

Celebrating Fifty Years



Dear Friends

On behalf of LifeSpring Health Systems, its staff, Board of Directors, and affiliates, I would like to welcome you to our 2014 Annual Report. Thank you for taking time to learn more about our organization. We at LifeSpring Health Systems consider it an honor and a privilege to provide behavioral and other health services to the residents of Clark, Floyd, Harrison, Jefferson, Washington, and Scott counties here in Southern Indiana.

This year please join us in celebrating the 50th Anniversary of our organization. LifeSpring has its roots back in the child guidance movement in the post-World War II era. It is officially only one year younger than America's community mental health movement, which began in 1963 when President John F. Kennedy signed the Community Mental Health Centers Act.

On July 1 of last year LifeSpring changed its name to LifeSpring Health Systems, in recognition of the organization's commitment to an integrated care approach. This approach allows us to provide holistic and comprehensive health services by adding primary care services to our continuum, wherever it is appropriate and feasible.

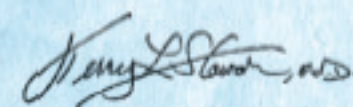
LifeSpring Health Systems is fully accredited by The Joint Commission on Accreditation of Healthcare Organizations and is certified as a community mental health center and Managed Care Provider by the Indiana Division of Mental Health and Addictions.

As healthcare reform and the new parity laws are now making healthcare services more readily available to millions of Americans, LifeSpring is expanding its services to help meet this growing challenge. Additional space has been made available in Floyd and Scott counties and additional staff will continue to be added throughout the organization. Renovations have also been made to establish an initial primary care clinic, which will be housed in our Integrated Treatment Center on our Recovery Campus. Plans for additional clinics are already underway.

We are also happy to announce that our state contract awards to provide certified Assertive Community Treatment (ACT) Services, state-wide substance abuse sub-acute services, and state hospital diversion residential treatment have all been renewed and extended. Also, we were just informed that LifeSpring Health Systems has been awarded a Projects for Assistance in Transition from Homelessness (PATH) grant that will increase our ability to reach out to homeless individuals in our service area.

Thank you for your interest in LifeSpring and the services we provide. You can find additional information and links at our website at www.lifespringhealthsystems.org and by connecting with us through Facebook and Twitter. You can also make a difference in your community by contributing to the LifeSpring Foundation of Indiana, which helps pay for underfunded services, populations and areas.

Sincerely,



Terry L. Stawar, Ed.D.
President and Chief Executive Officer



Leadership

Board of Directors

David Fowler, Chairman
Katherine Danner, Chair-Elect
Jan Vetrhus, Secretary
Sam Eckart, Treasurer

Pamela Clover
Lindsey Fleming
Chad Lewis
Rebecca Marshall

Larry Medlock
Lisa Tetrick
Jack Vissing

LifeSpring Foundation Board of Trustees

Jack Vissing, President
Doug England, Vice President
Nick Stein, Secretary

Nick Clark, Treasurer
Shane Gibson, Ex-Officio
Lindsey Fleming

J. Todd Frossard
Terry L. Stawar, Ed.D.,
Ex-Officio

Area Office Leadership

Terri Backherms, LCSW, Washington County Clinical Manager
April Frieske, LCSW, Jefferson County Clinical Manager
Joe Higgins, LCSW, Harrison County Clinical Manager
Misty Scott, LCSW, Floyd County Clinical Manager
Nadeja Wesley, MSW, Scott County Clinical Manager
Dennis Crandell, LCSW, Assistant VP of Adult Behavioral Services

LifeSpring's Executive Management Team

Terry L. Stawar, Ed.D., *President/CEO*
Nick Clark, *Executive VP/CFO*
Greg Duncan, LCSW, *Senior VP of Quality Improvement*
Karen Jones, MBA, *Senior VP of Human Resources and Administration*
Marta Myszak, LCSW, *Senior VP of Clinical Services*
Wanda Booker, BSN, RN, *VP of Nursing*
Misty Gilbert, LCSW, *VP of Recovery Services*
Joe Higgins, LCSW, *VP of Area Clinical Services*
Asad Ismail, MD, *VP of Medical Affairs*
Beth Keeney, MBA, *VP of Development*
Christian Rice, *VP of Information Technology*
Chris Grider, *Assistant VP of Accounts Receivable*
Marshall Lowery, *Assistant VP of Facilities*
Stephanie Taylor, *Assistant VP of Business Services*

