

## *2009 Community Report*



## A NOTE FROM THE PRESIDENT/CEO

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Dear Friends of LifeSpring,

The past year was one of challenge and achievement. The numbers of clients LifeSpring is able to serve continues to grow and we are adding more and more evidence based practices to our service array every year.

This year we constructed and brought on line a new 10,000 square foot facility to permanently house our program for people with both substance abuse and mental health issues. Our Integrated Treatment Center (ITC) is located on the newly renamed LifeSpring Recovery Campus in Jeffersonville, Indiana adjacent to the Turning Point Center Sub-Acute program.

LifeSpring also purchased and refurbished the old Floyd County School Resources Building and converted it into our New Albany Center. The New Albany Center has over 25,000 square feet and houses purchasing, information technology, maintenance, our accounts receivable departments as well as clinical services for Floyd County residents.

Despite the faltering economy, this was also the ninth consecutive year that LifeSpring was able to achieve positive net income- a necessity for continued growth and expansion of treatment opportunities for the residents of the communities we serve.

Also this year, at the direction of the LifeSpring board of directors, we set in motion a process to affiliate ourselves with other behavioral healthcare providers in our region to establish a strong collaborative network in Indiana.

With insightful board leadership and dedicated and caring professional staff, LifeSpring looks forward to another successful year as Southern Indiana's premiere behavioral healthcare provider.

Warmest Regards,

Terry L. Stawar, Ed.D.  
President/CEO



## Board of Directors

Ms. Pam Clover  
Ms. Katherine Danner  
Mr. Cary Dyson  
Mr. David Fowler, CPA  
Mr. Shane Gibson, Esq.  
Ms. Diane Harrison West  
Mr. Chad Lewis, Esq.  
Mr. Larry Medlock, Esq.  
Ms. Judy Steedly  
Ms. Lisa Tetrick  
Ms. Jan Vetthus  
Mr. Jack Vissing, Esq.

## Area Office Leadership

Ms. Catherine LeSaux, LCSW  
Jefferson County  
  
Mr. Joe Higgins, LCSW  
Harrison County  
  
Ms. Sharon Wheelles, LCSW  
Scott County  
  
Ms. Misty Scott, LCSW  
Floyd County  
  
Ms. Marta Myszak, LCSW  
Washington County

## LifeSpring Executive Management Team

Dr. Terry L. Stawar	<i>President/CEO</i>
Ms. Connie Chenault	<i>Executive Assistant</i>
Ms. Cheryl Stuppy, BSBA	<i>Executive Vice President/CFO</i>
Ms. Karen Jones, MBA	<i>Senior Vice President, Human Resources and Administration</i>
Ms. Jana Kixmiller, LCSW	<i>Senior Vice President, Clinical Services Clark and Floyd Counties</i>
Ms. Marta Myszak, LCSW	<i>Vice President, Clinical Services Area Counties</i>
Mr. Greg Duncan, LCSW	<i>Vice President, Performance Improvement</i>
Dr. Asad Ismail	<i>Vice President, Medical Services</i>
Dr. Jim Leggett	<i>Vice President, Substance Abuse and Forensic Services</i>
Ms. Sheila Carey-Miles, LCSW	<i>Vice President, Children and Family Services</i>
Ms. Wanda Booker, BSN	<i>Vice President, Nursing Services</i>
Mr. Marshall Lowery	<i>Facilities Director</i>
Ms. Beth Keeney, MBA	<i>Senior Grant Writer</i>
Ms. Stephanie Taylor	<i>Business Services Manager</i>

The LifeSpring Annual Report to the Community is a publication of the LifeSpring Department of Development. The LifeSpring Annual Report to the Community is designed to share the successes of LifeSpring and to provide data relevant to the overall operation of the Agency. If you have any questions or would like more information on LifeSpring, feel free to contact Development Staff at 812-206-1360.

*Beth Keeney, MBA  
Rose Turnbow, Development Assistant*

## THE HISTORY OF LIFESPRING

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LifeSpring began as part of a grassroots effort by local citizens concerned about mental health issues within the community. A small local group of professional individuals saw the need and opened a small outpatient clinic for children in the city of Jeffersonville, Indiana. As the need grew, they increased their services and incorporated in 1964, as a 501(c)(3), not-for-profit agency. In 1970, with the help of a federal grant, the agency moved to a larger facility. Between 1973 and 1999, the agency continued to grow and satellite offices were opened in the surrounding counties of Floyd, Harrison, Jefferson, Scott, and Washington. In 1976, the Center was approved as a Medicaid and Medicare provider. In 1995, LifeSpring added School Outreach Services and Home Based Services for children. In 1998, LifeSpring opened the first of its present five (5) supervised group living homes for adults suffering from severe mental illnesses, developmental problems, and substance abuse.

In 2002, LifeSpring purchased four historic buildings in downtown Jeffersonville. LifeSpring remodeled, updated and preserved the historic nature of the approximately 51,000 square feet of space these buildings occupied. In 2003, LifeSpring moved their Administrative, Child & Family, Medical and Adult Services from leased buildings to these facilities. The new facilities allowed LifeSpring to open a retail, used book store, JeffBook, and a Community Room, which is used by the local community. Also, during this same year LifeSpring's office in Harrison County was renovated and expanded to twice its previous size. The Washington County Office was expanded in 2007. In 2008, LifeSpring purchased a building from the New Albany/Floyd County School system, and moved some administrative and clinical services to a new site in New Albany. In 2009, LifeSpring opened the Integrated Treatment Center, a state of the art facility providing services to individuals with a dual diagnosis, on the Recovery Campus located on Sharon Drive in Jeffersonville.

