	\$9,601,549	

Expense Breakdown

Programs and Services 75.6% General and Administration 24.4% Fundraising 0%



LifeSpring Main Center & Administration
460 Spring Street
Jeffersonville, IN 47130
(812) 280-2080
(800) 456-2117

Adult Behavioral Services 404 Spring Street Jeffersonville, IN 47130 (812) 280-2080

Children & Families Services 460 Spring Street Jeffersonville, IN 47130 (812) 280-2080

Turning Point Center 1060 Sharon Drive Jeffersonville, IN 47130 (812) 283-7116

Integrated Treatment Center 1036 Sharon Drive Jeffersonville, IN 47130 (812) 280-6606

Floyd County Office 2820 Grant Line Rd. #10 New Albany, IN 47150 (812) 981-2594 New Albany Center 618 East Market Street New Albany, IN 47150 (812) 280-2080

LifeSpring O'Bannon Center 535 Country Club Road Corydon, IN 47112 (812) 738-2114

Jefferson County Office 1405 Bear Street Madison, IN 47112 (812) 265-4513

Washington County Office 1321 Jackson Street Salem, IN 47167 (812) 883-3095

Scott County Office 75 North 1st Street Scottsburg, IN 47170 (812) 752-2837