Foundation Staff

Beth Keeney, MBA, *VP of Development*
Velda Schalk, *Development Coordinator*
Rose Turnbow, *Development Assistant*

Grant Funds Generously Provided By:

LifeSpring Foundation of Indiana
Community Foundation of Southern Indiana
Clark County Youth Coalition- Turning Point Center
WHAS 11 Crusade for Children
Clark County Youth Coalition- Evidence Based Practices
Women's Giving Circle of Jefferson County
CEASE of Scott County
Harrison County Community Foundation
Indiana Division of Mental Health and Addictions- ACT Team
United States Housing and Urban Development
Indiana Division of Mental Health and Addictions- Sarkisian House
Indiana Division of Mental Health and Addictions- Turning Point Center
CASA of Jefferson County

Recognition

Better Business Bureau Torch Award

LifeSpring was thrilled to once again be named the winner of the Better Business Bureau Torch Award in the Large Non-Profit Category, given to those organizations that exemplify the very best examples of business practices and ethics. Dr. Terry Stawar, LifeSpring President/CEO said "We are honored to receive our second Torch Award. We are proud to be part of the long history of providing high quality mental health services in our communities."



In Memoriam

Jana Kixmiller Rankin, our Senior Vice President of Clinical Services, passed away in January after a long and courageous battle with cancer.

Jana was a graduate of the University of Evansville and the University of Louisville. She spent most of her career at LifeSpring, and was the recipient of many honors and awards. Several weeks prior to her death, she was awarded the Imagine Award from the Rauch Foundation, which her husband, Greg, accepted on her behalf in March. She was named a Mental Health hero by the Eli Lilly Company and was one of the first recipients of the President's Award at LifeSpring.

To Jana, supporting and treating individuals with disabilities wasn't just a job. It was her life's work. She was a tireless advocate for those who couldn't speak for themselves. Jana leaves behind not just her family, friends and colleagues to cherish her memory- but a legacy of advocacy, determination and perseverance.



President's Award Winner - Elaine Carlisle

Elaine Carlisle works in the Performance Improvement Department and has been with LifeSpring since September 1972. She worked as a Medical Records transcriptionist from 1971-73. From 1973-76 she worked part-time in the Medical Records Department while being a stay-at-home mom. In 1976, she began working in a support staff position at the Scott County satellite office, although we were called Southern Indiana Mental Health and Guidance Center back then.



Due to a large volume of volunteers, she also worked with the Scott County office's volunteers. She continued at Scott County until 1992 at which time she returned to the Jeffersonville location and began working in the Performance Improvement Department. Her job duties include helping us stay current with the Joint Commission standards and accreditation requirements, preparing for our tri-annual Joint Commission surveys, keeping up with maintaining requirements for LifeSpring's licensure and certification with the Division of Mental Health and Addictions, and working with LifeSpring's insurance carriers in regard to general and professional liability, property and vehicles coverage.

Elaine has assisted with several major overhauls of the LifeSpring policy and procedure process and is currently working with the Board Committee on the update of the policies as well as working with staff on reviewing all our current Operational Procedures in preparation for the Joint Commission survey. She also gathers information and formats the quarterly updates of LifeSpring's dashboard used by Dr. Stawar for the Board. Over the last 22 years, she has written a lot of committee minutes and documentation, which she says she enjoys. As you see, Elaine stays quite busy!

In connection to her employment at LifeSpring, she has been participating in the Indiana Council of Community Mental Health Centers Quality Improvement Committee for 18 years. She has served as the group's secretary/recorder. This organization has given her the opportunity to resource with others on quality, accreditation, and other related information. Elaine says it has provided her an opportunity to attend many mental health related training and work with representatives from many of the mental health centers throughout the state.

Elaine lives in Nabb, Indiana with her husband, Gary, whom she has been married to for 45 years. They have a son, David, and a daughter, Christy. David has two sons, ages 15 and 13, and Christy has a daughter, age 7. Her grandsons live locally and her granddaughter lives in Illinois. She stays very busy outside of work with her church, bike riding with Gary, growing flowers in her garden, and attending sports and school activities that her grandchildren are involved in. Since the birth of her granddaughter, she and Gary have made numerous trips to Illinois to spend time with her and attend activities she is involved in.