LifeSpring has 15 facilities in Clark, Floyd, Harrison, Jefferson, Scott, and Washington Counties. Programs serving the largest number of clients are the Substance Abuse Program and the Child and Family Services Program.

## THE MISSION OF LIFESPRING

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LifeSpring's mission is *"to improve and sustain the quality of life in our communities by providing comprehensive behavioral health, addiction, and related services."* Our values are, *"It is our privilege to serve, with the highest quality of care, in a professional and fiscally responsible manner."*

## LIFESPRING PLEDGE TO THE COMMUNITY

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LifeSpring will improve and sustain the quality of life in the communities served, by providing comprehensive behavioral health, addiction, and related services, in the least restrictive environment, with treatment plans tailored to each patient.

LifeSpring's service providers will work with consumers, using a team approach, to meet the individualized needs and goals of each person, bringing a strength based program to achieve awareness, empowerment, individual responsibility, and hope.

## FY 2009 GRANTS

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<i>Grantor</i>	<i>Amount</i>
United States Department of Housing and Urban Development	\$235,571.00
United States Department of Housing and Urban Development	\$ 51,135.00
Gannett Foundation	\$ 2,500.00
Community Foundation of Southern Indiana	\$ 3,000.00
Paul Ogle Foundation	\$100,000.00
Eli Lilly/ The National Council	\$250,000.00
Horseshoe Foundation	\$ 7,996.00
Indiana Department of Correction	\$ 41,889.00
CASA of Jefferson County	\$ 1,689.00
Lincoln Park Development Grant	\$ 4,000.00
Crusade for Children	\$ 7,000.00
Indiana Office Faith Based and Community Indiana	\$115,206.25
Jeff Main Street	\$ 2,000.00
Tri Kappa	\$ 500.00
Clark County Youth Coalition	\$ 2,170.00
Clark County Youth Coalition	\$ 2,500.00
Indiana Department of Children Services	\$ 25,000.00
Indiana Department of Children Services	\$ 29,230.00
Indiana Department of Children Services	\$401,784.00

## FY 2009 FINANCIALS

### Statement of Financial Position

<b>Assets</b>	<b><u>2009</u></b>	
<b>Current Assets</b>		
Cash and Cash Equivalents	\$2,823,097	18%
Residential Patient Funds	173,535	1%
Patient Accounts Receivable, net of allowance for doubtful accounts of \$765,651 in 2009	1,751,283	11%
Other Receivables	2,654,468	17%
Other Current Assets	<u>209,534</u>	1%
Total Current Assets	7,611,917	49%
Property, Plant and Equipment, net	<u>8,066,878</u>	51%
<b>Total Assets</b>	<b><u>\$15,678,795</u></b>	<b>100%</b>
<b>Liabilities and Net Assets</b>		
<b>Current Liabilities</b>		
Short-term Notes Payable	\$1,037,947	7%
Current Portion of Long-Term Debt	199,411	1%
Accounts Payable and Other Accrued Liabilities	342,727	2%
Accrued Wages, Benefits and Related Withholdings	1,807,988	12%
Estimated Third-Party Settlements	37,905	0%
Due to Residential Patients	<u>173,535</u>	1%
Total Current Liabilities	3,599,513	
Long-Term Debt	<u>2,704,648</u>	17%
Total Liabilities	6,304,161	
Unrestricted Net Assets	<u>9,374,634</u>	60%
<b>Total Liabilities and Net Assets</b>	<b><u>\$15,678,795</u></b>	<b>100%</b>

**LifeSpring provided \$ 4,493,045 in uncompensated care in FY 2009.**

## Statement of Activities and Changes in Net Assets

<b>Unrestricted Revenues, Support and Gains</b>	<b>2009</b>	
Patient Service Revenue, net	\$14,605,539	70%
Federal and State Grant Revenue	2,340,591	11%
County Appropriations	1,496,639	7%
Gain on Disposal of Assets	35,449	0%
Other Grant and Miscellaneous Revenue	2,246,969	11%
<b>Total Unrestricted Revenues, Support and Gains</b>	<b>20,725,187</b>	100%
<b>Expenses</b>		
Salaries and Wages	12,373,132	62%
Employee Benefits	2,220,123	11%
Building and Equipment	988,256	5%
Purchased Services	472,162	2%
Travel and Transportation	295,300	1%
General and Administrative	1,196,654	6%
Depreciation	386,778	2%
Interest	144,204	1%
Bad debts	1,453,212	7%
Other	409,388	2%
<b>Total Expenses</b>	<b>\$19,939,209</b>	100%
Change in Net Assets	785,978	
<b>Unrestricted net assets</b>		
Beginning of Year	8,588,656	
End of Year	\$9,374,634	

## LIFESPRING EMPLOYEES

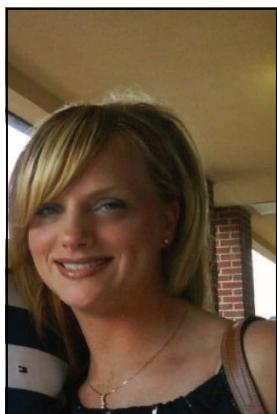
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LifeSpring employs over 300 full time and part time people who staff its facilities in each of its six county areas. Of these, 212 are residents of Clark County, 68 are Floyd Co. residents, 10 live in Harrison County, 16 in Scott, 15 in Washington and 12 employees make Jefferson County home. LifeSpring has an employee payroll and compensation of over \$12,000,000 annually. As a result, the economic impact of LifeSpring is significant in each of our communities through payroll and through the services and products our employees consume. LifeSpring is proud to be an major employer in Southern Indiana, and an important contributor to our local economies.

### STAFF SPOTLIGHT

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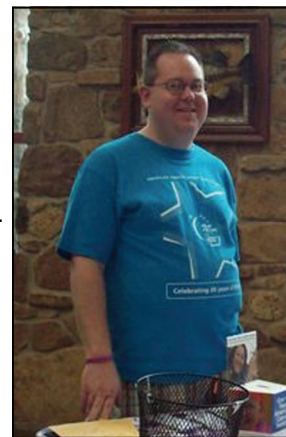
#### **Misty Noel, LPN**



Misty works at the Children and Family Services Department in Jeffersonville. She has been with LifeSpring since August 2002. Misty says her favorite part of her job is working with the children and their families in this community and seeing the positive impact LifeSpring services have on the whole community. “The staff at LifeSpring work together as a unit to provide the best care possible. The best part of LifeSpring is the staff, the camaraderie and support, and doing what’s best for our community,” she recently stated. Misty was voted “Clark County Nurse of the Year” for 2009, by readers of the Evening News. Wanda Booker, VP for Nursing Services says, “Misty is a dedicated nurse who provides excellent care to our patients. She is an asset to our organization.”

#### **Mike Wilkerson**

Mike has been with LifeSpring since March 1997. He works part time for Medical Services, and Purchasing and fills in as needed in the summer at the Lindley Building, Children and Families Services, the main switchboard, Integrated Treatment Center and at the Floyd Co. Office. Mike is fun-loving, and does a great job engaging employees in supporting the LifeSpring Foundation and supporting the American Cancer Society Relay for Life. Mike organizes and fundraises for both of these causes. Mike says the people he works with are his favorite part of his job. He says the best thing about LifeSpring is their dedication and flexibility in working around his schedule to allow him to pursue his degree in education. One of Mike’s supervisors, Stephanie Taylor says “Mike is one of the best employees I’ve ever worked with. He is truly an all-around wonderful and dedicated LifeSpring employee.”







Molly\* currently resides in Floyd County. Molly has been a client of LifeSpring for several years. She is currently receiving therapy, psychiatric and case management services. During the past year Molly has made great strides towards mental health recovery. She is able to clearly identify the progress she is making and the great accomplishment of handling her emotions while dealing with life's difficulties. Molly states she is "proud of myself" for finally being able to manage self-control. She has more positive feelings about herself and this empowerment is helping her build a foundation for a healthy life.

Jonathan\* has been dealing with difficult family situations for some time, and was recently diagnosed with Obsessive Compulsive Disorder. Since he began receiving services at LifeSpring he has learned a new coping mechanisms. When his anxiety lessons, he is able to participate in other activities. Jonathon said he is learning self-mastery and gaining self-confidence with these new found coping skills, thanks to LifeSpring.



\* Names have been changed.

## LIFESPRING GROWTH

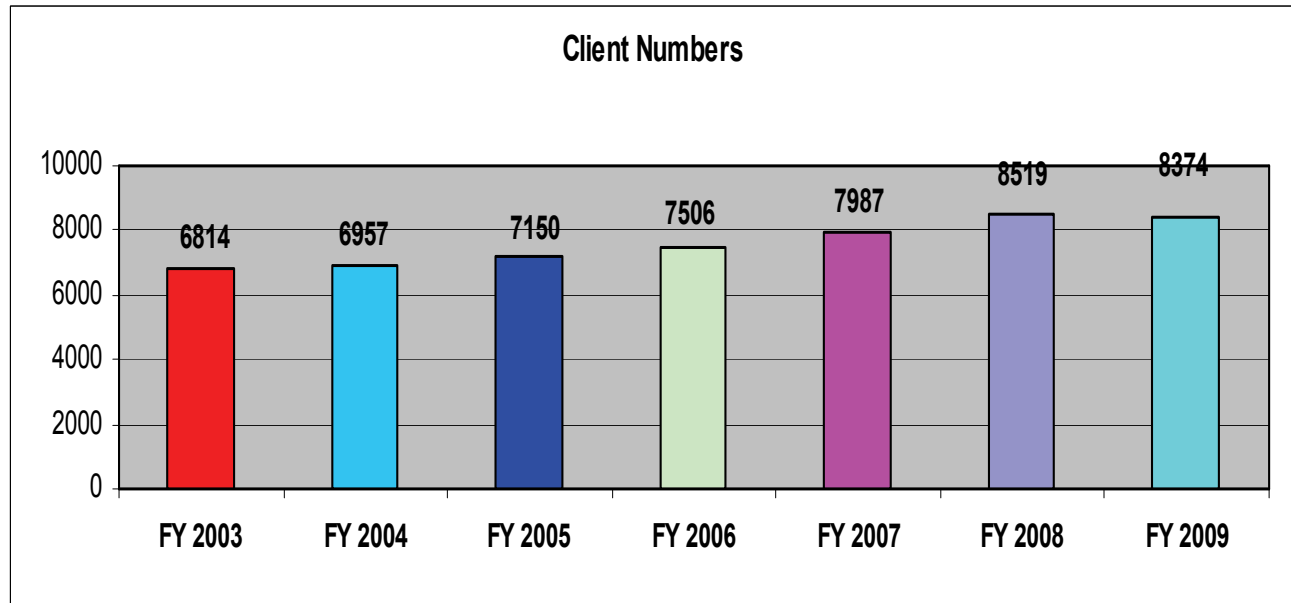
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In May 2009, the Integrated Treatment Center (ITC) expanded on LifeSpring property on The Recovery Campus on Sharon Drive in Jeffersonville. ITC is a specialty clinic serving the needs of adults struggling with the co-occurring disorders of chemical dependency and severe mental illness. In a larger space, ITC is able to provide care to more clients.