It is easy to see why Elaine was chosen as one of the inaugural winners of the LifeSpring President's Award. Congratulations, Elaine!

Outreach & Aid

Community Outreach

As a community mental health center, community outreach to the people of the six county area that LifeSpring serves is very important. This is done by providing education on a variety of mental health and substance abuse issues through presentations, forums, trainings and community events.

Upon request, professionally trained LifeSpring staff give presentations on such topics as behavior modification, suicide prevention in teens, and attachment issues in children to schools, juvenile detention centers, youth shelters and other organizations.

In addition to this outreach, LifeSpring participates in local and area community events, fairs and festivals throughout the year. Informational materials are distributed and LifeSpring staff are available to answer general questions about services.



Mental Health First Aid

If you came upon a car accident, and saw someone bleeding- would you know what to do? If you are like most people, you would know to call 9-1-1 and try to stop the bleeding. If your friend called and said they were considering suicide- would you know what to do? If you are like most people, you wouldn't.



Mental Health First Aid is an 8-hour training certification course which teaches participants a five-step action plan to assess a situation, select and implement interventions and secure appropriate care for the individual. The certification program introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews common treatments.

LifeSpring is currently providing Mental Health First Aid training to local residents and professionals in our communities. LifeSpring Clinical Manager, Ellen Kelley, was trained to provide these life-saving educational seminars.

"We are thrilled to bring Mental Health First Aid to our community," said Dr. Terry L. Stawar, President/CEO of LifeSpring Health Systems. "This important educational effort goes a lot further than emergency intervention; it really helps people understand the shroud of fear and misjudgment facing individuals and families who experience mental illnesses and addiction. It will help rid this community of the associated stigma and move more and more people toward recovery."

Of those who have attended LifeSpring's Mental Health First Aid, participants feel more confident they can...

Recognize the signs that someone may be dealing with a mental health problem or crisis.	98%
Reach out to someone who may be dealing with a mental health problem or crisis.	99%
Ask a person whether s/he is considering killing her/himself.	97%
Actively and compassionately listen to someone in distress.	100%
Offer a distressed person basic "first aid" level information and reassurance about mental health problem.	98%
Assist a person who may be dealing with a mental health problem or crisis to seek professional help.	99%
Assist a person who may be dealing with a mental health problem or crisis to connect with community, peer and personal supports.	98%
Be aware of my own views and feelings about mental health problems and disorders.	96%
Recognize and correct misconceptions about mental health and mental illness as I encounter them.	98%

Branding

Rebranding

During the past year, LifeSpring took steps to integrate primary care services with the existing behavioral care services already in place. Nationally, the average client with severe and persistent mental illness has a life span that is 25 years shorter than the average American. The vast majority of this difference is due to inconsistent access and utilization of primary care services to address lifestyle-related illnesses. The need for healthcare integration could not be clearer.

On July 1, 2013 LifeSpring officially became LifeSpring Health Systems, signaling the agency's commitment to treating the whole person. In his email informing the staff of the change, President/CEO Dr. Terry Stawar said, "LifeSpring Health Systems has made a long term commitment in this area and our rebranding to LifeSpring Health Systems this year symbolizes this commitment."

With the change in name came an updated logo. The new logo modernizes the previous logo, complementing LifeSpring's advancement to a holistic approach of health care. This logo is the fourth in LifeSpring's long history of serving Southern Indiana.