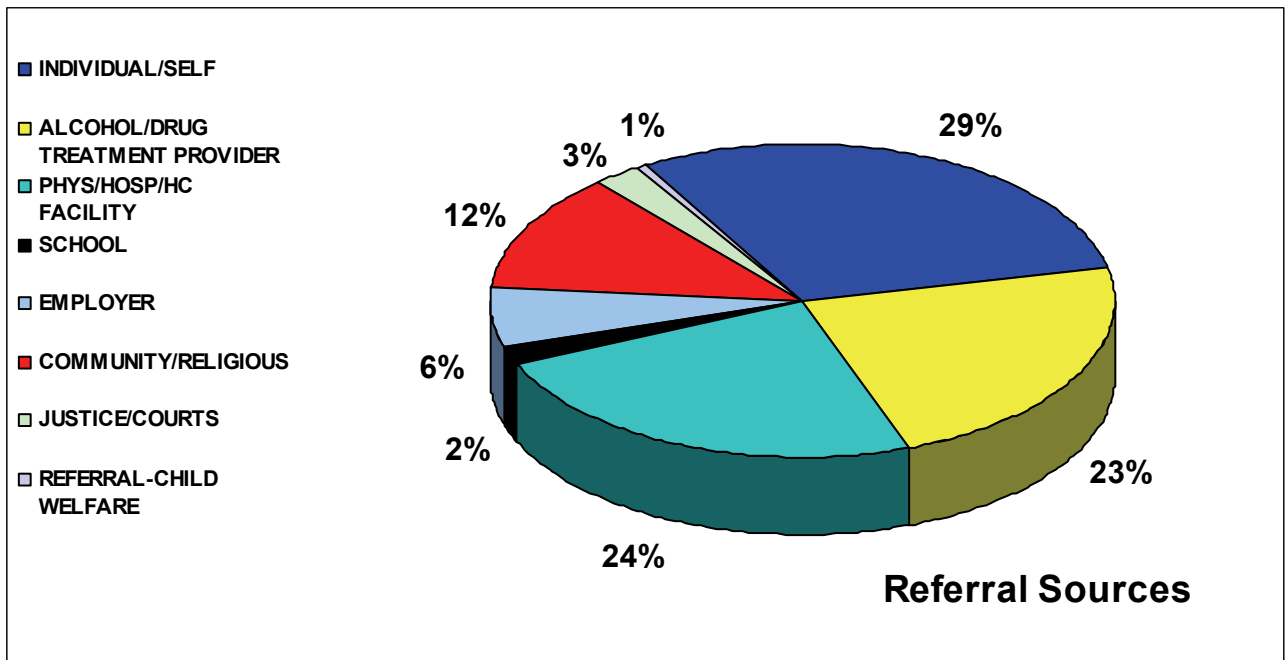
LifeSpring completed renovations of the old school building in New Albany in June 2009 and several different administrative departments relocated to the new facility. The purchase of this building has allowed LifeSpring to expand its Partial Hospitalization Services, in Floyd County.



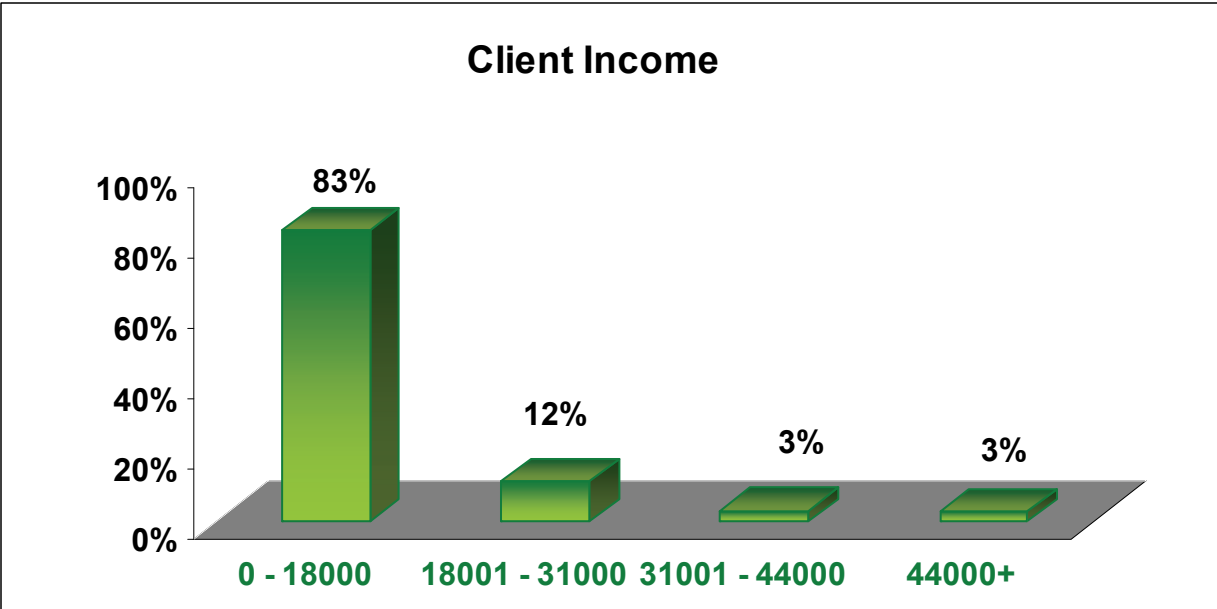
## LIFE SPRING SNAPSHOT



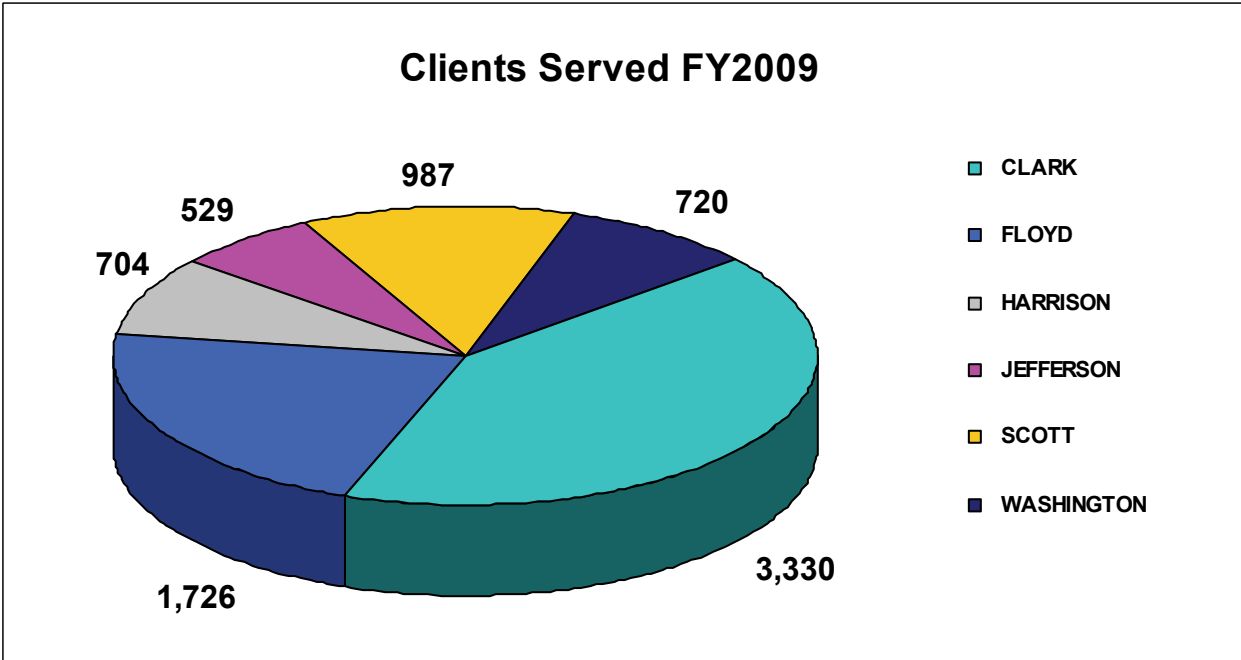
LifeSpring continues to serve an increasing number of clients in our six counties. The number of clients served has increased more than 63% since FY2002.



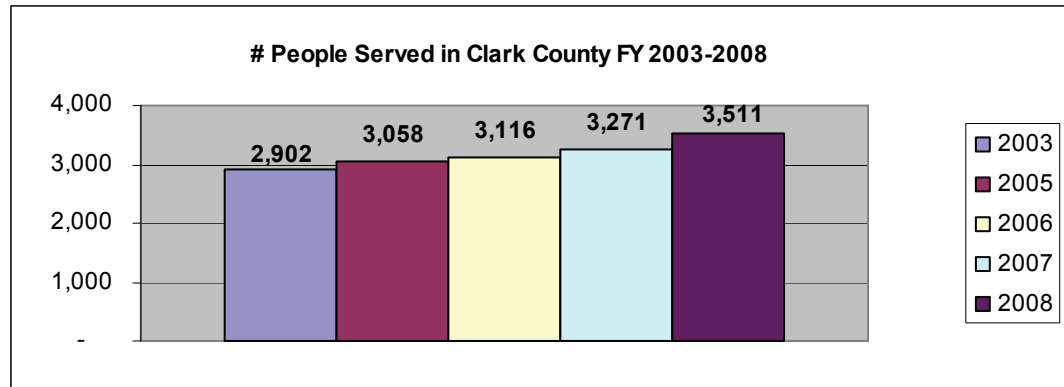
During FY2009, referrals continued to come primarily from friends and families of clients and from other healthcare providers



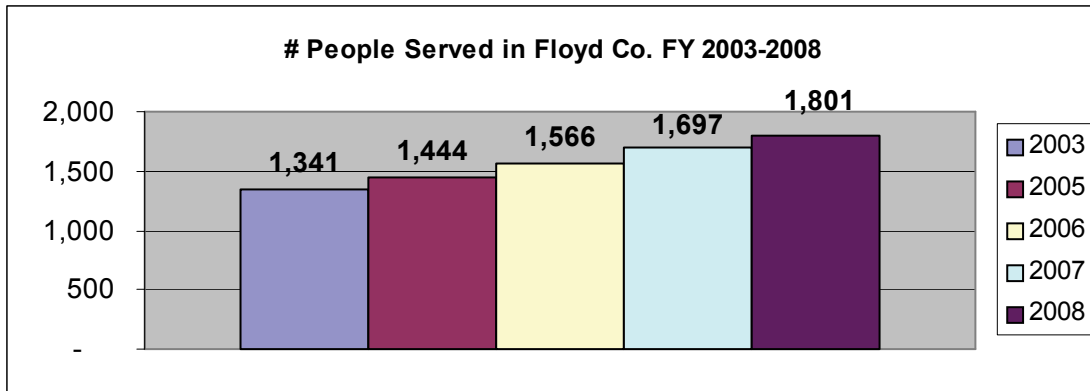
The majority of clients at LifeSpring are among the most needy in our community, with most clients having household incomes less than \$18,000 per year.