Logos through the years

1964



1984



2003

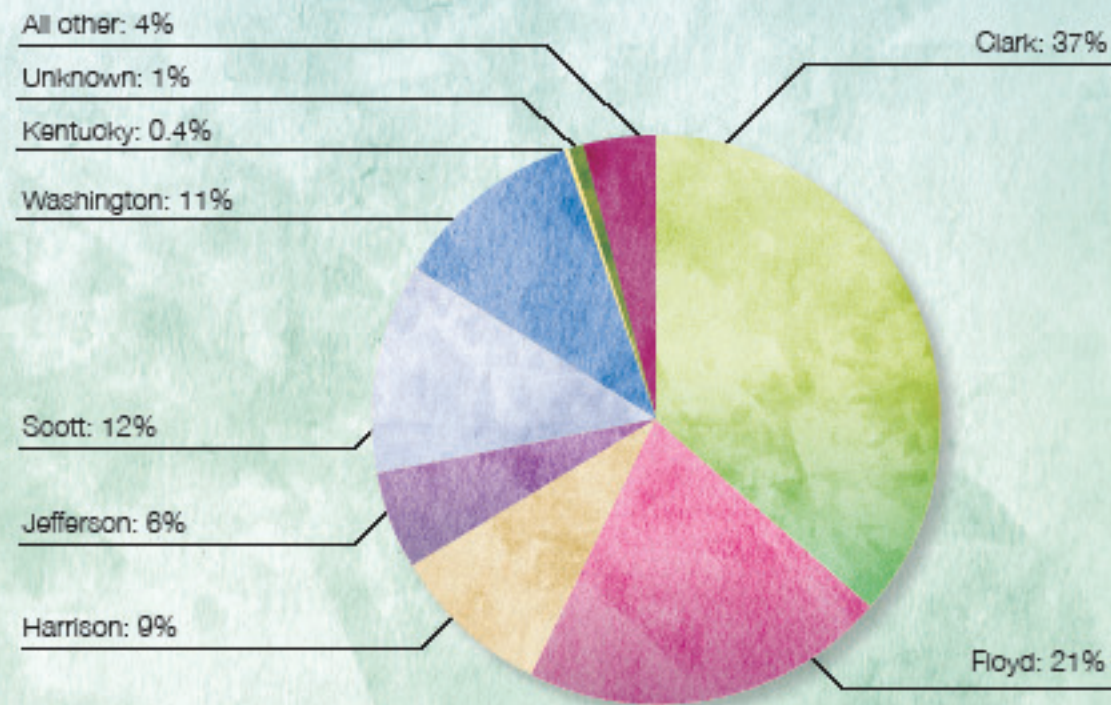


2013

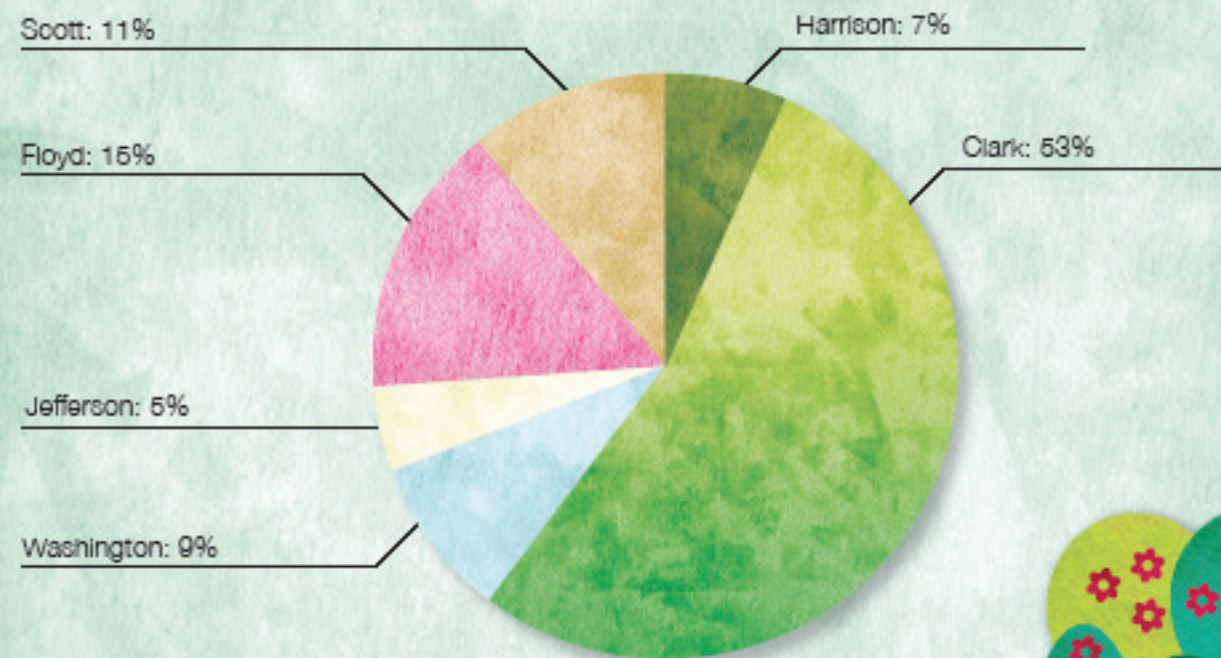


2013 Data

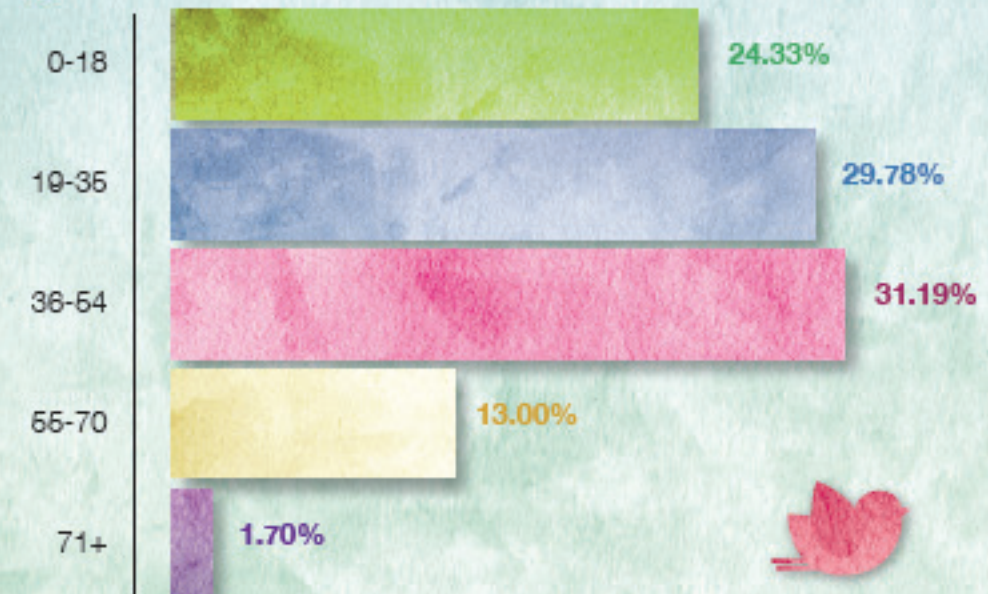
County of Residence



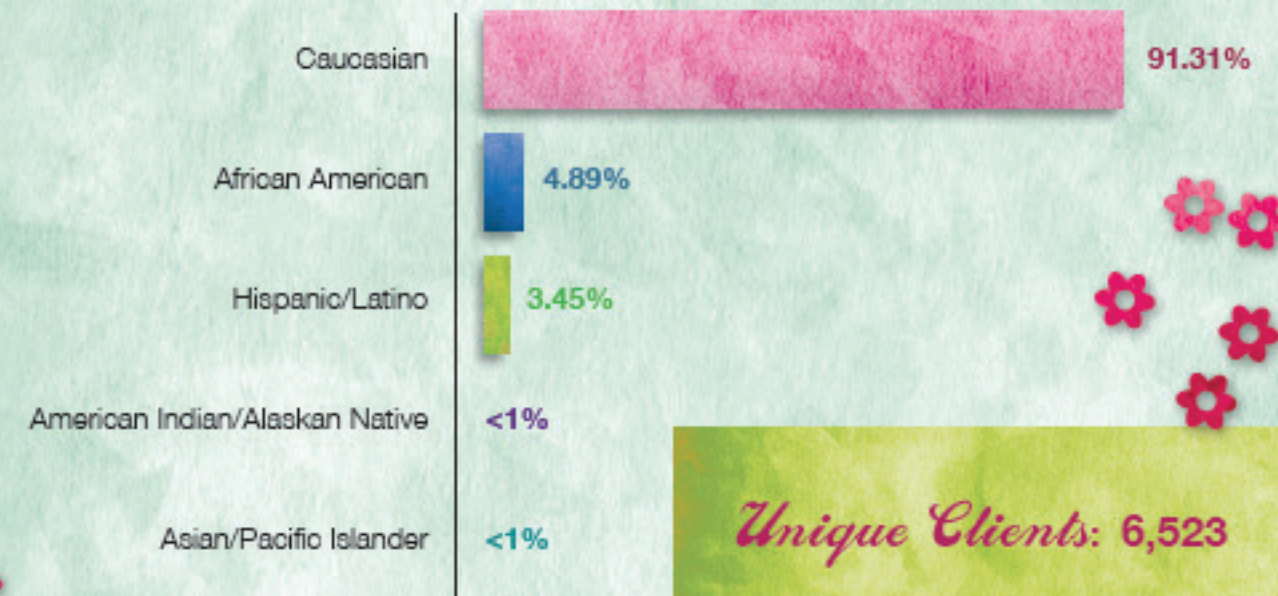
County of Service



Age



Demographics



Unique Clients: 6,523

Unique Encounters: 275,597

Financials



Statement of Financial Position

Assets	2013	
Current Assets		
Cash and Cash Equivalents	\$4,553,569	30%
Residential Patient Funds	150,480	1%
Patient Accounts Receivable, net of allowance for doubtful accounts of \$396,297 in 2013 and \$449,531 in 2012	632,869	4%
Other Receivables	1,288,261	9%
Other Current Assets	216,986	1%
Total Current Assets	6,842,165	
Property, Plant and Equipment, net	8,103,820	54%
Total Assets	\$14,945,985	100%
Liabilities and Net Assets		
Current Liabilities		
Current Portion of Long-Term Debt	\$2,008,693	13%
Accounts Payable and Other Accrued Liabilities	162,332	1%
Accrued Wages, Benefits and Related Withholdings	1,153,812	8%
Estimated Third-Party Settlements	140,014	1%