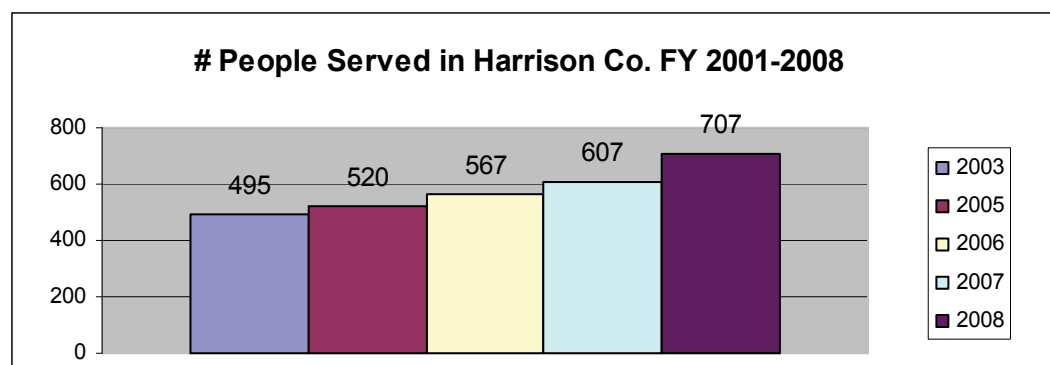
## CLARK COUNTY



## FLOYD COUNTY

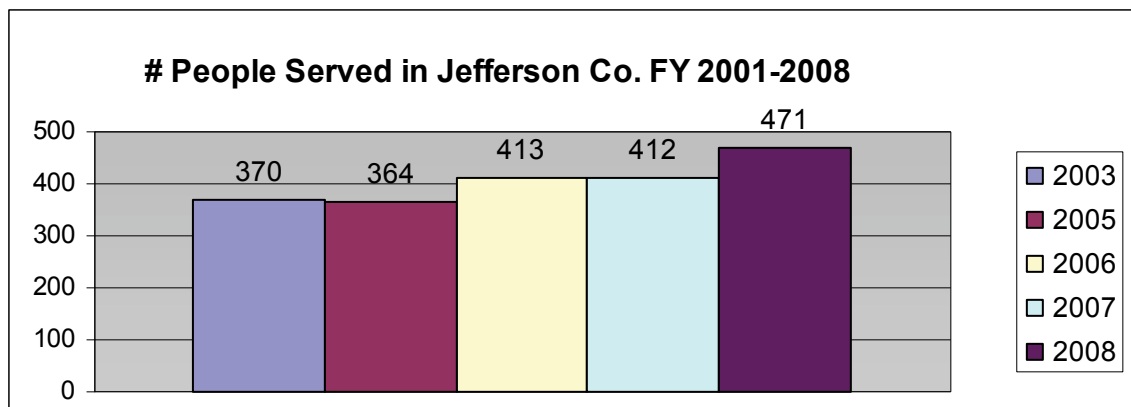
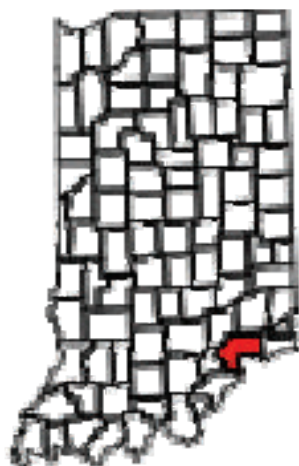


## HARRISON COUNTY

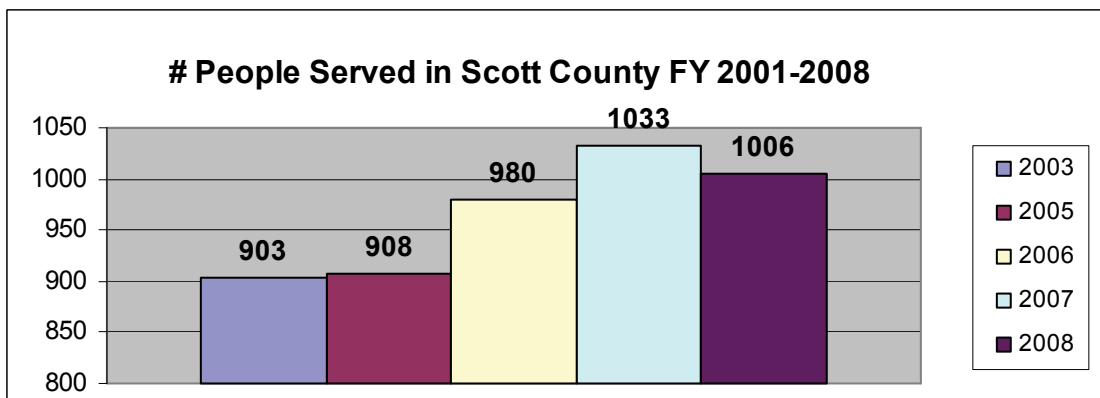




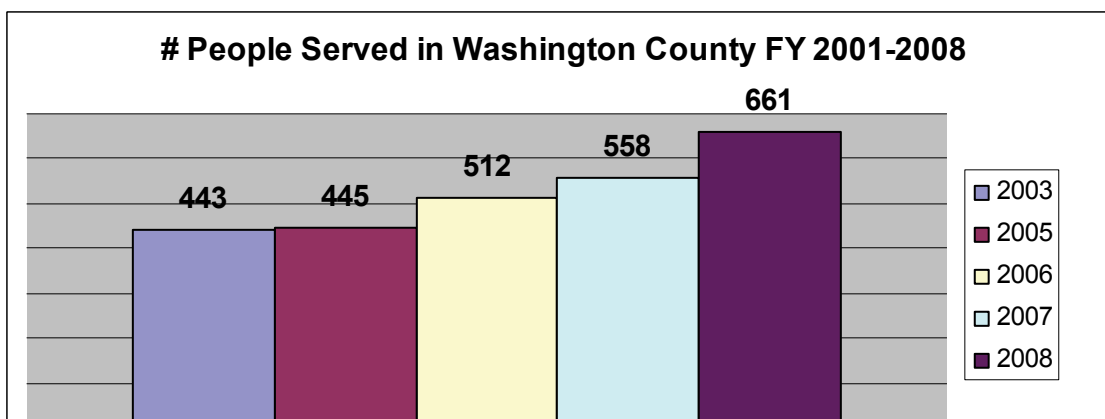
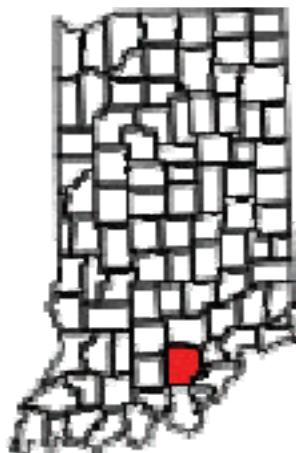
## JEFFERSON COUNTY