Due to Residential Patients	150,480	1%
Total Current Liabilities	3,615,331	
Long-Term Debt	1,619,958	11%
Total Liabilities	5,235,289	
Unrestricted Net Assets	9,710,696	65%
Total Liabilities and Net Assets	\$14,945,985	100%

Statement of Activities and Changes in Net Assets

Unrestricted Revenues, Support and Gains	2013	
Patient Service Revenue, net	\$8,825,578	
Provisions for bad debts	293,563	
Net patient services revenue less provision for bad debt	8,532,015	52%
Federal and State Grant Revenue	4,797,762	29%
County Appropriations	1,340,588	8%
Gain on Disposal Assets	1,400	0%
Other Grant and Miscellaneous Revenue	1,630,612	10%
Total Unrestricted Revenues, Support and Gains	16,302,377	100%
Expenses		
Salaries and Wages	10,534,850	66%
Employee Benefits	2,055,871	13%
Building and Equipment	945,548	6%
Purchased Services	409,881	3%
Travel and Transportation	228,842	1%
General and Administrative	748,435	5%
Depreciation	520,808	3%
Interest	150,261	1%
Other	272,953	2%
Total Expenses	\$15,867,449	100%
Change in Net Assets	\$434,928.00	
Unrestricted net assets		
Beginning of Year	9,275,768	