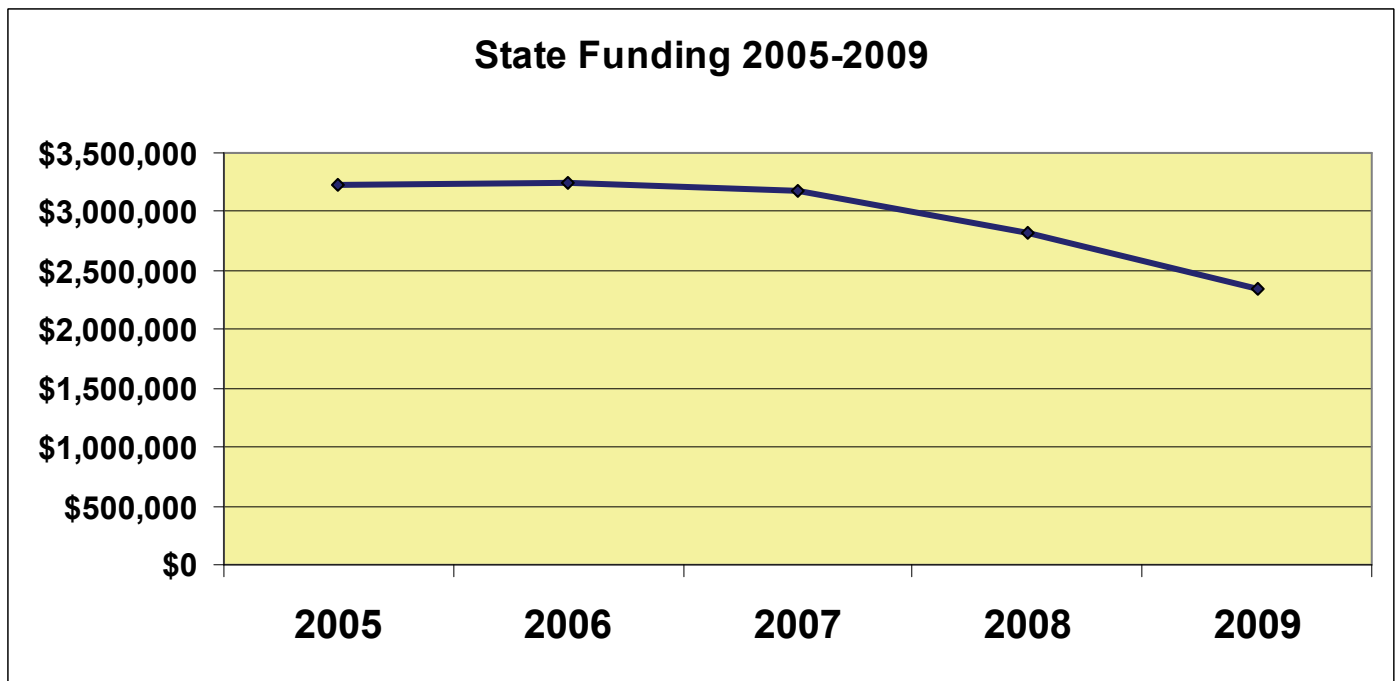
## SCOTT COUNTY



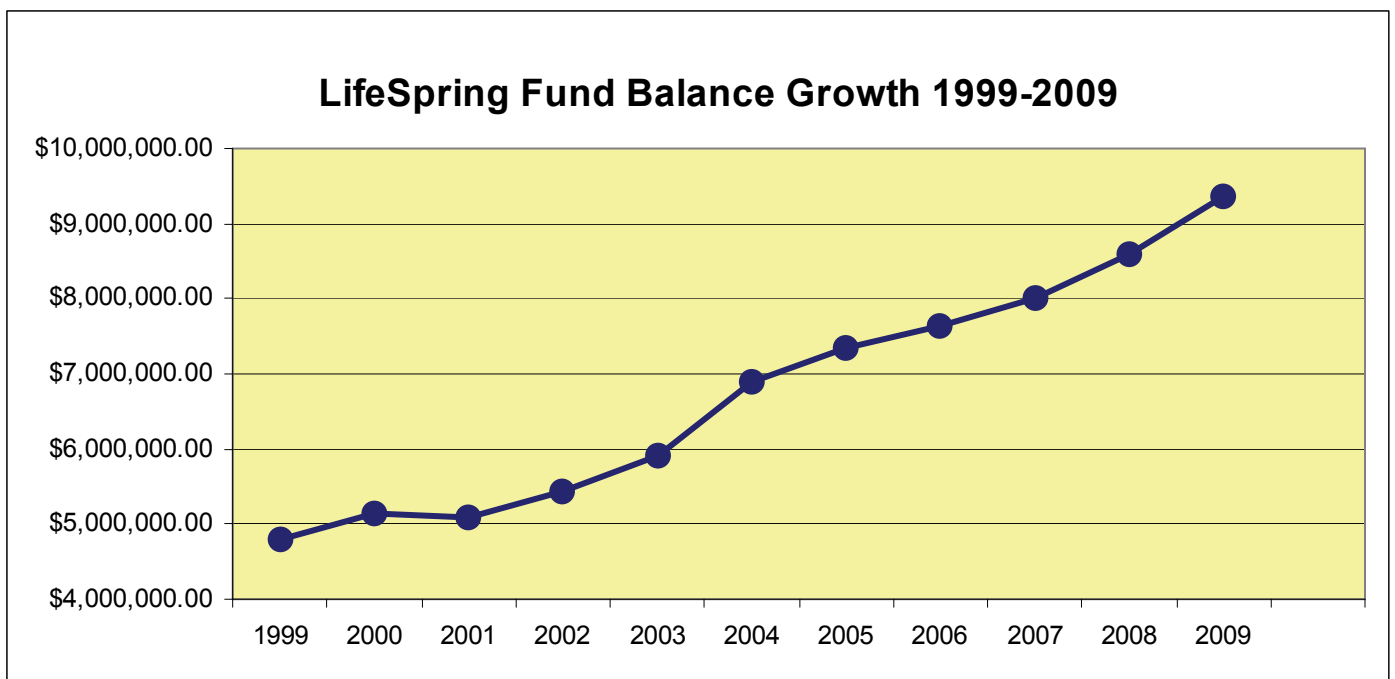
## WASHINGTON COUNTY



## LIFESPRING BY THE NUMBERS



Despite significant increases in the number of clients served annually, funding from the State of Indiana has remained basically stagnant, and has decreased in recent years. This has forced LifeSpring to provide more services with less funding. With outstanding Board and management leadership, this has been made possible.



FY 2009 was an interesting mixture of success and growth. We hosted our first “Circle of Life Celebration” on October 22, 2008, and enjoyed a successful first fundraising event.

FY 2009 brought a rewarding success in the area of planned giving. We were approached by the family member of a client who wanted to provide for his brother and make a sizeable donation to LifeSpring Foundation as well. We were able to arrange a trust agreement that will allow both of our donor’s goals to be accomplished. It was a wonderful opportunity for us to insure that our client will continue to receive treatment regardless of the family member’s status and enhance the Foundation’s assets at the same time.

Our plans for FY 2010 include establishing an annual giving campaign that will include current and future donors and staff.

The LifeSpring Foundation continues to work diligently furthering the mission of ensuring behavioral healthcare in our communities.



### LifeSpring Foundation Board of Trustees

<b>Mr. Jack Vissing, Esq.</b>	<b>President</b>
<b>Ms. Judy Steedly</b>	<b>Vice President</b>
<b>Mr. Nick Stein, Esq.</b>	<b>Treasurer</b>
<b>Judge Carlton Sanders</b>	<b>Secretary</b>
<b>Mr. Shane Gibson, Esq.</b>	<b>Trustee</b>
<b>Mr. Terry Stawar, Ed.D.</b>	<b>Ex-Officio Trustee</b>
<b>Ms. Cheryl Stuppy</b>	<b>Ex-Officio Trustee</b>
<b>Mr. Steve Shetter</b>	<b>Ex-Officio Trustee</b>

#### Foundation Staff:

Mr. Steve Shetter  
Executive Director

Mrs. Rose Turnbow  
Development Assistant