End of Year	9,710,696	

Expense Breakdown

Programs & Services	\$15,119,014.00	94%
General & Administration	\$748,435.00	6%
Fundraising	\$ -	0%



LifeSpring Main Center & Administration

460 Spring Street
Jeffersonville, IN 47130
(812) 280-2080
(800) 456-2117

Adult Behavioral Services

404 Spring Street
Jeffersonville, IN 47130
(812) 280-2080

New Albany Center

618 East Market Street
New Albany, IN 47150
(812) 280-2080

Children & Families Services

460 Spring Street
Jeffersonville, IN 47130
(812) 206-1416

LifeSpring O'Bannon Center

535 Country Club Road SE
Corydon, IN 47112
(812) 738-2114

Turning Point Center

1060 Sharon Drive
Jeffersonville, IN 47130
(812) 283-7116

Jefferson County Office

1405 Bear Street
Madison, IN 47250
(812) 265-4513

Integrated Treatment Center

1036 Sharon Drive
Jeffersonville, IN 47130
(812) 280-6606

Washington County Office

1321 Jackson Street
Salem, IN 47167
(812) 883-3095

Floyd County Office

2820 Grant Line Rd. #10
New Albany, IN 47150
(812) 981-2594

Scott County Office

75 North 1st Street
Scottsburg, IN 47170
(812) 752-2837