### Sunnyside-opoly



**The LifeSpring Foundation of Indiana is the fund-raising arm of LifeSpring, Inc.  
Our mission is to support treatment for mental illness and addictions  
in Southern Indiana.**



# LifeSpring

Terry L. Stawar, Ed.D.

President/CEO

460 Spring Street

Jeffersonville, IN 47130

[www.LifeSpr.com](http://www.LifeSpr.com)

LifeSpring is the premier behavioral healthcare center in Southern Indiana.  
Your First Choice for Care.

## LifeSpring Locations

### Main Center

460 Spring Street  
Jeffersonville, IN 47130  
812-280-2080

### Center Place III

200 Mosier Avenue  
New Albany, IN 47150  
812-981-4600

### Transitional Living

2820 Grantline Rd., Ste 10  
New Albany, IN 47150  
812-981-2594

### Jefferson County Office

1405 Bear Street  
Madison, IN 47250  
812-265-4513

### Lindley Building

404 Spring Street  
Jeffersonville, IN 47130  
812-280-2080

### Integrated Treatment Center

1036 Sharon Drive  
Jeffersonville, IN 47130  
812-280-6606

### Manor House I

715 Scribner Drive  
New Albany, IN 47150  
812-949-0840

### Scott County Office

75 N. 1st Street  
Scottsburg, IN 47170  
812-752-2837

### Center Place I

308 East Chestnut Street  
Jeffersonville, IN 47130  
812-283-6041

### Sarkisian House

904 East Spring Street  
New Albany, IN 47150  
812-948-0111

### Manor House II

425 W. Maple Street  
Jeffersonville, IN 47130  
812-206-1345

### Washington County Office

1321 Jackson Street  
Salem, IN 47167  
812-883-3095

### Center Place II

521 John Street  
Jeffersonville, IN 47130  
812-280-8680

### Turning Point Center

1060 Sharon Drive  
Jeffersonville, IN 47130  
812-283-7116

### Floyd County Office

2820 Grantline Rd., Ste 10  
New Albany, IN 47150  
812-981-2594

### Hedden House

801 Vincennes Street  
New Albany, IN 47150  
812-949-0071

### The New Albany Center

618 East Market Street  
New Albany, IN 47150  
812-280-2080

### Harrison County Office

535 Country Club Rd.  
Corydon, IN 47112  
812-738-2114